

# Dodgeball Rules

## Format of Play

- Pool play event followed by single elimination tournament
- Divisions
  - Men's Open
  - Women's Open
  - Faculty/ Staff
- Location: All games are played at the Sarkeys Fitness Center

## Dodgeball Information

- All participants must provide a valid OUID (with picture) prior to each contest.
  - No OU ID = No Play

## The Game

- 1) The game is played by two teams of 6 with a max of 4 subs for each team.
- 2) The object of the game is to eliminate all opposing players by getting them "OUT". This may be done by:
  - 1) Hitting an opposing player with a LIVE thrown ball at or below the shoulders.
  - 2) Catching a LIVE ball thrown by your opponent before it touches the ground. Definition: LIVE: A ball that has been thrown and has not touched anything, including the floor/ground, another ball, another player, official or other item outside of the playing field (wall, ceiling, etc).
  - 3) A 3-minute time limit has been established for each contest.
  - 4) If neither team has been eliminated at the end of the 3 minutes, open court will be called and when a team has all six players eliminated, game will be over.
- 4) Game begins by placing the dodgeballs along the center line.
- 5) Following a signal by the official, teams may approach the centerline to retrieve the balls.
- 6) Teams may only retrieve the three (3) balls to their right of the center hash.
- 7) Once a ball is retrieved it must be taken behind the attack-line before it can be legally thrown.
- 8) The first team to legally eliminate all opposing players will be declared the winner.
- 9) Each player must throw the ball five (5) seconds after picking up/ catching the ball.
- 10) During play, all players must remain within the boundary lines. Players may leave the boundaries through their end-line only to retrieve stray balls. They must also return through their end-line.
- 11) During matches, rules will be enforced primarily by the "honor system"\*. Players will be expected to rule whether or not a hit was legal or whether they were legally eliminated. Officials will be used to assist in rulings, but it is the responsibility of the players to assist.

## Faculty/ Staff Modifications

- 1) Faculty and Staff teams must consist of at least one male, and one female.

For rules not specifically mentioned above refer to NCUA Official Rules.