



AGOLDE . ANINE BING . ASSOULINE . AVIATOR NATION . BAREFOOT DREAMS CLARE V. CREED. FARM RIO. GANNI. HOLDERNESS & BOURNE. JELLYCAT JOHN HARDY . JOHNNIE-O . JUDE FRANCES . KELLY WEARSTLER . LAURA MERCIER MAISON FRANCIS KURKDJIAN . MISSONI . MOUSSY . NATURA BISSE . NEST ONCEPT . PARKE . PETER MILLAR . PRADA SUNGLASSES . RAG & BONE . SIMKHAI SPINELLI KILCOLLIN . STAUD . SUPERGOOP! . THREE STORIES IEWELRY . VINCE . VEIA

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# **WELCOME-**

Congratulations on your decision to join us at the University of Oklahoma and become part of the OU Family!

The University of Oklahoma is home to countless student organizations, each bringing a unique aspect to the university community. Our campus fraternities and sororities are no different, each offering spaces of belonging, growth and personal development. Regardless of how far you will travel to Norman, your chosen organization will quickly become your home away from home and the members of your Greek organization will be like your family.

Greek students have been a part of the longstanding tradition at OU since the first fraternity was established here in 1905. Academic excellence, civic engagement, volunteerism and friendship are just a few tenets that make our Greek community so special.

Your time at OU will be some of the best years of your life and we hope this guide will provide you with information and resources necessary to consider Greek membership here on campus. We wish you the best in your collegiate experience and hope you will join us as a member of the fraternity and sorority community.

Go Greek!

Fraternity and Sorority Programs and Services



#### FRATERNITY AND SORORITY PROGRAMS AND SERVICES

Fraternity and Sorority Programs and Services (FSPS) is a functional unit in the Office of Student Life. Our office hours are Monday - Friday from 9:00 a.m. - 5:00 p.m. CT.

#### **MAILING ADDRESS**

Oklahoma Memorial Union 900 Asp Avenue, Suite #428 Norman, OK 73019-0390

#### WEBSITE

greek.ou.edu studentlife.ou.edu

#### **TEAM EMAIL**

fsps@ou.edu

**FACEBOOK** 

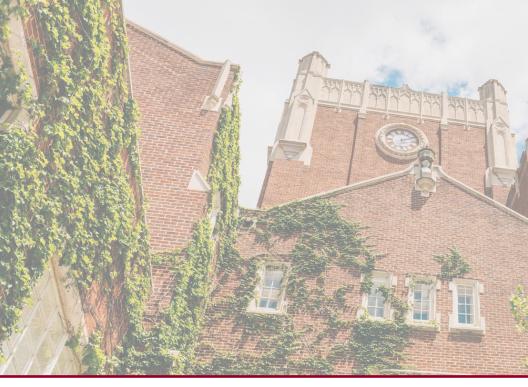
fb.com/oklahomafsps

#### **PHONE NUMBER**

(405)325 - 3163

#### **INSTAGRAM**

@oklahomafsps



# E Z H

Alpha

Beta

Gamma Delta

**Epsilon** 

Zeta

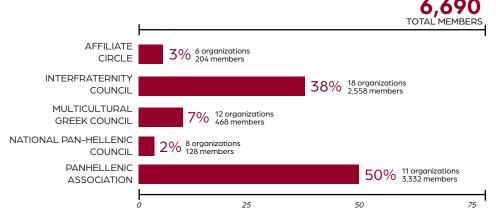
Eta

Theta

lota

Kappa Lambda

Fraternity and sorority life at the University of Oklahoma totals more than 6,600 students, making up about 30% of the undergraduate student popluation. Today, our community boasts 55 Greek-letter organizations, 26 chapter facilities and five Greek councils. Each organization has its own rituals, traditions and philanthropies, but they all strive to live by our community values of academic excellence, leadership and growth, lifelong service and positive impact, and friendship.



# WHAT WE VALUE

#### **ACADEMIC EXCELLENCE**

Greek organizations understand their members are students first. Our chapters challenge members to excel inside and outside the classroom through mentorship programs, study halls, academic workshops, and more.

#### LIFELONG SERVICE

Serving the community is a touchstone of the Greek experience. Whether contributing service hours, raising funds, or both, our chapters love giving back to the OU and Norman community. This service mindset extends long past the collegiate experience.

