

Curriculum Vitae
Michael R. Sladek
(he/him/his)

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[Contexts of Health, Adolescent Resilience, and Measuring Stress \(CHARMS\) Lab](#)

Academic Appointments

2022 – present **Assistant Professor of Psychology**
Applied Social and Developmental Psychology
Department of Psychology, The University of Oklahoma (OU)

Faculty Affiliate
Department of Women’s and Gender Studies, OU
Institute for Community and Society Transformation, OU
Data Institute for Societal Challenges, OU

2018 – 2022 **Postdoctoral Research Fellow**
Secondary Lecturer on Education
Harvard Graduate School of Education, Harvard University

Education

2018	Ph.D.	Psychology - Developmental Department of Psychology, Arizona State University (ASU)
2015	M.A.	Psychology - Developmental Department of Psychology, Arizona State University
2013	B.A.	Psychology, <i>magna cum laude</i> , Honors in Psychology Weinberg College of Arts and Sciences, Northwestern University

Awards and Honors

2024-2025	OU Internal Nomination: William T. Grant Foundation Scholars Program
2024-2025	OU Dodge Family College of Arts and Sciences Junior Faculty Fellowship
2024	Health Disparities Research Institute Scholar, National Institutes of Health
2024	OU Presidential International Travel Fellowship
2023-2024	OU Vice President for Research and Partnerships Junior Faculty Fellowship
2023-2024	OU Ed Cline Faculty Development Award
2019-2022	National Science Foundation SBE Postdoctoral Research Fellowship

2018	ASU Harry Lowell Swift Advancing Health Scholarship
2017-2018	American Psychological Association Dissertation Research Award
2017	ASU Department of Psychology Doctoral Scholar Award
2016	ASU Graduate and Professional Student Association Teaching Excellence Award
2015	ASU Graduate and Professional Student Association Outstanding Mentor Award
2015-2018	American Psychological Association Science Student Council
2014-2018	National Science Foundation Graduate Research Fellowship Program
2014-2018	ASU College of Liberal Arts and Sciences Graduate Excellence Award
2013-2014	ASU <i>STARS</i> Graduate Fellowship
2013	Phi Beta Kappa, Northwestern University
2013	William A. Hunt Award, Outstanding Psychology Senior Thesis, Northwestern

Sponsored Research – Current

Principal Investigator. “LGBTQ+ Young Adults’ Health and Identity: A Longitudinal Follow Up Study.” Dodge Family College of Arts and Sciences Junior Faculty Summer Fellowship (OU). 2024-2025; \$7,000.

Co-Investigator. “Developing and Testing Training Modes for Improving Teachers’ Race-Related Competencies to Promote Student Learners’ Academic Adjustment.” Institute of Education Sciences, U.S. Department of Education. PI: Adriana Umaña-Taylor. 2020-2025; \$1,400,000.

Principal Investigator. Subcontract from Harvard University. 2023-2025; \$10,132.

Sponsored Research - Completed

Principal Investigator. “Health Disparities Research Institute 2024.”
Travel Funding, National Institute of Minority Health and Health Disparities (NIMHD). 2024; \$767.96.
Faculty Travel Assistance Program, Office of the Vice President for Research and Partnerships (OU). 2024; \$1,028.73.

Principal Investigator. “A Daily Diary Approach to Examine Contextual Mechanisms of Adolescents’ Everyday Ethnic-Racial Identity Exploration in the *Identity Project*.” Presidential International Travel Fellowship, Office of Global Engagement (OU). 2024; \$1,000.

Principal Investigator. “Professional Development Collaborative for Interdisciplinary School-Based Research on Youth Ethnic-Racial Identity Development.” Ed Cline Faculty Development Award (OU). 2023-2024; \$2,500.

Principal Investigator. “The Resilience and Identity Study: Supporting LGBTQ+ Youth’s Identity Development.” Office of the Vice President for Research and Partnerships Junior Faculty Fellowship (JFF) Program (OU). 2023-2024; \$9,207.80.

Co-Principal Investigator. “Teaching Queer Studies at Public Universities: A Workshop on Queer Pedagogy and Socioeconomic Class.” Ed Cline Faculty Development Award (OU). Co-PIs: Wendy Mallette, Melinda Chen. 2023-2024; \$2,500.

Co-Principal Investigator. “Contexts of Adolescent Ethnic-Racial Identity Development: A Mixed Methods Approach.” National Science Foundation SBE Postdoctoral Research Fellowship – Broadening Participation (SPRF-BP). Co-PI: Adriana Umaña-Taylor. 2019-2022; \$165,000.

Co-Investigator. “Building Teachers’ Race-Related Competencies to Promote Youth Ethnic-Racial Identity and Reduce Academic Inequalities.” William T. Grant Foundation. PI: Adriana Umaña-Taylor. 2019-2022; \$300,000.

Co-Principal Investigator. “Psychosocial Stress, Cortisol Reactivity, and Cultural Influences among Latino Students: A Multi-Method Approach to Studying the Transition to College.” National Science Foundation Graduate Research Fellowship Program (No. DGE-1311230). Co-PI: Leah Doane. 2014-2018; \$104,250.

Co-Principal Investigator. “Cultural Influences on the HPA Axis Stress Response Among Latino Students Transitioning to College.” Dissertation Funding Award. Graduate and Professional Student Association (ASU). Co-PI: Leah Doane. 2017-2018; \$2,000.

Co-Principal Investigator. “Cultural Influences on the HPA Axis Stress Response Among Latino Students Transitioning to College.” American Psychological Association Dissertation Research Award. Co-PI: Leah Doane. 2017-2018; \$1,000.

Co-Principal Investigator. “Physiological Responses to Psychosocial Stress Among First-Year Latino College Students: An Experimental Approach.” Developmental Catalyst Research Grant, Department of Psychology (ASU). Co-PI: Leah Doane. 2016-2018; \$1,500.

Co-Principal Investigator. “Validating a Measure of Male Body Talk.” Academic Year Undergraduate Research Grant. Northwestern University Office of Undergraduate Research. Co-PI: Renee Engeln. 2012-2013; \$925.

