### **UWC SCHOLARS PROGRAM**

# NEWSLETTER

ISSUE 80 DECEMBER 2024



#### WINTER RESOURCES AND PROGRAMS

OU offers winter break resources, including academic support, counseling, engagement events & activities, fitness facilities, health services, and food programs to support students staying on campus.



## DECEMBER/JANUARY CAMPUS CLOSURE - WINTER BREAK

DEC 23, 24, 25, 26, 27, 30, 31, 2024, & JAN 1, 2025

Your options, when Goddard is closed, will include <u>urgent care clinics</u> and <u>emergency rooms</u>.

You can take Uber/Lyft or Norman on Demand, and if it is a life-threatening emergency/severe issue do call 911.

Norman Regional Emergency Room is the most common option for the ER and the urgent care clinic on Classen is the closest to you all but may also close earlier, do also look for 24/7 urgent care clinics in the area.

Make sure to have either the physical insurance ID with you or a digital one, and reach out to our office after if you are struggling to navigate the financial cost.

Although it could end up being more expensive, Norman Regional ER has a financial aid program you can apply for and there may be emergency scholarships at the university too.

**As for mental health**: Through UCC's partnership with TELUS, access free, confidential mental health counseling **24/7** in several languages via the app, telephone, and the web:

#### Call. Chat. Anytime. Anywhere.





Download the Student Support app today.

#### **NOTES & REMINDERS**

- Need to meet with Vianne or Neira? Remember to schedule a time through the <a href="UWC Bookings">UWC Bookings</a> page. This is the best way to ensure we are available to chat with you!
- <u>25-26 Housing Contract</u> Opened 25th November: submit as soon as possible to ensure you secure on campus housing spot! Email housinginfo@ou.edu if you need the contract fee charged to Bursar so you have time to pay it. This will be your personal responsibility.
- Winter Break Meal Plan: If you will be staying for some or all of the Winter Break, you will need to fill out the form to receive meal points for Winter Break. Your housing remains open over the break.



#### UWC Winter Break 2024-2025

Please fill out this form to notify the UWC Scholars Program Staff of your winter break plans. We will use this form to arrange meal plans for those...

xx qualtrics.com

#### **GODDARD WINTER HOURS**

- December 16 December 20
  - Monday Friday
  - o 8 a.m. 5 p.m.
- December 24 January 1: Closed
- January 2 January 17
  - Monday Friday
  - o 8 a.m. 5 p.m.
- Goddard is closed on weekends.

STAY TUNED ON OU CAMPUS DINING SPECIAL HOURS ON @OU\_HOUSINGANDFOOD INSTAGRAM PAGE!



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OU Housing and Food
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