#### **LEADERSHIP & GROWTH**

Our chapters foster leadership and personal development for their members in many ways. We expect students to leave their Greek organizations having grown as leaders. Student development is a continuing priority in our community.

#### FRIENDSHIP & BELONGING

Brotherhood, sisterhood and siblinghood between members and organizations on campus is a vital part of the membership experience. These connections impact students and can help make a large campus like OU feel more like home.



 $\Sigma$  T Y

Φ

Omicron

Ρi

Rho

Sigma

Tau

Upsilon

Omega

Because of my membership in Chi Omega, I have learned how to lead with patience, empathy, discretion, and integrity. While student leadership in Greek Life poses its challenges, it has by far been the most rewarding part of my college experience. I am grateful for the opportunities being Greek has given me to not only develop my leadership skills but grow as an individual.



Member of Chi Omega Sorority 2025 Anona Adair Outstandina Greek Senior Award Recipient

#### IT'S ALL GREEK TO ME!

Fraternity and sorority membership can come with its own set of lingo, terms and acronyms. Check out our Greek Glossary and other resources on our website - greek.ou.edu.



# **OUR COMMUNITY AT-A-GLANCE**

**MEMBERSHIP** 

6,690

TOTAL GREEK COMMUNITY MEMBERS

55

**ACTIVE GREEK ORGANIZATIONS** 

2,200+

**NEW MEMEBRS IN 2024 - 2025** 

26

CHAPTER FACILITIES LOCATED NEAR CAMPUS

The most impactful part of being Greek for me has been learning how to lead with humility and love. I used to think leadership meant being the loudest voice in the room, now I know it's about listening, lifting others up, and leading by example. I didn't just gain brothers – I found a family that pushes me to grow, holds me accountable, and celebrates every win, no matter how big or small.



I would say my favorite part of Greek
life is the chance to live in the
chapter house. I have made
countless memories while living in our
chapter house. I joined my
orgnization because of how genuine
the culture of the chapter was and
still is today. I had a instant
connection with the members and
knew I would see myself grow as a
leader both inside and outside of OU.



#### **SCHOLARSHIP & ACADEMICS**

3.33

**ALL-GREEK GPA** 

\$34M

IN SCHOLARSHIPS AWARDED TO GREEK STUDENTS IN 2024

#### **COMMUNITY SERVICE & PHILANTHROPY**

95,000+ HOURS SERVED IN 2024

\$500,000+

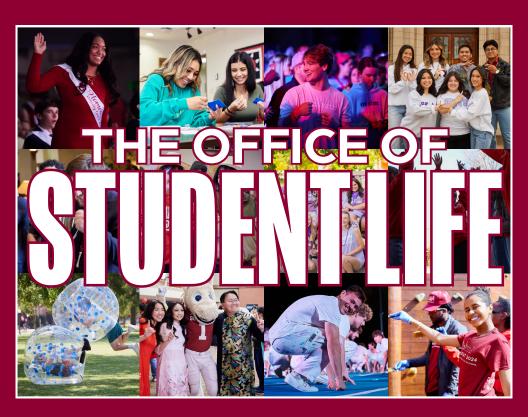
PHILANTHROPIC FUNDS RAISED IN 2024

My biggest piece of advice is to look for the people who inspire you and make you feel genuinely connected. Those are the people who will become your mentors, best friends, and biggest supporters over the next four years, and that's where you'll truly feel at home. Although we come from different backgrounds and are part of different councils, we all have a similar purpose and values.



The most impactful part of my Greek journey has been the many leadership opportunities I've had and the bonds I've built. I've grown as a person, gained confidence, and learned how to serve for something bigger than myself. Greek life is more than just letters; it's been a launchpad for my growth, a support system, and a space to create lifelong memories.





## CAMPUS PROGRAMS

300+ Events Annually

# **COMMUNITY ENGAGEMENT**

500+ Registered Student Organizations

# FRATERNITIES & SORORITIES

6.800+ Members

# YOU BELONG HERE

Oklahoma Memorial Union Suite 428 | studentlife.ou.edu studentlife@ou.edu | (405) 325–3163 | @oustudentlife

# **AFFILIATE CIRCLE**



The Affiliate Circle is home to six chapters, each bringing excellence to our community in a unique way. Affiliate Circle organizations are all social-interest organizations with a special interest or focus area. These focus areas include religion, music, cultural identity, and academics.