Co-Principal Investigator. “Measuring Frequency and Content of Male Body Talk.” Summer Undergraduate Research Grant – Benton J. Underwood Summer Research Fellowship combined award. Northwestern University Office of Undergraduate Research and Department of Psychology. Co-PI: Renee Engeln. 2012; \$3,000.

Sponsored Research – Submitted, Not Funded

Principal Investigator. “Community-Based Participatory Research in Support of LGBTQ+ Youth Identity Development.” The Wayne F. Placek Grant. American Psychological Foundation. 2023.

Principal Investigator. “Longitudinal Mixed Methods Research in Support of LGBTQ+ Youth Identity Development.” American Psychological Foundation Visionary Grants. 2023. Finalist ranked in top 20% of proposals.

Co-Investigator. “Gender and Health Sciences Education in Oklahoma.” Institute for Community and Society Transformation (OU). PI: Melinda Chen. 2023.

Principal Investigator. “Supporting Queer Youth Identity Development in a Hostile Sociopolitical Climate: A Community-Based Participatory Research Approach.” Society for Research in Child Development Small Grants Program for Early Career Scholars. 2023.

Principal Investigator. “Development and Validation of the Intersectional Measure of Microaggressions for Ethnicity-Race, Sexual Orientation, and Gender Identity and Expression (IMMER-SOGIE) for LGBTQIA+ Young Adults.” American Psychological Foundation Springfield Research Fund Grant. 2022. Finalist ranked in top 20% of proposals.

Principal Investigator. “Innovative Methods for Testing Moderators of an Ethnic-Racial Identity Intervention: A Daily Diary Study.” Society for Research in Child Development Small Grants Program for Early Career Scholars. 2020.

Peer-Reviewed Publications

*undergraduate student collaborator; graduate student collaborator; †postdoctoral research collaborator. *According to Google Scholar (3/1/25), h-index (h number of publications have at least h citations) = 22. i10-index (number of publications with at least 10 citations) = 30. IF = 5-Year Impact Factor from Journal Citation Reports™ 2022.*

38. **Sladek, M. R.**, †Martinez-Fuentes, S., Wantchekon, K. A., †Aguilar, G., & Umaña-Taylor, A. J. (2025). Ethnic-racial discrimination, identity, and out-group contact: A systematic review of daily process studies. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000735> IF = 4.00.
37. †Aguilar, G., Wantchekon, K. A., **Sladek, M. R.**, McDermott, E. R., Betancur Castrillón, S., Uribe Tirado, L. M., Tilano Vega, L. M., Safa, M. D., & Umaña-Taylor, A. J. (2024). Ethnic-racial identity, discrimination experiences, and academic adjustment among Colombian adolescents. *Comparative Education Review*, 68(4), <https://doi.org/10.1086/733483> IF = 2.40.
36. Umaña-Taylor, A. J., **Sladek, M. R.**, Safa, M. D., Uribe Tirado, L. M., & Tilano Vega, L. M. (2024). Examining ethnic-racial identity development and adjustment among Colombian adolescents. *Journal of Applied Developmental Psychology*, 93, 101672. <https://doi.org/10.1016/j.appdev.2024.101672> IF = 3.00
35. **Sladek, M. R.**, Umaña-Taylor, A. J., Neville, H. A., Ison, A., †Martinez-Fuentes, S., Mason, P., †Park, Y., Safa, M. D., Satterthwaite-Freiman, M., Soto-Shed, E., & Wantchekon, K. A. (2024). Professional development for providing time and opportunities for change in U.S. teachers' ethnic-racial identity. *Identity*, 24, 331-352. <https://doi.org/10.1080/15283488.2024.2366892> IF = 2.00

34. Satterthwaite-Freiman, M., Wantchekon, K. A., †Aguilar, G., Sladek, M. R., Ison, A., Mason, P., Soto-Shed, E., & Umaña-Taylor, A. J. (2024). The challenges of engaging in conversations and activities focused on race, ethnicity, and identity in the classroom: Learning from U.S. based teachers. *Identity, 24*, 353-378. <https://doi.org/10.1080/15283488.2024.2340489> IF = 2.00
33. Umaña-Taylor, A. J., **Sladek, M. R.**, & Safa, M. D. (2024). Teachers' implementation of the *Identity Project* is associated with increases in U.S. high school students' ethnic-racial identity exploration. *Journal of Youth and Adolescence, 53*, 2510-2533. <https://doi.org/10.1007/s10964-024-01955-2> IF = 5.70
32. Ison, A., Satterthwaite-Freiman, M., Sladek, M. R., & Umaña-Taylor, A. J. (2023). The role of family ethnic socialization and generational status in White adolescents' ethnic-racial identity development. *Journal of Adolescent Research*. Advance online publication. <http://doi.org/10.1177/07435584231166118> IF = 2.30
31. **Sladek, M. R.**, Gusman, M., & Doane, L. D. (2023). Ethnic-Racial identity developmental trajectories across the transition to college. *Journal of Youth and Adolescence, 52*, 61-75. <https://doi.org/10.1007/s10964-022-01724-z> IF = 5.70
30. Satterthwaite-Freiman, M., Sladek, M. R., Wantchekon, K. A., Rivas-Drake, D., & Umaña-Taylor, A. J. (2023). Examining ethnic-racial identity negative affect, centrality, and intergroup attitudes among White adolescents. *Journal of Youth and Adolescence, 52*, 880-898. <https://doi.org/10.1007/s10964-022-01680-8> IF = 5.70
29. **Sladek, M. R.**, Umaña-Taylor, A. J., Hardesty, J. L., Aguilar, G., Bates, D., Bayless, S. D., Gomez, E., Hur, C. K., Ison, A., Jones, S., Luo, H., Satterthwaite-Freiman, M., & Vázquez, M. A. (2022). "So, like, it's all a mix of one": Intersecting contexts of adolescents' ethnic-racial socialization. *Child Development, 93*(5), 1284-1303. <https://doi.org/10.1111/cdev.13756> IF = 5.90
28. Wantchekon, K. A., Umaña-Taylor, A. J., McDermott, E. R., Sladek, M. R., Rivas-Drake, D., Agi, A., & Satterthwaite-Freiman, M. (2022). Comparing relations of ethnic-racial public regard, centrality, and intergroup contact attitudes among ethno-racially diverse adolescents. *Group Processes & Intergroup Relations, 25*(4), 833-852. <https://doi.org/10.1177/1368430220987599> IF = 4.30
27. Wantchekon, K. A., Umaña-Taylor, A. J., Sladek, M. R., McDermott, E. R., & Updegraff, K. A. (2021). Adolescents' ethnic-racial centrality moderates effect of school-based intervention on ethnic-racial identity exploration. *Developmental Psychology, 57*(3), 432-442. <https://doi.org/10.1037/dev0001150> IF = 5.00
26. Anderson, S. F., **Sladek, M. R.**, Doane, L. D. (2021). Negative affect reactivity to stress and internalizing symptoms over the transition to college for Latinx adolescents: Buffering role of family support. *Development and Psychopathology, 33*(4), 1322-1337. <https://doi.org/10.1017/S095457942000053X> IF = 4.10

