



The University of Oklahoma  
University Counseling Center

University Counseling Center  
620 Elm Ave, Rm. #201  
Norman, OK 73019

**Authorization to Release Health Information/Treatment Records**

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Patient Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_  
 Other Names Used: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: (\_\_\_\_) \_\_\_\_\_ Alt. Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_  
 If currently enrolled OU student: Enrollment dates: \_\_\_\_\_ to \_\_\_\_\_ Student ID: \_\_\_\_\_

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- I request that the health information (or, if I am a student, my treatment/education record) checked below from, (date) \_\_\_\_\_ to (date) \_\_\_\_\_ maintained or created by the Provider named below be released to the Recipient named below.
- Initial here if information from your records may also be disclosed **verbally** to the recipient below: \_\_\_\_\_

Purpose of Request:  referral  legal  transfer  other: \_\_\_\_\_

The records I request access to or a copy of are:

Entire Health Record\*  
Excludes Billing Records/Notes and Psychotherapy

Entire Health Record plus Billing Records/Notes\*  
Excludes Psychotherapy Notes\*

Psychotherapy Notes\* (if checking this box, no other boxes may be checked. A separate copy of this form must be completed to obtain any other types of records.)

OR only these portions of my record:

Progress Notes\*  Medications

Intake Summary\*  Termination Summary\*

Diagnoses\* (if applicable)

Psychological Assessment\*  
(Excludes raw data/may include reports/scores)

Other: \_\_\_\_\_

\*The information authorized for release may include information related to mental health. Release of mental health records or psychotherapy notes may require consent of the treating provider or a court order.

Release Records From Provider/Clinic:				Provide Records To Recipient:		
Name: University Counseling Center				Name: _____		
Address: 620 Elm Ave, Rm #201				Address: _____		
City: Norman	State: OK	Zip: 73019	City: _____	State: _____	Zip: _____	
Fax: 405-325-1478	Phone: 405-325-2911		Fax: _____	Phone: _____		

**I understand:**

I may revoke this Authorization at any time by providing my written revocation to the address at the bottom of this form. My revocation will not apply to information already retained, used, or disclosed under this Authorization. Unless sooner revoked, the automatic expiration date of this

Authorization will be \_\_\_\_\_ months from the date of signature (12 months, if none entered).

Unless the purpose of this Authorization is to determine payment of a claim or benefits, OU may not condition the provision of treatment or payment for my care on my signing this Authorization.

Information used or disclosed under this Authorization may be subject to re-disclosure by the recipient and no longer protected by federal privacy law. Student treatment/education records may retain continuing privacy protections in accordance with 34 CFR Part 99 (FERPA).

**THE INFORMATION AUTHORIZED FOR RELEASE MAY INCLUDE RECORDS THAT MAY INDICATE THE PRESENCE OF A COMMUNICABLE DISEASE OR NONCOMMUNICABLE DISEASE.**

The information authorized for release may include substance use disorder records. This category of medical information/records is protected by Federal confidentiality rules (42 CFR Part 2). A general authorization for the release of medical or other information is not sufficient for this purpose. As a result, by signing below, I specifically authorize any such records included in my health information to be released. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient. The Federal rules prohibit anyone receiving this information or record from making further release unless further release is expressly permitted by the written authorization of the person to whom it pertains or is otherwise permitted by 42 CFR Part 2.

I agree that costs for records will not exceed the following amounts, payable to the University of Oklahoma prior to the release of the records:

- Paper Format – 50 cents per page, plus postage and mailer costs
- Digital Format – 30 cents per page, plus the cost of the digital media (disk, flash drive, etc.), plus postage and mailer costs
- X-ray/Film - \$5 per x-ray/film, plus cost of media, plus postage and mailer costs

There is \$10 fee for certification, affidavit, or similar documentation.

Recipient will pick up copies of my records when called  Mail copies of my records to the Recipient address above

Fax my records to the Recipient : (\_\_\_\_) \_\_\_\_\_  Other (if available): \_\_\_\_\_

I understand the security of email cannot be guaranteed and that unauthorized individuals may be able to access the message. I understand the information sent via electronic communication may include information that may indicate the presence of a communicable disease or non-communicable disease, mental health records, or substance use disorder records. It is my responsibility to notify OU if the email address information changes after submitting this form. I understand and agree to the statements above and wish to have

my records sent to the Recipient via email at: \_\_\_\_\_ @ \_\_\_\_\_ .

Signature of Patient, Parent, or Authorized Legal Representative\*\* \_\_\_\_\_

\*\*May be requested to show proof of representative status

University of Oklahoma Health Sciences Center, University Privacy Official, P. O. Box 26901, Oklahoma City, OK 73129

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File in Patient Chart

HIPAA Document

Retain for a minimum of 6 years

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- Full legal name.
- Current/local address.
- Use the following format for enrollment dates:  
If currently enrolled, list the semester you started as the first date then write 'current' as the second date. (Example: Fall 2018 to Current). If you are not a student, please leave blank.

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- List the dates, beginning to end, of the records you are requesting.

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- Select the purpose of request. If none of the options apply, use the 'other' box and list purpose (Example: Letter for ADRC)  
For your entire health record check the box below (determine if billing records are required or not). Check this box if you are requesting your session notes from your therapist or psychiatrist.

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- Do not check this box if you are requesting your session progress notes. Most UCC providers do not keep psychotherapy notes, which according to HIPAA are a specific kind of note that is kept separate from a client's medical file.

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- To request part of your medical record, choose from the options listed under 'portions of my record' in the right hand column.

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- Use 'other' box if none of the other options apply. (Example: You can choose other and list: Letter for ADRC Accommodations, Letter of Support for Financial Aid Appeal, Letter verifying dates of service. )

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- If you want a copy of your records released to you in person, by mail, by fax, list your information in the box.

- If you want a copy mailed to a third party, list their information here.

- If the third party is another healthcare provider: List as much information as possible on the name line, including the clinic and provider's name and address. (Example: Hospital Name/ Clinic Name, John Smith, MD)

- If you wish to pick up your records from the UCC office, select the recipient will pick up copies box.

- If you want your records faxed, select 'fax my records' and provide the fax number for the \*recipient.

- If you want your records mailed to the listed recipient, select the 'mailed to' box.

- Sign and date the form. Forms will not be accepted without a date or a signature.

- If charges apply, you will be notified by the Medical Records Department once they process your request. OUHS does not charge for records for referrals to other health care providers.

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Attn: If you would like a letter from your provider, please check the other box on Purpose for Request (Item 5) and write in what your letter is for (e.g., Letter for ADRC, Letter of support, etc.). Then check the other box in Item 8 and write what your letter is for (e.g., Letter for ADRC, Letter of support, etc.)