

RESOURCES



Below are resources and materials you can explore to learn more, to get support, or to find a course for action to end racism!



WEBSITES

- Social Work Coalition for Anti-Racist Educators <https://www.swcares.org/>
- The People's Institute for Survival and Beyond, Undoing Racism <https://www.pisab.org/>
- The 1619 Project <https://www.nytimes.com/interactive/2019/08/14/magazine/1619-america-slavery.html>
- Guide to Being an Ally, Women of Color For Progress <https://www.womenofcolorforprogress.org/allyguide>
- Articles
- The Case for Reparations <https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/>
- The National Memorial for Peace and Justice <https://museumandmemorial.eji.org/memorial>
- 75 Things White People Can DO for Racial Justice <https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>
- Harvard Implicit Bias Test <https://implicit.harvard.edu/implicit/takeatest.html>
- America Public Health Association
- National Child Welfare Workforce Institute



BOOKS & ARTICLES

- How To Be An Antiracist (2019) Ibram X. Kendi
- Stamped From The Beginning (2016) Ibram X. Kendi
- Born A Crime (2016) Trevor Noah
- White Fragility (2018) Robin Deangelo
- Freedom is a Constant Struggle (2016) Angela Davis
- The New Jim Crow (2020) Michelle Alexander
- Do the work: An Anti-Racist Reading List <https://www.theguardian.com/books/booksblog/2020/jun/03/do-the-work-an-anti-racist-reading-list-layla-f-saad>
- Racism in the United States: Implications for the helping professions, 2nd ed by Joshua Miller and Ann Marie Garran (2017 - Springer Publishing).
- The Role of Clinical Social Workers in Voting by Alberto Cifuentes: https://drive.google.com/file/d/1DiCni3D2J979TV6bbrSqqr_ydY8w3Mt0/view



DOCUMENTARIES, FILMS AND PODCASTS

- See You Yesterday

- Just Mercy
- 13th Amendment by Ava Duvernay
- Movies that tackle racism (kids) <https://www.common sense media.org/blog/black-history-movies-that-tackle-racism>
- 11 Movies that Confront American Racism (adults) <https://www.vox.com/culture/2020/6/2/21276966/antiracist-movies-streaming-racism>
- “Say Her Name” Podcast: <https://soundcloud.com/intersectionality-matters/21-under-the-blacklight-telling-stories-of-state-violence-public-silence>.
- Sounds Like Hate Podcast: <https://soundslikehate.org/>
- Voting Webinar (October 20 with Alberto Cifuentes): https://mymedia.ou.edu/media/Voting+Webinar/1_76jhgcxd



SUPPORT

- Black Lives Matter Meditations <http://drcandicenicole.com/2016/07/black-lives-matter-meditation/>
- NAIM African American Mental Health <https://www.nami.org/Support-Education/Diverse-Communities/African-American-Mental-Health>
- Proactively Coping With Racism <https://www.psychologytoday.com/us/blog/culturally-speaking/201607/proactively-coping-racism>
- How to talk to Kids about Racism <https://www.readbrightly.com/how-to-talk-to-kids-about-race-books-and-resources-that-can-help/>
- NPR Life Kit: How White Parents Can talk to their kids about race <https://www.npr.org/2020/06/03/869071246/how-white-parents-can-talk-to-their-kids-about-race>
- No Reader is too young to start: anti-racist books for all children and teens <https://www.theguardian.com/books/2020/jun/04/no-reader-is-too-young-to-start-anti-racist-books-for-all-children-and-teens>



THE JOURNAL FOR SOCIAL ACTION IN COUNSELING AND PSYCHOLOGY

Special Issue on Violence Against Individuals and Communities: Reflecting on the Trayvon Martin Case.

Violence against Individuals and Communities: Reflecting on the Trayvon Martin Case - An Introduction to the Special Issue *Rebecca L. Toporek*

[PDF Direct Link](#)

Using the Science of Psychology to Target Perpetrators of Racism and Race-Based Discrimination for Intervention Efforts: Preventing Another Trayvon Martin Tragedy *Vickie M. Mays, Denise Johnson, Courtney N.*

Coles, Denise Gellene, Susan D. Cochran

[PDF Direct Link](#)

Talking about the Trayvon Martin Case in Psychology and Counseling Training and Psychotherapy Sannisha K. Dale, Jessica Henderson Daniel
[PDF Direct Link](#)

"What's under There?" The Questioning of Civil Rights for Sikh Men Muninder K. Ahluwalia
[PDF Direct Link](#)

Restorative Justice for Trayvon Martin Mikhail Lyubansky
[PDF Direct Link](#)

Moving from Words to Action: Reflections of a First Year Counselor Educator for Social Justice Joseph M. Williams
[PDF Direct Link](#)

Reflections on the Murder of Trayvon Martin Reston N. Bell, Tiffany J. Jones, Ricshawn Adkins Roane, Kidist M. Square, Rita Chi-Ying Chung
[PDF Direct Link](#)

Reflections of a Black Male Counseling Psychology Doctoral Student: Lessons Learned from APA Division 45 Commentary and the Role of Social Justice for Counseling Psychologists Ricky J. Pope
[PDF Direct Link](#)

Reflections on the Experiences of Turbaned Sikh Men in the Aftermath of 9/11 Kiran S.K. Arora
[PDF Direct Link](#)

Bearing Black Deanne Bell
[PDF Direct Link](#)

Dissecting the Killing of Trayvon Martin: The Power Factor Geraldine L. Palmer
[PDF Direct Link](#)

A Moment to Come Together: Personal Reflections on Trayvon Martin Roxanne Christensen, LaSonia Barlow, Demetrius E. Ford
[PDF Direct Link](#)