25. Martinez-Fuentes, S., Umaña-Taylor, A. J., Jager, J., McDermott, E. R., & **Sladek, M. R.** (2021). Measurement equivalence testing of the American Identity Questionnaire across Black, Latino, and White adolescents. *Cultural Diversity and Ethnic Minority Psychology*, 27(3), 376-385. <https://doi.org/10.1037/cdp0000439> IF = 4.00
24. **Sladek, M. R.**, Castro, S. C., & Doane, L. D. (2021). Ethnic-Racial discrimination experiences predict Latinx adolescents' physiological stress processes across college transition. *Psychoneuroendocrinology*, 128, 105212. <https://doi.org/10.1016/j.psyneuen.2021.105212> IF = 4.60
23. **Sladek, M. R.**, Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., & Updegraff, K. A. (2021). Contextual moderators of a school-based ethnic-racial identity intervention: The roles of family ethnic socialization and ethnic-racial background. *Prevention Science*, 22(3), 378-385. <https://doi.org/10.1007/s11121-020-01166-8> IF = 4.20
22. **Sladek, M. R.**, Umaña-Taylor, A. J., Oh, G., Spang, M. B., Uribe Tirado, L. M., Tilano Vega, L. M., McDermott, E. R., & Wantchekon, K. A. (2020). Ethnic-racial discrimination experiences and ethnic-racial identity predict adolescents' psychosocial adjustment: Evidence for a compensatory risk-resilience model. *International Journal of Behavioral Development*, 44(5), 433-440. <https://doi.org/10.1177/0165025420912013> IF = 3.40
21. **Sladek, M. R.**, Doane, L. D., Luecken, L. J., Gonzales, N. A., & Grimm, K. J. (2020). Reducing cultural mismatch: Latino students' neuroendocrine and affective stress responses following cultural diversity and inclusion reminder. *Hormones and Behavior*, 120, 104681. <https://doi.org/10.1016/j.yhbeh.2020.104681> IF = 3.60
20. Martinez-Fuentes, S., Umaña-Taylor, A. J., Jager, J., Seaton, E. K., & **Sladek, M. R.** (2020). An examination of ethnic-racial identity and U.S. American identity among Black, Latino, and White adolescents. *Identity*, 20(3), 208-223. <https://doi.org/10.1080/15283488.2020.1784177> IF = 2.00
19. **Sladek, M. R.**, Umaña-Taylor, A. J., McDermott, E. R., Rivas-Drake, D., & Martinez-Fuentes, S. (2020). Testing invariance of ethnic-racial discrimination and identity measures for adolescents across ethnic-racial groups and contexts. *Psychological Assessment*, 32(6), 509-526. <https://doi.org/10.1037/pas0000805> IF = 4.90
18. **Sladek, M. R.**, Doane, L. D., & Park, H. (2020). Latino adolescents' daily bicultural stress and sleep: Gender and school context moderation. *Health Psychology*, 39(3), 179-189. <https://doi.org/10.1037/hea0000824> IF = 4.90
17. **Sladek, M. R.**, Doane, L. D., & Breitenstein, R. S. (2020). Daily rumination about stress, sleep, and diurnal cortisol activity. *Cognition and Emotion*, 34(2), 188-200. <https://doi.org/10.1080/02699931.2019.1601617> IF = 3.00

16. Hagan, M. J., **Sladek, M. R.**, Luecken, L. J., & Doane, L. D. (2020). Event-related clinical distress in college students: Responses to the 2016 U.S. presidential election. *Journal of American College Health*, 68(1), 21-25. <https://doi.org/10.1080/07448481.2018.1515763> IF = 2.70
15. **Sladek, M. R.**, Doane, L. D., Gonzales, N. A., Grimm, K. J., & Luecken, L. J. (2019). Latino adolescents' cultural values associated with diurnal cortisol activity. *Psychoneuroendocrinology*, 109, 104403. <https://doi.org/10.1016/j.psyneuen.2019.104403> IF = 4.60
14. Doane, L. D., **Sladek, M. R.**, Breitenstein, R. S., Park, H., Castro, S. C., & Kennedy, J. L. (2018). Cultural neurobiology and the family: Evidence from the daily lives of Latino adolescents. *Development and Psychopathology*, 30(5), 1779-1796. <https://doi.org/10.1017/S0954579418001104> IF = 4.10
13. Kroon Van Diest, A. M., Perez, M., *Smith, H., & **Sladek, M. R.** (2018). Body dissatisfaction and its correlates in 5- to 7-year-old girls: A social learning experiment. *Journal of Clinical Child & Adolescent Psychology*, 47(5), 757-769. <https://doi.org/10.1080/15374416.2016.1157758> IF = 5.20
12. **Sladek, M. R.**, Salk, R. H., & Engeln, R. (2018). Negative body talk measures for Asian, Latina(o), and White women and men: Measurement equivalence and associations with ethnic-racial identity. *Body Image*, 25, 66-77. <https://doi.org/10.1016/j.bodyim.2018.02.005> IF = 6.00
11. *Smith, H., Perez, M., **Sladek, M. R.**, Becker, C. B., Ohrt, T. K., & Bruening, A. B. (2017). Development and validation of makeup and sexualized clothing questionnaires. *Journal of Eating Disorders*, 5, 39-52. <https://doi.org/10.1186/s40337-017-0171-1> IF = 4.20
10. Hilt, L. M., **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2017). Daily and trait rumination: Diurnal cortisol patterns in adolescent girls. *Cognition and Emotion*, 31(8), 1757-1767. <https://doi.org/10.1080/02699931.2016.1262332> IF = 3.00
9. Tavernier, R., Heissel, J. A., **Sladek, M. R.**, Grant, K. E., & Adam, E. K. (2017). Adolescents' technology and face-to-face time use predict objective sleep outcomes. *Sleep Health*, 3(4), 276-283. <https://doi.org/10.1016/j.sleh.2017.04.005> IF = 5.40
8. **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2017). Individual and day-to-day differences in active coping predict diurnal cortisol patterns among early adolescent girls. *Journal of Youth and Adolescence*, 46, 121-135. <https://doi.org/10.1007/s10964-016-0591-2> IF = 5.70
7. **Sladek, M. R.**, Doane, L. D., Jewell, S. L., & Luecken, L. J. (2017). Social support coping style predicts women's cortisol in the laboratory and daily life: The moderating role of social attentional biases. *Anxiety, Stress, & Coping*, 30(1), 66-81. <https://doi.org/10.1080/10615806.2016.1181754> IF = 4.00

