The University of Oklahoma Intramural Sports 2023-2024

FALL 2023					
EVENT	REGISTRATION DEADLINE	FEE	PLAY BEGINS		
Triathlon	August 29	FREE	August 30		
Sand Volleyball	August 29	Fall Sports Pass	September 3		
Boomer 4-Person Golf Scramble	September 5	\$48/player	September 8		
Flag Football	September 5	Fall Sports Pass	September 10		
Spikeball	September 12	FREE	September 13		
Punt, Pass and Kick	September 19	FREE	September 20		
Softball	September 19	Fall Sports Pass	September 24		
5-on-5 Basketball	October 10	Fall Sports Pass	October 15		
Tennis	October 17	FREE	October 18		
8v8 Soccer	October 17	Fall Sports Pass	October 22		
Racquetball	October 31	FREE	November 1		
Dodgeball	November 14	Fall Sports Pass	November 19		

All Fall Intramural Sports are FREE (except golf) to those that live in OU Housing that play within Residential Divisions

All Faculty/Staff Intramural Sports are FREE (except golf) thanks to LiveWell OU

Fall Sports Pass is \$20 per player for the semester.

SPRING 2024					
EVENT	REGISTRATION DEADLINE	FEE	PLAY BEGINS		
5-on-5 Basketball	January 16	Spring Sports Pass	January 21		
Stair Climb Challenge	January 23	FREE	January 24		
3-Point Shootout	January 30	FREE	January 31		
8v8 Soccer	January 30	Spring Sports Pass	February 4		
Badminton	February 6	FREE	February 9		
Table Tennis	February 13	FREE	February 16		
Pickleball	February 20	FREE	February 23		
6-on-6 Volleyball	February 20	Spring Sports Pass	February 25		
Flag Football	March 12	Spring Sports Pass	March 24		
Softball	March 12	Spring Sports Pass	March 24		
Battleship	April 9	FREE	April 10		
Footgolf	April 16	\$10/player	April 19		
Sooner 4-Person Golf Scramble	April 23	\$48/player	April 26		

All Spring Intramural Sports are FREE (except golf) to those that live in OU Housing that play within Residential Divisions

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SUMMER 2024					
EVENT	REGISTRATION DEADLINE	FEE	PLAY BEGINS		
Sand Volleyball	TBA	FREE	TBA		
Basketball	TBA	FREE	TBA		

All Summer Intramrual Sports are FREE thanks to Summer Session All Faculty/Staff Intramural Sports are FREE thanks to LiveWell OU

