

# The University of Oklahoma

## College of Continuing Education

### Advanced Programs – Course Syllabus

#### Course Title:

Diagnosis in Human Relations Counseling

#### Course Number:

HR 5483-102

#### Course Description:

The course will focus on the process of diagnosis as it relates to identification and treatment of mental illness. The historical perspective of mental disorders and classifications will be reviewed with consideration of the current trends. The newest revision, DSMV will be presented as it relates to theoretical basis of diagnosis and treatment. The understanding of utility of the DSMV will be discussed with ethical considerations in the application to assessment, diagnosis and treatment.

#### Class Dates, Location and Hours:

Dates: September 25-27 and October 2-4, 2015

Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building of OCCE, 1704 Asp Avenue.

Hours: Fri 5:30-9:30 p.m.; Sat 8:30 a.m.-4:30 p.m.; Sun 1:00-5:00 p.m.

Last day to enroll or drop without penalty: August 27, 2015

#### Site Director:

Bethany Neubauer. Phone: 405-325-1263; Fax: 405-325-9148; email: [apnorman@ou.edu](mailto:apnorman@ou.edu)

#### Professor Contact Information:

Course Professor: Joan Phillips, PhD, LMFT, LPC, ATR-BC.

Mailing Address: 123 E. Tonhawa, Suite 108  
Norman, OK 73069

Telephone Number: 405-364-2008

E-mail Address: [joanphillips@ou.edu](mailto:joanphillips@ou.edu)

Professor availability: The professor will be available via e-mail to students before and after the class sessions. On-site office hours are half an hour before and after each class session, by appointment.

#### Textbook(s) and Instructional Materials:

Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at <http://www.bkstr.com/oklahomastore/home> is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email [0831mgr@fheg.follett.com](mailto:0831mgr@fheg.follett.com). Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.

1. American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> ed.) (DSM 5). Washington, DC: Author. ISBN 9780890425558.
2. Materials posted on the OU Desire to Learn (D2L) system: Access D2L at <http://learn.ou.edu>; enter your OU NetID and password, and select course to access material. Please contact your local Site Director if you require assistance.

Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

### **Course Objectives:**

- students will become thoroughly familiar with the format and usage of the DSM
- students will understand basic concepts of diagnosis including some of the methods used to arrive at a diagnosis
- Student will develop the understanding of ethical considerations in clinical decision making.
- Student will understand the relationship of diagnostics to treatment planning

### **Course Outline:**

#### **First weekend:**

- Orientation to DSM overall
- Evaluation styles and elements to gather clinical diagnostic information
- Mental status exam
- Multiaxial diagnosis
- Self-diagnosis assignment explained
- Major categories of diagnoses will be reviewed

#### **Second weekend:**

- Continues review of all major categories of diagnosis
- Continued practice assessing
- in class treatment class exercise
- Final exam in class last day of class

### **Assignments, Grading and Due Dates:**

1. Student will review one **scholarly article** that relates to the development or usage of the DSM and its reliability in diagnosis. (Bring to first class for discussion, no more than 2 pages).
2. Student will complete an exercise in self-diagnosis and turn it into the dropbox prior to the second weekend. A rubric will be provided.
3. Student will demonstrate interview techniques effective in assessment for diagnosis including mental status exam and general clinical interviewing relevant to diagnosis. These will be through guided experiential exercises during class.
4. Student will outline a treatment plan with measurable outcomes based upon diagnostic criteria. (Developed in class with small group, 1 page outline)
5. Student will write reflectively about factors which may impact their own diagnostic skills
6. Student will complete a final exam in last class consisting of diagnostic formulations for hypothetical client case scenarios.

As graduate students in Human Relations, it is required that APA format be utilized in written assignments complete with references. The text will be utilized for reference and students will need to use in class.

**Grading:**

This is a letter-graded course: A, B, C, D, or F.

<b>Assignment</b>	<b>Due Date</b>	<b>Percent of Grade</b>
Scholarly article review	1st Class in dropbox by the time class starts; prepared to discuss in class	10%
Self-diagnosis assignment	<b>5:30 Oct. 2, 2015</b>	30%
Interview exercises	Throughout both weekends	10%
Treatment Plan	Second weekend	10%
Ethics reflective writing	In class September 26.2015	10%
Final Exam	In class last day – <b>October 4, 2015</b>	30%

**Notice:** Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

## **POLICIES AND NOTICES**

### **Attendance/Grade Policy**

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended making the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

### **Academic Integrity and Student Conduct**

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at [http://integrity.ou.edu/students\\_guide.html](http://integrity.ou.edu/students_guide.html)

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at <http://studentconduct.ou.edu/>

### **Accommodation Statement**

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

### **Course Policies**

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: <http://www.goou.ou.edu/>

## **INSTRUCTOR VITA**

**Joan Phillips, Ph.D.**  
LMFT, LPC, ATR-BC

### **Current Positions**

Professor Phillips has been in private practice and agency work doing art therapy, counseling and marriage and family therapy for over 30 years. She is a frequent lecturer in the field of art therapy locally, regionally, and internationally. She has contributed chapters to several books and focuses her work on ethics and professional issues; child and family therapy; and abuse and trauma.

### **Frequently Taught Advanced Programs Courses**

- HR 5100 Applications of Art Therapy
- HR 5110 Professional & Ethical Issues in Art Therapy

### **Major Areas of Teaching and Research Interest**

- Basic Counseling,
- Non-verbal behavior
- Diagnosis and Assessment in art therapy
- Developmental art therapy