6. **Sladek, M. R.**, Doane, L. D., Luecken, L. J., & Eisenberg, N. (2016). Perceived stress, coping, and cortisol reactivity in daily life: A study of adolescents during the first year of college. *Biological Psychology*, *117*, 8-15.
<https://doi.org/10.1016/j.biopsycho.2016.02.003> IF = 3.20
5. *Drake, E. C., **Sladek, M. R.**, & Doane, L. D (2016). Daily cortisol activity, loneliness, and coping efficacy in late adolescence: A longitudinal study of the transition to college. *International Journal of Behavioral Development*, *40*(4), 334-345.
<https://doi.org/10.1177/0165025415581914> IF = 3.40
4. Doane, L. D., Chen, F. R., **Sladek, M. R.**, Van Lenten, S. A., & Granger, D. A. (2015). Latent trait cortisol (LTC) levels: Reliability, validity, and stability. *Psychoneuroendocrinology*, *55*, 21-35. <https://doi.org/10.1016/j.psyneuen.2015.01.017> IF = 4.60
3. **Sladek, M. R.**, & Doane, L. D. (2015). Daily diary reports of social connection, objective sleep, and the cortisol awakening response during adolescents' first year of college. *Journal of Youth and Adolescence*, *44*, 298-316. <https://doi.org/10.1007/s10964-014-0244-2> IF = 5.70
2. **Sladek, M. R.**, Engeln, R., & Miller, S. A. (2014). Development and validation of the Male Body Talk Scale: A psychometric investigation. *Body Image*, *11*(3), 233-244.
<https://doi.org/10.1016/j.bodyim.2014.02.005> IF = 6.00
1. Engeln, R., **Sladek, M. R.**, & Waldron, H. (2013). Body talk among college men: Content, correlates, and effects. *Body Image*, *10*(3), 300-308.
<https://doi.org/10.1016/j.bodyim.2013.02.001> IF = 6.00

Under Review

*undergraduate student collaborator; graduate student collaborator; †postdoctoral research collaborator

Safa, M. D., **Sladek, M. R.**, & Umaña-Taylor, A. J. (revise and resubmit). Adolescent experiences of biculturalism: Adaptation and validation of the Bicultural Identity Integration Scale for Adolescents (BIIS-A) and the Bicultural Facility Scale for Adolescents (BFS-A).

Umaña-Taylor, A. J., †Martinez-Fuentes, S., **Sladek, M. R.**, Baldeh, M., Etienne, K., Foint, S. M., Hill, H., Ison, A., Jones, S., Mason, P., Moon, K., Morse, P., Puopolo, M. A., Ramanadhan, S., Satterthwaite-Freiman, M., Soto Figueroa, M., Soto-Shed, E., Storman-Flynn, M. P., & Vazquez, M. (revise and resubmit). Equipping Educators for Equity Through Ethnic-Racial Identity Curriculum: Comparing teachers' fidelity of implementation across remote and in-person training.

†Collier Villaume, S., **Sladek, M. R.**, Montgomery-Jones, S. M., Nwafor, E. E., Umaña-Taylor, A. J., Adam, E. K. (under review). Out-of-school replication of the *Identity Project*: Randomized trial implementation and impacts on adolescent ethnic-racial identity development.

Melgoza, M., **Sladek, M. R.**, Satterthwaite-Freiman, M., Baldeh, M., †Martinez-Fuentes, S., & Umaña-Taylor, A. J. (under review). An examination of culturally sustaining pedagogy and school belonging among U.S. youth.

Work in Progress

*undergraduate student collaborator; graduate student collaborator

Sladek, M. R., Sasser, J., Aguilar, K., Park, H., Cruz, R. A., & Doane, L. D. (manuscript in prep). A longitudinal daily diary study of Latino adolescents' bicultural stress across the transition to college: Variability and consistency by social positions and contexts.

Ison, A., Satterthwaite-Freiman, M., Baldeh, M., Umaña-Taylor, A. J., Mason, P., & **Sladek, M. R.** (manuscript in prep). White teacher perspectives on racial mismatch in teacher-student relationships.

†Park, Y., Rogers, L. O., **Sladek, M. R.**, Safa, M. D., & Umaña-Taylor, A. J. (manuscript in prep). Development of identity coherence and experiences of discrimination among adolescents of color.

Salem, M. M., **Sladek, M. R.**, & Carvallo, M. (conference poster under review). Critical consciousness and mental health outcomes: A comparative analysis of White and BIPOC LGBTQ+ young adults.

