



NEW SOONER ORIENTATION

Enrollment Room FAQ & Support

BEFORE YOU GET STARTED

- 1 Pull up **one.ou.edu** on your browser

Have ready:

- 2 OU email
- 3 OU email password
- 4 9-digit Sooner ID #
- 5 Enrollment Card
provided to you by your academic advisor

COURSE TYPES AT OU

- **General Education:** required for all students, regardless of major
- **Major Requirement and Major Support Requirement:** required for specific majors
- **Minor Requirement:** required for specific minors
- **Elective:** not required for general education, major, or minor and is usually student choice

SPECIAL COURSE NUMBERS

It's imperative to enroll yourself in the right course section. Below are sections to **avoid** unless otherwise directed by your academic advisor to choose.

- **Course Sections in 500s**
STRETCH courses (MATH and ENGL): these are each two-part courses that include a co-requisite course (i.e. MATH 1503-500 + MATH 1111-500)
- **Course Sections in 700s**
CONCURRENT HIGH SCHOOL sections: reserved for current high school students
- **Course Sections in 800s**
Winter Session: 4-week classes begin in December after finals and end in January before spring classes start

CLASS FORMATS

Class format describes the structure of a course including how instruction is presented. See below for the differences between each.

- **Lecture:** a large-group class led by a professor that focuses on presenting course material
- **Lab:** a hands-on learning experience where students apply concepts through experiments, simulations, or practical exercises
- **Discussion:** a smaller, interactive session that complements lectures by allowing for in-depth conversations and questions

COURSE DELIVERY TYPES AT OU

- **TRAD – Traditional In-Person**
Students and instructor are all present in the classroom participating in-person simultaneously in an on-campus designated learning space. Set class days/times are indicated in the course schedules.
- **SYNC – Synchronous Video Conference/Remote**
Courses are held via video conference. The students and instructor are all present in Zoom, participating simultaneously. **Online only.** Set class days/times are indicated in the course schedule.
- **WEB – Asynchronous Online**
Courses are held via pre-recorded lectures, assigned readings, or other assignments posted on Canvas. Students work on their own time while meeting course deadlines. **Online only;** no set class times. Students do coursework at whatever time of day fits their schedule.
- **BLDS – Blended In-Person/Synchronous**
Courses are held via a mixture of in-person meetings and video conferences. The students and instructor are all present and participating simultaneously, either in-person or on Zoom. **Blended meetings on campus and online.** Set class days/times are indicated in the course schedules.
- **BLDW – Blended In-Person/Asynchronous**
Courses are held via a combination of in-person meetings and pre-recorded lectures, assigned readings, or other assignments posted on Canvas. Students work on their own schedules when asynchronous and are all present and participating simultaneously when in person. **Blended meetings on campus and online.** Mixture of set class times and students working on their own schedules.

HOW TO ENROLL IN OU COURSEWORK

1 What will I be doing on **one.ou.edu**?

- Register for courses
- Add/drop courses

3 How do I search for courses?

Your advisor has provided you with an enrollment card. On that card, you will find the courses you discussed along with:

- Department/Subject Code
- Course number, specific section (if applicable)
- Course title and format of the class
- Example:
 1. Subject: MATH
 2. Course Number: 1914
 3. Course Title: Differential and Integral Calculus I
 4. Format: Lecture

5 How do I know what format my class is?

All classes require a lecture. If there is a “View Linked” option, that means the course also requires either a discussion or a lab and you must enroll in both the lecture and the discussion/lab. To enroll in both, you must add them both to your schedule. If you click the “View Linked” button, you are assured to enroll in the correct lecture and discussion.

7 How can I tell if I am enrolled in all my classes?

You must click “SUBMIT.” The word “Registered” will be highlighted in green next to each course you successfully enrolled in. By clicking submit, you did it!

2 What should I do next?

- Select the Term you are enrolling for: Fall 2025
- Enter your 9-digit Sooner ID #

4 How do I enroll in “General Education” courses?

- Select the appropriate term (i.e. Fall 2025)
- Click on “Advanced Search”
- Next to “Attribute,” select the relevant category (i.e. Gen. Ed. Art Forms, Gen. Ed. Western Civ., Gen. Ed. World Culture, etc.)
- Next to “Course Number Range,” enter “1000 to 2999” for lower-division or “3000 to 4999” for upper-division
- Click “Search” and page through options or, use Class Nav (**classnav.ou.edu**) to look up course options

6 How do I know if I have time to get from one class to another?



Scan this QR code to view a campus map.

TROUBLESHOOTING

1 What if I am getting an “error” message?

The academic advisor in the enrollment room can explain why the error is being received, determine whether a permission should be given, and enter permissions if appropriate.

2 What if two of my finals are at the same time?

In the event a conflict should arise from the scheduling of two or more examinations at the same time, the student will attend the examination for the class that met first during the week, according to the student’s class schedule. The instructor(s) giving the second and subsequent exams must provide make-up exams during the week designated for final exams that semester.