## **ORGANIZATIONS**

#### Alpha Sigma Kappa

STEM-interest sorority
@ouaskbeta

#### Gamma Delta Pi Sorority, Inc.

Indigenous-interest sorority @gammadeltapiou

#### lota Gamma Fraternity, Inc.

Indigenous-interest fraternity @iotagammaou

#### Phi Mu Alpha Sinfonia

Music-interest fraternity @musinfonia

#### Sigma Alpha lota

Music-interest sorority
@saialphaiota

#### Sigma Phi Lambda

Christian-interest sorority @ouphilamb

## **HOW TO JOIN**

The recruitment process for Affiliate Circle organizations varies by organization. Some chapters recruit semesterly, while others recruit annually. Many Affiliate Circle chapters recruit the first few weeks of each semester and hold a variety of events for those interested in joining their chapter to attend

Students interested in joining the Affiliate Circle should follow the individual organizations on social media to stay in the loop about events, interest forms, and more.

Should you need assistance getting in touch with an Affiliate Circle organization, email us at fsps@ou.edu.

# **FAST FACTS**

MEMBERS 204 AVERAGE CHAPTER SIZE 27

COUNCIL GPA

NUMBER OF CHAPTERS

6

# INTERFRATERNITY COUNCIL



The Interfraternity Council is the umbrella organization that serves the 18 fraternities within the council. Founded in 1905, IFC centers on leadership, service, scholarship, and community and encourages its members to live up to these values in all they do. The IFC is home to over 2,500 current members, making it the largest men's organization at OU.

## **ORGANIZATIONS**

Alpha Sigma Phi

Alpha Tau Omega

Beta Theta Pi

Beta Upsilon Chi

Delta Sigma Phi

Delta Tau Delta

Kappa Alpha Order

Kappa Sigma

Lambda Chi Alpha

Phi Delta Theta

Phi Gamma Delta (FIJI)

Phi Kappa Psi

Pi Kappa Alpha

Pi Kappa Phi

Sigma Chi

Sigma Nu

Sigma Phi Epsilon

#### Delta Kappa Epsilon

Joining the IFC community in the Fall of 2025!

## **HOW TO JOIN**

The Interfraternity Council hosts a formal recruitment process each fall and spring semester. This process occurs early in the semester. The vast majority of IFC members join through our formal recruitment process but chapters can also recruit informally.

To participate in IFC Recruitment, students should register at ifc.ou.edu.

#### **FALL 2025 RECRUITMENT DATES**

Mandatory Orientation: August 20

Round 1, Day 1: August 21 Round 1, Day 2: August 22

Invitational Round: August 23 IFC Bid Day: August 24

## **FAST FACTS**

**MEMBERS** 

AVERAGE CHAPTER SIZE

CONNECT WITH IFC

146

COUNCIL GPA

@ouifc

3.22

2,558

# DKE IS RETURNING TO OU IN 2025!



WHO WEARE Delta Kappa Epsilon is one of North America's oldest and most prominent fraternities. Founded in 1844 at Yale University, we recruit well-rounded men and develop them into extraordinary leaders. We boast the longest list of US Presidents and countless prominent men in the US and abroad. Robert Todd Lincoln was a Yale Deke. When Brother Robert Peary discovered the North Pole, our DKE flag flew with the stars and stripes. It also accompanied Brother Alan Bean to the moon.

Yes, we have a glorious past and a grand fraternity. In 2025, here at OU, we're not looking for men who merely want to join a fraternity, but those few who want to take responsibility to be Founders of a DKE chapter, where you can immediately step into a leadership role, work to build the chapter's foundation, and make important decisions on the brand and trajectory of the organization.

We're looking for men with different majors, different graduation classes, and different campus involvement. We intend to find 30% freshmen, 50% sophomores, and 20% juniors with diverse insights. Men with stout hearts and kindred interests. Gentlemen, in the best sense of the word.