Sladek, M. R. (Chair: 2025, May). *Amplifying Strengths-Based Research Investigating Resilience Mechanisms for Youth with Sexual and Gender Expansive Identities*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Sladek, M. R., Jelsma, E., Kebbeh, N., *John, M., *Puerta, S., & Toomey, R. B. (2025, May). *Examining identity group equivalence of the Sexual Orientation Identity Development Scale among LGBTQ+ young adults*. Paper to be presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Sladek, M. R., & Chen, M. (2025, May). *Contextual socialization processes of LGBTQA+ youth's ethnic-racial, gender, and sexual orientation identity development*. Paper to be presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Baldeh, M., **Sladek, M. R.**, & Umaña-Taylor, A. J. (2025, May). *Examining associations between teachers' unequal treatment and students' ethnic-racial identity achievement and academic engagement*. Poster to be presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Tan, G. A., Safa, M. D., **Sladek, M. R.**, & Umaña-Taylor, A. J. (2025, May). *The role of family and school ethnoracial socialization on adolescents' biculturalism development*. Paper to be presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Safa, M. D., **Sladek, M. R.**, & Umaña-Taylor, A. J. (2025, May). *The protective role of biculturalism in the link between discrimination and psychosocial adjustment*. Paper to be presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Boaheng, P., Schmidt, C., Safa, M. D., **Sladek, M. R.**, & Umaña-Taylor, A. J. (conference paper under review). *The mediating role of biculturalism in the association between adolescent discrimination and psychosocial adjustment*.

Satterthwaite-Freiman, M., Umaña-Taylor, A. J., †Martinez-Fuentes, S. & **Sladek, M. R.** (2025, April). *Teachers' engagement in culturally sustaining practices during and after implementation of an ethnic-racial identity-based curriculum*. Paper to be presented at the annual meeting of the American Educational Research Association, Denver, CO.

Baldeh, M., Satterthwaite-Freiman, M., **Sladek, M. R.**, †Martinez-Fuentes, S., & Umaña-Taylor, A. J. (2025, April). *Exploring associations among teachers' culturally sustaining pedagogical practices and students' adjustment*. Paper to be presented at the annual meeting of the American Educational Research Association, Denver, CO.

Melgoza, M., **Sladek, M. R.**, Satterthwaite-Freiman, M., Baldeh, M., †Martinez-Fuentes, S., & Umaña-Taylor, A. J. (2025, April). *Impact of culturally sustaining pedagogy on school belonging for an ethnoracially diverse sample of U.S. youth*. Paper to be presented at the annual meeting of the American Educational Research Association, Denver, CO.

Salem, M. M., **Sladek, M. R.**, & Carvallo, M. (2024, Nov). "Critical Consciousness and Mental Health Outcomes: A Comparative Analysis of White and BIPOC LGBTQ+ Young Adults." *Resilience and Identity Study*. <https://doi.org/10.17605/OSF.IO/GA2BV>

Tan, G. A., Safa, M. D., **Sladek, M. R.**, & Umaña-Taylor, A. J. (2024, Sept). "Family Ethnic Socialization and School Cultural Socialization in Adolescents' Biculturalism Development." *My Life, My Identity (MLMI) Study*. <https://doi.org/10.17605/OSF.IO/BR4MP>

Sladek, M. R. (2024, Sept). "Sexual Orientation Identity Development Survey Measure Equivalence and Validity." *Resilience and Identity Study*. <https://doi.org/10.17605/OSF.IO/BTRVU>

Sladek, M. R., Safa, M. D., & Umaña-Taylor, A. J. (2023, Dec). "Adolescents' Everyday Ethnic-Racial Identity Exploration." *My Life, My Identity (MLMI) Study*. <https://doi.org/10.17605/OSF.IO/NKSA3>

Sladek, M. R., & Snyder, L. A. (2023, Feb). “Measuring Interracial Contact Attitudes Across Ethnic-Racial Groups.” *Career Development among College Students*.
<https://doi.org/10.17605/OSF.IO/AV2NS>

Sladek, M. R. (2023, Jan). “RI Study: Longitudinal Survey Design.” *Resilience and Identity Study*. <https://doi.org/10.17605/OSF.IO/5FYPC>

Umaña-Taylor, A. J., & **Sladek, M. R.** (2022, March). “E⁴R 2022 Pilot.” *Equipping Educators for Equity Through Ethnic-Racial Identity (E4R)*.
<https://doi.org/10.17605/OSF.IO/2ZKVP>

Sladek, M. R., Umaña-Taylor, A. J., Collier Villaume, S., & Adam, E. K. (2022, March). “Examining Ethnic-Racial Identity Intervention as a Buffer of Ethnic-Racial-Based Stress on Sleep.” *Biology, Identity, and Opportunity (BIO) Study*.
<https://doi.org/10.17605/OSF.IO/7KQRS>

Sladek, M. R., Safa, M. D., & Umaña-Taylor, A. J. (2022, Feb). “Changes in Adolescents’ Ethnic-Racial Identity.” *My Life, My Identity (MLMI) Study*.
<https://doi.org/10.17605/OSF.IO/W6NPC>

Published Abstracts, Book Chapters, and Other Work

Sladek, M. R., Engeln, R., & Salk, R. (in press). The Male Body Talk Scale (MBT). In G. Ramseyer Winter, T. Tylka, & A. Landor (Eds.), *Handbook of Body Image-Related Measures*.

Engeln, R., **Sladek, M. R.,** & Salk, R. (in press). The Negative Body Talk Scale (NBT). In G. Ramseyer Winter, T. Tylka, & A. Landor (Eds.), *Handbook of Body Image-Related Measures*.

Doane, L. D., **Sladek, M. R.,** Breitenstein, R. S., Park, H., Castro, S. A., & Kennedy, J. L. (2019). Cultural neurobiology and the family: Evidence from the daily lives of Latino adolescents. *Psychoneuroendocrinology Abstracts*, 100S, S60.
<https://doi.org/10.1016/j.psyneuen.2018.12.204>

Doane, L. D., **Sladek, M. R.,** & Adam, E. K. (2018). An introduction to cultural neurobiology: Evidence from physiological stress systems. In J. M. Causadias, E. H. Telzer, & N. A. Gonzales (Eds.), *The Handbook of Culture and Biology* (pp. 227-254). Hoboken, NJ: John Wiley & Sons, Inc.

