

## **Sarkeys Fitness Center (SFC) Tornado Safety Action Guide**

### **Before the Storm**

1. Be weather aware.
2. Know your media sources.

### **During the Storm**

1. Follow directions from staff.
2. Follow the RED ARROWS in the Sarkeys Fitness Center to the best available refuge area.
3. Remain calm.

### **After the Storm**

1. Listen to your media sources to stay up to date on the latest emergency information.



### **Additional Information**

The University of Oklahoma is an equal opportunity institution. [www.ou.edu/eoo](http://www.ou.edu/eoo).  
For accommodations on the basis of disability, call (405) 325-3852.