As a founding member of DKE, you will lay the groundwork for growth and determine who will be recruited in the future. In short, you would be, quite literally, building your own brotherhood. DKE has long thrived on the strength of our members, balancing and further refining one another. By leveraging the strengths of one another, you can continue to learn and develop into the best possible version of yourself.

MENTORS & ADVISORS DKE also opens you up to a vast network of alumni mentors and advisors who can support you as you make critical undergrad decisions and navigate the workforce post-graduation. Our involved leaders are ready to support you as you develop yourself during and after college. You should join us!



## INTERESTED IN LEARNING MORE?

Scan here to connect with Ethan Woodard, the Delta Kappa Epsilon Chapter Consultant.

Learn more about Delta Kappa Epsilon by visiting www.dke.org/about/organization-history



# **MULTICULTURAL GREEK COUNCIL**



The Multicultural Greek Council is the umbrella organization that serves the 12 fraternities and sororities within the council. Founded in 2006, MGC organizations include Asian–interest, Latino–interest, and Multicultural–interest organizations. The Multicultural Greek Council is home to over 400 current members.

# **ORGANIZATIONS**

alpha Kappa Delta Phi International Sorority, Inc.

Gamma Beta National Fraternity, Inc.

Kappa Delta Chi Sorority, Inc.

Lambda Delta Psi Sorority, Inc.

Omega Delta Phi Fraternity, Inc.

Phi Delta Alpha Sorority, Inc.

Phi lota Alpha Fraternity, Inc.

Sigma Lambda Alpha Sorority, Inc.

Sigma Lambda Beta International Fraternity, Inc.

Sigma Lambda Gamma National Sorority, Inc.

Tau Kappa Omega Fraternity, Inc.

Theta Nu Xi Multicultural Sorority, Inc.

# **HOW TO JOIN**

MGC membership recruitment occurs the first two weeks of the semester.

To be considered a prospective new member of an MGC organization, students must attend at least one informational session for the group they are interested in. After turning in an application for membership with a specific chapter, you can be selected for an interview. If selected, you must fill out an intake acceptance form with OU.

The MGC Showcase and any recruitment events hosted by each individual organization are optional but always encouraged! Come join our community and make MGC your next home!

## **FAST FACTS**

MEMBERS 468 AVERAGE CHAPTER SIZE

29

COUNCIL GPA 3.16 CONNECT WITH MGC

@oumgc

# NATIONAL PAN-HELLENIC COUNCIL



The National Pan-Hellenic Council, also called the "Divine Nine" is the governing council and umbrella organization all historically, but not exclusively Black Greek-lettered organizations. The council focuses on organizing activities that promote excellence in academics, community and campus involvement, and brother and sisterhood.

## **ORGANIZATIONS**

Alpha Phi Alpha Fraternity, Inc.
Zeta Zeta Chapter

Alpha Kappa Alpha Sorority, Inc. Kappa Psi Chapter

Kappa Alpha Psi Fraternity, Inc. Zeta Omega Chapter

**Omega Psi Phi Fraternity, Inc.** *Pi Delta Chapter* 

**Delta Sigma Theta Sorority, Inc.** Kappa Alpha Chapter

Phi Beta Sigma Fraternity, Inc. Xi Delta Chapter

**Zeta Phi Beta Sorority, Inc.** Theta Mu Chapter

Sigma Gamma Rho Sorority, Inc. Lambda Upsilon Chapter

**lota Phi Theta Fraternity, Inc.** *Gamma Kappa Chapter* 

## **HOW TO JOIN**

NPHC organizations begin their membership intake processes by hosting an informational event. These events provide aspirants, or prospective members, information about the intake process and membership guidelines.

It's important to note that these processes are discrete. Intake information for organizations will often be posted on flyers around campus and on social media. We suggest following chapters on social media to stay updated on upcoming chapter events.

Attending chapter events open to the community (philanthropy, educational, or social events) or intake / recruitment events is a great way to learn more about the organization and members.

## **FAST FACTS**

**MEMBERS** 

128

**AVERAGE CHAPTER SIZE** 

13

COUNCIL GPA

3.12

CONNECT WITH NPHC @ounphc1930

# PANHELLENIC ASSOCIATION



The Panhellenic Association is the umbrella organization that serves the 11 National Panhellenic Conference organizations at OU. Founded in 1909, Panhellenic centers on leadership, service, scholarship, and sisterhood. Panhellenic is home to over 3,300 current members, making the largest women's organization on campus.