Gonzales, N. A., Doane, L. D., **Sladek, M. R.,** Jenchura, E. J., & Kennedy, J. (2017). What influences college-going pathways for Latino high school students? The voices of Arizona students. Policy brief prepared for the Helios Education Foundation.
<https://www.helios.org/latest/briefs/what-influences-college-going-pathways-for-latino-high-school-students/>

Sladek, M. R. (2017, June). Qualitative and mixed methods research: Better understanding, better science. *Psychological Science Agenda – American Psychological Association*. <https://www.apa.org/science/about/psa/2017/06/qualitative-mixed-methods.aspx>

Sladek, M. R. (2016, Dec). Teaching your own course in graduate school: Advice for graduate students in search of teaching experience. *Psychological Science Agenda – American Psychological Association*. <https://www.apa.org/science/about/psa/2016/12/graduate-school.aspx>

Sladek, M. R., & Rovenpor, D. R. (2016, May). Ethics 101: From developing research questions to sharing findings. *Psychological Science Agenda – American Psychological Association*. <https://www.apa.org/science/about/psa/2016/05/ethics.aspx>

Invited Talks

Sladek, M. R. (2025, March). *LGBTQ+ Young Adults' Health and Identity: A Longitudinal Follow Up Study*. Dodge Family College of Arts and Sciences Research Fellow Symposium, OU.

Sladek, M. R. (2024, March). *LGBTQ+ Research and Methods Workshop*. LGBTQ Research & Engagement Collective, OU.

Sladek, M. R. (2024, March). *Centering Resilience in Health Research with LGBTQ+ Individuals*. Lumina Queer Student Alliance: LGBTQ+ Psychology Research Lunch & Learn, OU Health Sciences Center.

Sladek, M. R. (2024, Feb). *Ethnic-Racial Identity School-Based Intervention in Support of Reducing Negative Health Effects of Discrimination for Adolescents of Color*. Applied Social and Developmental Psychology Seminar, Department of Psychology, OU.

Sladek, M. R. (2024, Feb). *The Resilience and Identity Study: Advancing a Strengths-Based Identity-Affirming Approach to Studying LGBTQ+ Young Adult Resilience*. Developmental Psychology Colloquium, San Francisco State University.

Sladek, M. R. (2022, Nov). *Planning the Queer Resilience and Identity Study*. Social Seminar, Department of Psychology, OU.

Sladek, M. R. (2022, Feb). *Neurobiology of Stress During Adolescence*. Department of Educational Psychology, Texas A&M University.

Sladek, M. R. (2021-2022). *Adolescent Stress, Health, and Identity: Daily Diary, Experimental, and Longitudinal Approaches*.

(2021, Nov). Department of Comparative Human Development, The University of Chicago.

(2021, Nov). Department of Psychology, University of Oregon.

(2021, Nov). Department of Educational Psychology, University of Illinois, Urbana-Champaign.

(2022, Jan). Department of Psychology, OU.

(2022, Feb). Department of Human Development and Family Science, Purdue University.

(2022, Feb). Department of Psychology, Washington State University.

(2022, Feb). Department of Educational Psychology, Texas A&M University.

Sladek, M. R. (2021). *Cultural Contexts of Adolescent Stress Physiology, Health, and Identity: Daily Diary, Experimental, and Longitudinal Approaches.*

(2021, Feb). Department of Psychology, Loyola University Chicago.

(2021, March). Department of Human Development and Family Science, Purdue University.

(2021, May). Department of Psychology, Georgia State University.

Conference Presentations

*undergraduate student collaborator; graduate student collaborator

81. *Price, E., & **Sladek, M. R.** (2024, Sept). *The Contexts of Health, Adolescent Resilience, and Measuring Stress (CHARMS) Lab: LGBTQ+ Youth Resiliency and Identity.* Mentored undergraduate research experience presented at the Heartland Conference on Health Equity & Patient-Centered Care, Kansas City, KS.

80. **Sladek, M. R.** (Chair: 2024, June). *The Identity Project as a Lifespan Intervention: Supporting Positive Developmental and Behavioral Outcomes During Adolescence and Adulthood.* Paper symposium organized for the biennial meeting of the International Society for the Study of Behavioural Development, Lisbon, Portugal.

79. **Sladek, M. R.**, Safa, M. D., Umaña-Taylor, A. J., †Martinez-Fuentes, S., & Wantchekon, K. A. (2024, June). *A Daily Diary Approach to Examine Contextual Mechanisms of Adolescents' Everyday Ethnic-Racial Identity Exploration in the Identity Project.* Paper presented at the biennial meeting of the International Society for the Study of Behavioural Development, Lisbon, Portugal.

78. Safa, M. D., **Sladek, M. R.**, Umaña-Taylor, A. J., & Boaheng, P. (2024, June). *Intervening in Bicultural Identity Development.* Paper presented at the biennial meeting of the International Society for the Study of Behavioural Development, Lisbon, Portugal.

77. Satterthwaite-Freiman, M., Umaña-Taylor, A. J., †Martinez-Fuentes, S., & **Sladek, M. R.** (2024, May). *Adapting Observational Tools to Assess Culturally Sustaining Classroom Practices that Center Antiracism.* Poster presented at the Society for Research in Child Development Anti-Racist Developmental Science Summit, Panama City, Panama.

76. *Parker, K., & **Sladek, M. R.** (2024, April). *Centrality of Ethnic-Racial Identity and Sexual Orientation Identity Among LGBTQ+ Young Adults.* Poster presented at the annual Gabriel E. Gallardo Research, Student Leadership & Advocacy Symposium, Seattle, WA.

*Poster also selected for presentation at the Graduate and Undergraduate Research Conference, Norman, OK.

