

6-on-6 Volleyball Rules

League Structure

League Play

- One game per week over the course of four weeks followed by a single elimination tournament.
- Single Elimination Tournament

Divisions

- Women's Open
- Men's Residential
- Fraternity
- Men's Open
- Coed
- Faculty/Staff

Player Eligibility

- Participants may play on a maximum of ONE single gender team and ONE coed team.
- Participants are responsible for determining their own eligibility.

Location

- Games are played at the Sarkeys Fitness Center

6-on-6 Volleyball Information

- All participants must provide a valid OU ID (with picture) prior to each contest.
 - No OU ID = No Play
- 30 Minutes Before Competition
 - Equipment is issued.
- 15 Minutes Before Competition
 - OU ID's are collected, and Rosters verified.
- 5 Minutes Before Competition
 - Captains are called supervisors.
- Game Time
 - The game will start on time or be forfeited (at the discretion of the OU Intramural Sports Staff).

The Game

- 1) Matches will be best of 5 sets, first to 3
- 2) Sets will be played to 21 pts. The 5th set, if necessary, is to 15.
- 3) Each set must be won by 2 points, up to a max 25 points.
- 4) All games will use rally scoring, every serve/side out is a point.
- 5) There shall be six players on each side. Must have four to start game.
- 6) First game serve is determined by a volley. Each subsequent game shall be served by the previous game loser.
- 7) No new sets will begin 50 minutes after the start time. All sets once began shall be completed. If the match is tied after concluding the final set, a sudden victory match point will occur.
- 8) Offense will score on a defense miss or out of bounds hit.
- 9) Defense will score on an offensive miss, out of bounds hit, or serve into the net.

Service

- 1) Server must serve from behind the restraining line (end line) until after contact.
- 2) Ball may be served underhand or overhand.
- 3) Ball must be clearly visible to opponents before serve.
- 4) Served ball may graze the net and drop to the other side for point.

General Play

- 1) Serve may be returned by a bump or set. Attacking a serve is not allowed.
- 2) Maximum of three hits per side.
- 3) Player may not hit the ball twice in succession (a block is not considered a hit).
- 4) Ball may be played off the net during a volley and on serve.
- 5) A ball touching a boundary line is ruled in.
- 6) A legal hit is contact with the ball by a player body above and including the waist, which does not allow the ball to visibly come to a rest.
- 7) If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play on the ball.

Rotation

- 1) Team will rotate each time they win the serve.
- 2) Players shall rotate in a clockwise manner.
- 3) Switching positions will be allowed after the serve. Teams must realign prior to next service.
- 4) **Substitutions (in variation from the USA Volleyball Official rules manual):**
 - a) **Teams can choose to rotate in between the front right & back right positions and/or the back left & front left positions**
 - b) **There are unlimited substitutions/rotations.**
 - c) **Failure to substitute or rotate properly will result in a rotational fault and the point and serve will be awarded to the opposite team.**

Faults

- 1) Stepping on or over the line on a serve.
- 2) Failure to serve the ball over the net successfully.
- 3) Hitting the ball illegally (Carrying, Palming, Throwing, etc.).
- 4) Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- 5) Reaching over the net, except under these conditions:
 - a. When executing a follow-through
 - b. When blocking a ball which is in the opponents' court but is being returned (the blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact). Except to block the third play.
- 6) Reaches under the net (if it interferes with the ball or opposing player).
- 7) Failure to serve in the correct order.
- 8) Blocks or spikes from a position which is clearly not behind the 10-foot line while in a back row position.

Coed Modifications

- 1) Teams playing with 6 players will consist of 3 females, 3 males. No exceptions.
- 2) Teams playing with 5 players will consist of 3 females, 2 males OR 3 males, 2 females.
- 3) Teams playing with 4 players will consist of 3 females, 1 male OR 3 males, 1 female OR 2 male, 2 females
- 4) All participants must alternate male-female throughout the rotation.
- 5) If there are back to back same sex players at any time, when vacated spot is up to serve, that serve will be forfeited, the opposing team will gain a point, and move foreword with their next server in rotation.

Faculty/ Staff Modifications

- 1) Faculty and Staff teams must consist of at least one male, and one female.

For rules not specifically mentioned above refer to USA Volleyball Official Rules

OU Intramural Sport Rules and Policies Supersede USA Volleyball Official Rules