## **ORGANIZATIONS**

Alpha Chi Omega

Alpha Gamma Delta

Alpha Omicron Pi

Alpha Phi

Chi Omega

Delta Delta Delta

Delta Gamma

Gamma Phi Beta

Kappa Alpha Theta

Kappa Kappa Gamma

Pi Beta Phi

## **HOW TO JOIN**

Students can join Panhellenic chapters through Formal Recruitment or through an informal process. Learn more by visiting pan.ou.edu.

#### **FALL 2025 FORMAL RECRUITMENT DATES**

Panhellenic Move In: August 7 & 8 Mandatory Orientation: August 9

Round 1: August 11 & 12

Round 2: August 13

Round 3: August 14 & 15

Round 4: August 16

Bid Day: August 17

#### INFORMAL RECRUITMENT

Visit our website to learn more about informal recruitment, also called "Continuous Open Bidding."

## **FAST FACTS**

**MEMBERS** 

3,332

**AVERAGE CHAPTER SIZE** 

310

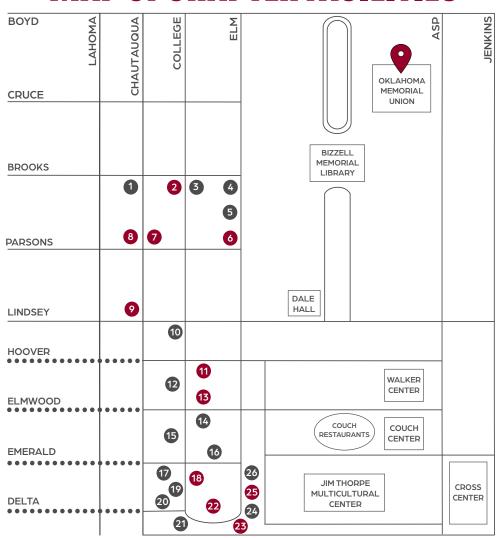
COUNCIL GPA

3.45

**CONNECT WITH PAN** 

@oupanhellenic

# MAP OF CHAPTER FACILITIES



### **SORORITY HOUSES**

- 2 Kappa Kappa Gamma
- 6 Delta Gamma
- 7 Kappa Alpha Theta
- 8 Chi Omega
- 9 Alpha Gamma Delta
- 11 Gamma Phi Beta
- 13 Alpha Chi Omega
- 18 Alpha Phi
- 22 Delta Delta Delta
- 23 Pi Beta Phi
- 25 Alpha Omicron Pi

### FRATERNITY HOUSES

- 1 Beta Theta Pi
- 3 Sigma Phi Epsilon
- 4 Phi Kappa Psi
- 5 Pi Kappa Phi
- 10 Lambda Chi Alpha
- 12 Kappa Sigma
- 14 Pi Kappa Alpha
- 15 Phi Gamma Delta (FIJI)
- 16 Beta Upsilon Chi
- 17 Sigma Nu
- 19 Alpha Tau Omega

- 20 Delta Tau Delta
- 21 Phi Delta Theta
- 24 Kappa Alpha Order
- 26 Sigma Chi



# MEMBERSHIP EXPECTATIONS

We're thrilled that you are interested in joining the fraternity and sorority community here at the University of Oklahoma! Like any organization, joining a fraternity or sorority comes with a set of expectations and membership guidelines. New members can expect a time and financial commitment along with some other general membership expectations. These are great things to ask about during a recruitment or intake process!

#### TIME COMMITMENT

Like most things in life, fraternity and sorority membership can be described with the saying "you get out of it what you put into it." For most Greek organizations, students can expect a commitment of 1 – 2 hours a week for mandatory meetings, 3 – 5 hours as week for study hall or academic success sessions, and a few hours a week for other activities. Communicating your other commitments to your chapter is important and most have excusal processes for class, work, or other personal matters. Students often learn how to better manage their time during their membership experience.

#### FINANCIAL COMMITMENT

It's vital to understand the financial commitment of joining a fraternity or sorority prior to accepting a membership bid. Traditionally, the new member period, or the first year of membership, is often the most expensive time of membership due to one-time fees for initiation.