75. **Sladek, M. R.** (2024, April). “Constructing Queer Syllabi” panelist in *Queer Concerns: Key Issues in Sexual and Gender Minority Research* pre-conference at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
74. *Nhem, M. K., & **Sladek, M. R.** (2024, April). *Minority Stress and Resilience Among LGBTQ+ Young Adults: Associations Between Everyday Discrimination, Social Support, and Health Risk Behaviors*. Poster presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
*Poster also selected for presentation at the Graduate and Undergraduate Research Conference, Norman, OK.
73. *John, M., *Puerta, S., & **Sladek, M. R.** (2024, April). *Associations of Sexual Orientation Identity and Ethnic-Racial Identity Achievement with Self-Esteem Among LGBTQ+ Young Adults*. Poster presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
*Poster also selected for presentation at the Graduate and Undergraduate Research Conference, Norman, OK.
72. **Sladek, M. R.**, Umaña-Taylor, A. J., †Collier Villaume, S., & Adam, E. K. (2024, April). *Ethnic-Racial Identity Intervention as a Buffer of the Impacts of Ethnic-Racial Discrimination on Adolescents’ Sleep*. Paper presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
71. Sasser, J., **Sladek, M. R.**, Aguilar, K., Park, H., & Doane, L. D. (2024, April). *Bicultural Stress Experiences across Latino Adolescents’ Transition to College: A Daily Diary, Latent Difference Score Modeling Approach*. Paper presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL.
70. Safa, M. D., **Sladek, M. R.**, & Umaña-Taylor, A. J. (2024, April). *Adolescent Experiences of Biculturalism: Development and Validation of the Bicultural Identity Integration Scale for Adolescents (BIIS-A)*. Paper presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL, U.S.
69. Safa, M. D., **Sladek, M. R.**, Umaña-Taylor, A. J., & Boaheng, P. (2024, April). *Adolescent Experiences of Biculturalism: Development and Validation of the Bicultural Facility Scale for Adolescents (BFS-A)*. Poster presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL, U.S.
68. Umaña-Taylor, A. J., **Sladek, M. R.**, & Safa, M. D. (2023, August). *Teachers’ Implementation of the Identity Project is Associated with Increases in Students’ Ethnic-Racial Identity Exploration*. Paper presented at the European Conference on Developmental Psychology, Turku, Finland.

67. **Sladek, M. R.** (Chair: 2023, April). *Ethnic-Racial Processes as a Form of Resilience: Linking Adolescents' Ethnic-Racial Identity, Socialization, and Discrimination Experiences with Health and Adjustment*. Paper symposium organized for the annual meeting of the Society for Research on Adolescence, San Diego, CA.
66. **Sladek, M. R.** (Chair: 2023, April). *Using Qualitative and Mixed-Methods Approaches to Surface Underexamined Developmental Processes across Contexts*. Paper symposium organized for the annual meeting of the Society for Research on Adolescence, San Diego, CA.
65. **Sladek, M. R., Gusman, M., & Doane, L. D.** (2023, April). *Ethnic-Racial Identity Developmental Trajectories Across the Transition to College*. Paper presented at the annual meeting of the Society for Research on Adolescence, San Diego, CA.
64. **Sladek, M. R., Martinez-Fuentes, S., Wantchekon, K. A., Aguilar, G., & Umaña-Taylor, A. J.** (2023, April). *Ethnic-Racial Discrimination, Identity, and Outgroup Contact in Context: A Systematic Review of Experience Sampling Studies*. Paper presented at the annual meeting of the Society for Research on Adolescence, San Diego, CA.
63. **Sladek, M. R.** (Moderator: 2023, April). Flash Talk Session. Organized for the annual meeting of the Society for Research on Adolescence, San Diego, CA.
62. *Ramirez, I., & **Sladek, M. R.** (2023, April). *Links Between Moral Identity and Self-Preservation: Implications for Blame Allocation*. Poster presented at the Graduate and Undergraduate Research Conference, Norman, OK.
61. **Sladek, M. R., Ison, A., Martinez-Fuentes, S., Mason, P., Neville, H., Park, Y., Safa, M. D., Satterthwaite-Freiman, M., Shed, E., Wantchekon, K., & Umaña-Taylor, A. J.** (2022, June). *Promoting Teachers' Ethnic-Racial Identity Development: The Identity Project Curriculum as a Lever for Change*. Paper presented at the biennial meeting of the International Society for the Study of Behavioural Development, Island of Rhodes, Greece.
60. **Sladek, M. R.** (Chair; 2022, June). *Adolescent Ethnic-Racial Identity Development Across Global Cultural Contexts*. Paper symposium organized for the biennial meeting of the International Society for the Study of Behavioural Development, Island of Rhodes, Greece.
59. Umaña-Taylor A. J., **Sladek M. R.**, Uribe Tirado L. M., & Tilano Vega L. M. (2022, June). *Testing a Developmental Process Model of Ethnic-Racial Identity, Personal Identity Cohesion, and Adjustment Among Colombian Adolescents*. Paper presented at the biennial meeting of the International Society for the Study of Behavioural Development, Island of Rhodes, Greece.
58. **Sladek, M. R., Castro, S. A., & Doane, L. D.** (2022, May). *Latino Adolescents'*

Experiences of Ethnic-Racial Discrimination and Physiological Stress Reactivity Across College Transition. Paper presented at the Construction of the ‘Other’: Development, Consequences, and Applied Implications of Prejudice and Discrimination meeting of the Society for Research in Child Development, Rio Grande, Puerto Rico.

