The University of Oklahoma College of Continuing Education Advanced Programs – Course Syllabus

Course Title:

Play Therapy

Course Number:

HR 5113-127

Course Description:

Children's play is a way in which they reflect their world. The use of play in therapy is a means of communication through which the child may indicate and the therapist may learn to understand the problems encountered by the child in their world. The course will provide a basis for the use of play in assessing and intervention with children and their families. History, techniques, and issues in play therapy will be addressed in class reading and discussions.

Class Dates, Location and Hours:

Dates: October 23-25 & October 30-November 1, 2015

Location: OCCE, Norman, Oklahoma. Classes are held at the Thurman White Forum Building

of OCCE, 1704 Asp Avenue.

Hours: Fri 5:30-9:30 p.m.; Sat 8:30 a.m.-4:30 p.m.; Sun 1:00-5:00 p.m.

Last day to enroll or drop without penalty: September 24, 2015

Site Director:

Bethany Neubauer. Assistant: Carmen Weeks. Phone: 405-325-1263; Fax: 405-325-9148; email: apnorman@ou.edu

Professor Contact Information:

Course Professor: Marilynn Jones-Parker, Ph.D.

Mailing Address: 2328 E. 13th

Tulsa, Oklahoma 74104

Telephone Number: 918-287-8880

E-mail Address: <u>marilynnprkr@yahoo.com</u>

Professor availability: The professor will be available via e-mail to students before and after the

class sessions. On-site office hours are half an hour before and after each

class session, by appointment.

Textbook(s) and Instructional Materials:

Student materials are available at the OU Follett Bookstore located at 1185 Asp Avenue; Norman, OK, and can be ordered online, by phone, by email, or by fax. Ordering online at http://www.bkstr.com/oklahomastore/home is strongly recommended – students can track the status of

http://www.bkstr.com/oklahomastore/home is strongly recommended – students can track the status of their order within 48 hours. If an order has not been shipped within three days, students can contact the Follett textbook manager by phone (405) 325-3511, (800) 522-0772 (toll-free) or email

<u>0831mgr@fheg.follett.com</u>. Phone orders (ask for the textbook manager and identify yourself as an Advanced Programs student) can be placed 8 a.m. to 6 p.m. Monday through Thursday; 8 a.m. to 5 p.m. on Friday; 10 a.m. to 4p.m. on Saturday (CST). Summer hours: 9 a.m. to 5 p.m. Monday through Friday (CST). Fax orders can be placed 24 hours a day at (405) 325-7770. Text prices are available online.

Landreth, G. L. (2012). Play therapy (3rd ed.). Florence, KY: Brunner-Routledge. ISBN 9780415886819.

Note: Follett is the Advanced Programs contractual textbook provider. Should text changes become necessary after publication of the course syllabus, Advanced Programs will facilitate text returns/refunds only for texts purchased through Follett.

Course Objectives:

By taking this course, the students will:

- increase their awareness of the history of play therapy;
- develop observational skills in the use of play in assessment and treatment;
- determine their own ability to relate to children through play;
- increase their understanding of play therapy in context of use in assessment and intervention;
- understand issues related to treatment in play therapy; and
- increase knowledge of intervention techniques and styles of play therapy.

Assignments, Grading and Due Dates:

Narrative Paper:

Write a narrative description (2-3 pages) of the student's own play experiences. Develop it from childhood into adulthood. Include examples of games, locations, equipment, etc. **Due the first day of class.**

Observation Paper:

An observation of children at play in any public place. This is simply describing what you see (2-3 pages). Places to look: McDonald's, parks, shopping malls. Observations should be informal and non-intrusive. **Due the second day of class.**

Styles Paper:

Utilizing two other references, compare different styles of play therapy as they are utilized in treatment (1-2 pages). **Due the third day of class.**

Case Study:

Develop a case study to present in class which illustrates appropriate play techniques utilized for the identified problem, i.e., child sexual abuse, alcoholic families, adolescent delinquent. **Due the fourth day of class.**

Play Equipment:

The student will describe ten pieces of play equipment to be used in a play room. Each item will be described as to its therapeutic value and use, the skills the child will be developing as a result of its use, and the developmental level the equipment can be used with. **Due the last day of class.**

Final Report:

Final written report of what the student has mastered according to the class objectives. The student must be specific and outline how he/she has individually accomplished the goals. **This will be completed during the last class session.**

Grading:

This is a letter-graded course: A, B, C, D, or F. The completion of course requirements is considered the minimum level of competency. Grades will be assigned with student participation in identifying what they have learned and their demonstration of understanding of the course objectives through the final written report in class.

Assignment	Due Date	Percent of Grade
Narrative Paper	First Class Session	20%
Observation Paper	Second Class Session	25%
Styles Paper	Third Class Session	15%
Case Study	Fourth Class Session	20%
Play Equipment	November 1, 2015	10%
Final Report	November 1, 2015	10%

Notice: Failure to meet assignment due dates could result in a grade of I (Incomplete) and may adversely impact Tuition Assistance and/or Financial Aid.