We encourage you to ask about financial information during the recruitment or intake process you are participating in. Cost estimates for our groups are outlined below including a range and average for each governing council.

COST ESTIMATES	1ST YEAR	2ND YEAR	3RD YEAR	4TH YEAR
AFFILIATE	\$160- \$490	\$70 - \$490	\$70 - \$490	\$70 - \$490
CIRCLE	AVG: <b>\$322</b>	<b>AVG: \$270</b>	<b>AVG: \$270</b>	<b>AVG: \$270</b>
INTERFRATERNITY	\$1,200 - \$4,530	\$1,200 - \$15,195	\$500- \$7,200	\$500- \$3,395
COUNCIL	<b>AVG: \$2,456</b>	AVG: \$10,580	<b>AVG: \$2,314</b>	AVG: \$1,670
MULTICULTURAL	\$200 - \$800	\$185 - \$560	\$185 - \$500	\$185 - \$500
GREEK COUNCIL	AVG: <b>\$442</b>	<b>AVG: \$355</b>	<i>AVG: \$341</i>	<i>AVG: \$341</i>
NATIONAL PAN-HELLENIC COUNCIL	\$400 - \$2,250 AVG: <b>\$1,476</b>	\$150 - \$980 <b>AVG: \$331</b>	\$150 - \$1,080 AVG: \$338	\$150 - \$1,080 <b>AVG: \$338</b>
PANHELLENIC	\$3,673 - \$5,524	\$10,017 - \$13,574	\$2,705 - \$4,510	\$2,705 - \$4,510
ASSOCIATION	AVG: <b>\$4,605</b>	AVG: \$12,205	<b>AVG: \$3,625</b>	<b>AVG: \$3,625</b>

#### MEMBERSHIP GUIDELINES

Greek organizations set their own local and/or national membership guidelines for members. These guidelines can differ from organization to organization, but some of the most common guidelines and expectations you can anticipate include:

#### **ACADEMIC REQUIREMENTS**

These requirements differ by organization but most chapters require members to maintain a minimum of a 2.5 – 2.75 GPA to remain in good standing. Most chapters also require members to complete a certain number of study hall hours per week.

#### **CHAPTER & SERVICE REQUIREMENTS**

This can include attending chapter events and programs, fulfilling any community service requirements, and generally contributing to the organization. Some chapters require members to be involved in at least one other organization on campus as well.

#### FINANCIAL COMMITMENT

All Greek organizations do require a financial commitment. Check out the section below for more information on the financial commitment and what to expect.

Membership dues and fees are paid through external, third-party billing systems managed by the local chapters and organizations. These fees and membership dues are not billed through the university's billing system. For more information regarding membership dues, fees, or other chapter-related costs, please contact the chapter directly.

In the last year, over 80% of our Greek community received some kind of financial aid or scholarship. There are often local and/or national scholarships members can apply for to help cover the cost of their Greek membership. These are great questions to ask during the recruitment or intake process to learn more about your options and what kinds of financial aid are available to you.

#### **GREEK CHAPTER FACILITIES**

There are 26 chapter facilities near campus. These facilities are privately owned and managed. Each has a live-in house director trained to run the facility. At OU, about 24% of the Greek community lives in a chapter facility near campus. The majority of students living in these facilities are in their second year of membership.

Live-in costs can include: membership dues and fees, meals, parking, and laundry. Some organizations require members to live in the chapter facility during their Greek experience. We encourage you to ask about this during recruitment or intake.

# **SAFETY & HARM PREVENTION**

Sororities and fraternities are held to high standards by their national organizations, their advisors and the University of Oklahoma. There are online modules, mandatory workshops, and national training sessions that prepare members for a safe, meaningful and transformative new member experience.

#### **MANDATORY EDUCATIONAL TRAININGS -**

New members of fraternities and sororities are required to attend university-mandated sessions on alcohol safety, active bystander intervention and hazing education. Fraternity and Sorority Programs and Services coordiantes these trainings for the Greek community semesterly.

The safety and wellness of our students is our top priority, and these sessions equip and empower students to participate in responsible decision–making while in college.

#### NEW MEMBER RECRUITMENT & INTAKE MEETINGS

Two weeks prior to any membership intake or recruitment process, the chapter president, intake or recruitment officer, and new member educator will meet with the Fraternity and Sorority Programs and Services chapter coach to discuss their chapter's recruitment and intake process and new member education plans.

These meetings allow student leaders and university staff to work together to build a safe and meaningful experience for the newest members of our Greek community. Plans and educational programs are built with the organization's values and goals as well as university policies and procedures in mind.

#### STUDENT RIGHTS AND RESPONSIBILITIES -

At the University of Oklahoma, conduct of students and organizations in conflict with university policy is handled by the Office of Student Conduct. This office administers the university's accountability process and emphasizes positive behavior changes and improved decision–making. Student Conduct focuses on assisting students to overcome problems to successfully complete their educational goals.

In a spirit of transparency, Fraternity and Sorority Programs and Services has created organizational scorecards housed on our website, greek.ou.edu. Five-year violation records for each of our campus fraternities and sororities can be found online.

#### LOOKING FOR MORE INFORMATION?

Check out the "Accountability" tab on our website, greek.ou.edu to find chapter scorecards, campus policy information, and more.

# **UNIVERSITY RESOURCES**

Below are a list of campus resources you can use during your time at the University of Oklahoma. For emergency situations, call 911 or OUPD at (405) 325–1717. For all other inquiries about Greek life, contact the Office of Student Life at (405) 325–3163 or via email at fsps@ou.edu.

# DIVISION OF STUDENT AFFAIRS

(405) 325–3161 studentaffairs@ou.edu ou.edu/studentaffairs

## OFFICE OF STUDENT LIFE

(405) 325-3163 studentlife@ou.edu ou.edu/studentlife

# OFFICE OF STUDENT CONDUCT

(405) 325-1540 studentconduct@ou.edu ou.edu/studentconduct

#### OU ADVOCATES

(405) 615–0013 24/7 helpline for sexual or gender-based violence

# BEHAVIOR INTERVENTION TEAM

(405) 325-7700 ou.edu/normanbit Campus care resource team

# UNIVERSITY COUNSELING

(405) 325-2911 ou.edu/ucc Goddard Health Center

## OU POLICE DEPARTMENT

(405) 325-1911 oupd@ou.edu ou.edu/police

# NORMAN POLICE DEPARTMENT

(405) 321–1444 911 normanok.gov/public–safety

#### HAZING REPORTING

The University of Oklahoma is an anti-hazing institution. All campus fraternities and sororities are expected to comply with the *University of Oklahoma Student Rights and Responsibilities Code* at all times. Find the code at ou.edu/studentconduct.

The University of Oklahoma's ability to investigate reported incidents and enforce the university's policies depends on the specificity of information reported. Concerned community members are encouraged to provide as much specific detail as possible when reporting so that appropriate action may be taken.

#### REPORT HAZING CONCERNS

Report Online: ou.edu/studentconduct/report-an-incident Report by Phone: (405) 325 - 1540

# PARENT AND FAMILY RESOURCES

As a parent, guardian, family member, or supporter, you play a vital role in your student's success at the University of Oklahoma – including their fraternity or sorority experience! Membership within a sorority or fraternity can be a positive experience that will last a lifetime. It is important that parents, guardians, and families are educated about the enriching experiences that your students will find by getting involved and how to get involved themselves.

#### TIPS FOR SUPPORTING YOUR STUDENT

#1 Review Benefits of Joining Together

Joining the OU Greek community can bring personal development and lifelong friendships. Discussing these benefits as a family is the first step to determining if "going Greek" is something your student should consider.

#2 Help Your Student Understand How to Join

The process of joining a Greek organization differs by governing council. Review the processes to learn about our five unique Greek councils and 50+ individual organizations on campus. Visit our website at greek.ou.edu to learn more.

#3 Discuss Values and Priorities Together

The first few weeks may be overwhelming. Talk to your student about balancing their time and schedule during the first few weeks of classes. Your student will receive a schedule of new member activities before they begin the new member process. Encourage them to manage their time responsibly and remember they are a student before they are a fraternity or sorority member.