POLICIES AND NOTICES

Attendance/Grade Policy

Attendance and participation in interaction, individual assignments, group exercises, simulations, role playing, etc. are valuable aspects of any course because much of the learning comes from discussions in class with other students. It is expected that you attend all classes and be on time except for excused emergencies.

Excused absences are given for professor mandated activities or legally required activities such as emergencies or military assignments. It is the policy of the University to excuse absences of students that result from religious observances and to provide without penalty for the rescheduling of examinations and additional required class work that may fall on religious holidays. Unavoidable personal emergencies, including (but not limited to) serious illness; delays in getting to class because of accidents, etc.; deaths and funerals, and hazardous road conditions will be excused.

If you are obtaining financial assistance (TA, STAP, FA, VA, Scholarship, etc.) to pay all or part of your tuition cost, you must follow your funding agency/institution's policy regarding "I" (Incomplete) grades unless the timeline is longer than what the University policy allows then you must adhere to the University policy. Students who receive Financial Aid must resolve/complete any "I" (Incomplete) grades by the end of the term or he/she may be placed on "financial aid probation." If the "I" grade is not resolved/completed by the end of the following term, the student's Financial Aid may be suspended make the student ineligible for further Financial Aid.

Students are responsible for meeting the guidelines of Tuition Assistance and Veterans Assistance. See the education counselor at your local education center for a complete description of your TA or VA requirements.

Academic Integrity and Student Conduct

Academic integrity means honesty and responsibility in scholarship. Academic assignments exist to help students learn; grades exist to show how fully this goal is attained. Therefore all work and all grades should result from the student's own understanding and effort.

Academic misconduct is any act which improperly affects the evaluation of a student's academic performance or achievement. Misconduct occurs when the student either knows or reasonably should know that the act constitutes misconduct. Academic misconduct includes: cheating and using unauthorized materials on examinations and other assignments; improper collaboration, submitting the same assignment for different classes (self-plagiarism); fabrication, forgery, alteration of documents, lying, etc...in order to obtain an academic advantage; assisting others in academic misconduct; attempting to commit academic misconduct; destruction of property, hacking, etc...; intimidation and interference with integrity process; and plagiarism. All students should review the Student's Guide to Academic Integrity at http://integrity.ou.edu/students_guide.html

Students and faculty each have responsibility for maintaining an appropriate learning environment. All students should review policies regarding student conduct at http://studentconduct.ou.edu/

Accommodation Statement

The University of Oklahoma is committed to making its activities as accessible as possible. For accommodations on the basis of disability, please contact your local OU Site Director.

Course Policies

Advanced Programs policy is to order books in paperback if available. Courses, dates, and professors are subject to change. Please check with your OU Site Director. Students should retain a copy of any assignments that are mailed to the professor for the course. Advanced Programs does not provide duplicating services or office supplies.

Any and all course materials, syllabus, lessons, lectures, etc. are the property of professor teaching the course and the Board of Regents of the University of Oklahoma and are protected under applicable copyright.

For more information about Advanced Programs, visit our website at: http://www.goou.ou.edu/

INSTRUCTOR VITA

Marilynn Jones-Parker, Ph.D.

Education

1982 Ph.D. in Developmental Psychology, ABSED, Oklahoma State University

Current Positions

- Advanced Programs Professor since 1993
- Consultant, Family Play Therapist

Frequently Taught Advanced Programs Courses

- HR 5113 Play Therapy with Children
- HR 5100 Issues in Marriage and Family Therapy
- HR 5100 Family Counseling
- HR 5100 Assessment in Marital and Family Therapy
- HR 5100 Assessment and Evaluation in Human Relations

Major Areas of Teaching and Research Interest

- Parent Child Relationships
- Developmental and Family Assessment
- Infant Mental Health
- Family Wellness
- Pediatric Psychology Child Abuse, Substance Abuse, Domestic Violence, Mental Illness

Representative Publications and Presentations

- France, G., Couch, J., Cauthen, D., Jones, M., Jordon, P., Lottinville, E., Morgan, C., Neph, L. (1979). *Yellow brick road revisited*. Journal of Consulting and Clinical Psychology, 47, 760-762.
- Jones, Marilynn M. Importance of play in child development. Tulsa Tribune, 1984.
- Jones-Parker, Marilynn. Family stress. Springfield Parent, September, 1990.
- Jones-Parker, Marilynn. *Nurtury*. A Corporate Child Care Program.
- Charney, L. & Jones-Parker, M. *Statewide child care training program*, submitted to State of Oklahoma, 1991.
- Jones-Parker, M. *Family connections*. Family intervention program for Tulsa Parenting Partnership.

Representative Honors and Awards Received

- Past President of Oklahoma Play Therapy Association
- Past President of Oklahoma Association for Infant Mental Health

Major Professional Affiliations

- American Association for Marriage & Family Therapists, Clinical member (Oklahoma Licensed Marriage & Family Therapist)
- Oklahoma & World Association for Infant Mental health
- International Board of Certified Play Therapy (Certified Play Therapist, Supervisor and Professor)
- Association for Play Therapy (Registered Play Therapist and Supervisor)
- International Association for Infant Massage (Certified Infant Massage Instructor)