This is also a great time to discuss safety. Through education, training, and guidance, we provide tools and resources to help students make informed choices, while also understanding the consequences some choices can have. Encourage your student to stay informed on policies and procedures to make informed decisions.

#4 Understand the Time and Financial Commitments of Membership

Your student will have mandatory obligations as well as other opportunities to stay involved in the OU Greek community. Utilizing a planner or calendar may be beneficial for your student to manage their schedule. Ask questions about the financial commitments early – all Greek organizations do have a financial commitment for membership.

#5 Find Ways to Get Involved and Support Your Student

Explore ways to get involved with your student's Greek organization. The chapter may have events and volunteer opportunities for parents and families, such as parent weekends, parent clubs, newsletters, and parent volunteer roles. Encourage your student to make the most of their Greek experience. It can be a once-in-a-lifetime opportunity for students. Discuss your expectations with your student and help hold them accountable for their choices. Learn as much as you can by asking questions. Be supportive, but when in doubt, call or email Fraternity and Sorority Programs and Services for support.

The staff in the Office of Student Life are always available to help. Should you need advice, support, or questions answered, we can provide assistance. Reach out at (405) 325–3163 or fsps@ou.edu. You can also find us on the fourth floor of the Oklahoma Memorial Union in Suite 428.

# JOIN SOONER PARENTS

Become a part of the Sooner Family!
Visit parents.ou.edu.



## WE ARE HERE TO SERVE YOU

As part of your student's support system, you play a critical role in helping your student succeed from orientation through graduation. We want to help you in that role. My name is Tracy Carlson and I work with OU's Parent and Family Programs office. The mission of Parent and Family Programs is to partner with families to help their student thrive at OU and beyond.

As the Parent and Family Director, I have the unique privilege of being your connection point to OU. Parent and Family Programs is part of Student Affairs, the division that provides most of the out-of-classroom services your student needs, ranging from living and dining to campus involvement and personal fitness. We are eager to connect your family to the diverse range of opportunities available at our campus.

Visit parents.ou.edu to join Sooner Parents & find out more about our programs. Please reach out with any questions you may have. I would also like to suggest following Sooner Parents on Facebook & Instagram for more about how you can get involved with OU.



Tracy Carlson
Director of Parent & Family Programs
tcarlson@ou.edu | 405–325–8579
parents.ou.edu

# BENEFITS OF MEMBERSHIP

- Bi-Monthly Member-Only E-Newsletters
- A One-Time
   Membership Gift
- Fall and Spring Family Weekend Information
- Access to Purchase Home Football Tickets
- Over \$50,000 in Scholarships Available to Students of Sooner Parents Members
- Local Discounts
- Opportunities to Volunteer



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# Betty Lous Flowers and Gifts

# **BETTYLOUSFLOWERS.COM**



**RUSH WEEK GIFTS** 

- BID DAY HOUSE FLOWERS
- GOOD LUCK FLOWERS
- BIRTHDAY CUPCAKES
- MID-WEEK GIFTS
- OU GIFTS
- SNACK BASKETS
- SUCCULENTS & PLANTS



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SAME DAY DELIVERY TO OU!

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At Restorative
Injectables &
Wellness, we believe
looking and feeling
your best sets the
tone for everything
you do.



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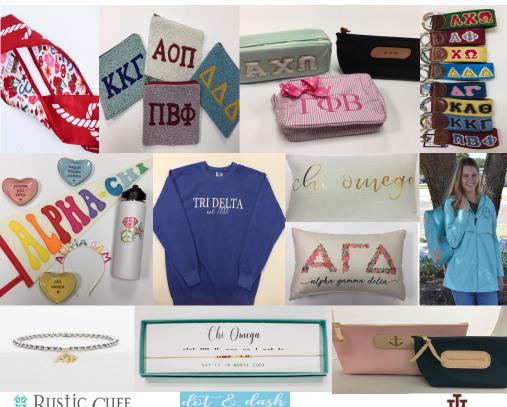
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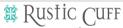
# Christmas >xpressions അത്തരത്തിരു



Proudly delivering Great Greek Gifts for 46 years! Bid Day

Largest Greek selection in Norman! Make your gift unique! We customize your gift assortments according to your style for RECRUITMENT WEEK, BID DAY and all special events.









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