57. Satterthwaite-Freiman, M., Martinez-Fuentes, S., **Sladek, M. R.**, Rivas-Drake, D., & Umaña-Taylor, A. J. (2022, March). *Testing Measurement Invariance of the Familial Ethnic Socialization Measure Across Ethno-Racially Diverse Adolescents*. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA.
56. Jones, S. M., Umaña-Taylor, A. J., **Sladek, M. R.**, McDermott, E.R., & Rivas-Drake, D. (2022, February). *The Moderating Role of Ethnic-Racial Identity for the Association Between Discrimination, Coping and Adjustment Among Adolescents of Color*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
55. **Sladek, M. R.** (Chair; 2021, April). *Social Contexts of Adolescents’ Ethnic-Racial Identity Development: Advancing Multiple Methodological Approaches*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Virtual.
54. **Sladek, M. R.**, Umaña-Taylor, A. J., Hardesty, J., Aguilar, G., Bates, D., Gomez, E., Hur, C., Jones, S., Luo, H., Freiman, M., & Vázquez, M. (2021, April). “*So, Like, It’s All a Mix of One*”: *Intersecting Contexts of Adolescents’ Ethnic-Racial Socialization*. Paper presented at the biennial meeting of the Society for Research in Child Development, Virtual.
53. **Sladek, M. R.** (Moderator; 2021, April). *For Postdoc Hopefuls: Insights From the NSF Social, Behavioral, and Economic Sciences Postdoctoral Research Fellowship*. Professional development session organized for the biennial meeting of the Society for Research in Child Development, Virtual.
52. Aguilar, G., Umaña-Taylor, A. J., Wantchekon, K., McDermott, E. R., **Sladek, M. R.**, Uribe Tirado L. M., & Tilano Vega L. M. (2021, April). *Associations between Ethnic-Racial Identity, Discrimination Experiences, and Academic Adjustment among Colombian Adolescents*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
51. Ison, A., **Sladek, M. R.**, Luo, H., Jones, S., Freiman, M., & Umaña-Taylor, A. J. (2021, April). *Coming Into Focus: Mixed-Methods Analysis of Family Ethnic Socialization and White Adolescents’ Ethnic-Racial Identity Development*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
50. Jones, S., Umaña-Taylor, A. J., McDermott, E. R., **Sladek, M. R.**, & Rivas-Drake, D. (2021,

- April). *Latent Profile Analysis of Minority Teen Ethnic-Racial Identity Moderation of Discrimination, Coping Strategies and Adjustment*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
49. Jones, S., **Sladek, M. R.**, Umaña-Taylor, A. J., Uribe Tirado L. M., & Tilano Vega L. M. (2021, April). *Cross-Cultural Assessment: Examining Academic Engagement Measurement Equivalence Among Adolescents in Colombia and the United States*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
48. Freiman, M., Umaña-Taylor, A. J., **Sladek, M. R.**, & Rivas-Drake, D. (2021, April). *Negative Racial Affect Predicts Intergroup Contact Attitudes Among White Youth: Variation by Ethnic-Racial Identity Centrality*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
47. **Sladek, M. R.** (Chair; 2021, March). *Cortisol Responses to Psychosocial Stress Among Ethno-Racially Diverse Adolescents and Young Adults in College*. Paper symposium organized for the biennial meeting of the Society for Research on Adolescence, Virtual.
46. **Sladek, M. R.**, Doane, L. D., Luecken, L. J., Gonzales, N. A., & Grimm, K. J. (2021, March). *Cultural Match or Mismatch? Latinx College Students' Cortisol and Affective Responses to Psychosocial Stress*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Virtual.
45. **Sladek, M. R.**, Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., & Updegraff, K. A. (2020, May). *It Works! But For Whom? Using Daily Diaries to Explore Moderators and Outcomes of an Ethnic-Racial Identity Intervention*. Paper presentation accepted by the Construction of the 'Other': Development, Consequences, and Applied Implications of Prejudice and Discrimination meeting of the Society for Research in Child Development, Rio Grande, Puerto Rico. (Conference canceled).
44. Spang, M. B., McDermott, E. R., **Sladek, M. R.**, Umaña-Taylor, A. J. (2020, March). *Adolescent Mental Health: Ethnic-Racial Discrimination Associated with Comorbid Depressive and Anxiety Symptoms*. Poster presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA (Conference canceled).
43. Lecarie, E., **Sladek, M. R.**, Gusman, M., Doane, L. D. (2020, March). *Academic Stress, Sleep, and the Role of School Belonging Among Latino Adolescents*. Paper presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
42. Anderson, S., **Sladek, M. R.**, & Doane, L. D. (2020, March). *Latinx Adolescents' Affect Reactivity to Stress and Depressive Symptoms Across the College Transition: Buffering by Family Support*. Paper presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)

41. Wantchekon, K. A., Umaña-Taylor, A. J., **Sladek, M. R.**, McDermott, E. R., & Updegraff, K. A. (2020, March). *Ethnic-Racial Identity (ERI) Centrality Moderates Effect of School-based ERI Intervention on Adolescent ERI Development*. Poster presentation accepted by the biennial meeting of the Society for Research on Adolescence, San Diego, CA. (Conference canceled)
40. **Sladek, M. R.**, Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., & Updegraff, K. A. (2019, May). *Family Ethnic Socialization and Ethnic-Racial Background Moderate Effects of Ethnic-Racial Identity Intervention at 1-Year Follow Up*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
39. Aguilar, G., Umaña-Taylor, A. J., Wantchekon, K. A., McDermott, E. R., **Sladek, M. R.**, Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Institutional and Peer Discrimination Predict Colombian Adolescents' Academic Adjustment and Ethnic-Racial Identity Serves as a Risk-Enhancer*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
38. Ison, A., Vázquez, M., Wantchekon, K. A., Umaña-Taylor, A. J., **Sladek, M. R.**, McDermott, E. R., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Influence of Ethnic-Racial Identity Achievement and Socioeconomic Status on Colombian Adolescents' Academic Adjustment*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
37. Martinez-Fuentes, S., **Sladek, M. R.**, Umaña-Taylor, A. J., McDermott, E. R., Wantchekon, K. A., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Colombian Adolescents' Personal Identity Cohesion Mediates Associations Between National Identity Resolution and Academic Adjustment*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
36. Murray, S., Umaña-Taylor, A. J., McDermott, E. R., **Sladek, M. R.**, Wantchekon, K. A., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Examining the Association between Skin Tone and Ethnic-Racial Identity among Colombian Adolescents*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
35. Oh, G., Spang, M. B., **Sladek, M. R.**, Umaña-Taylor, A. J., McDermott, E. R., Wantchekon, K. A., Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Risk and Resilience Among Colombian Youth: Ethnic-Racial Discrimination and Ethnic-Racial Identity Are Associated with Colombian Adolescents' Psychosocial Adjustment*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
34. Rojas, M. J., Puri, S., McDermott, E. R., Umaña-Taylor, A. J., Wantchekon, K. A., **Sladek, M. R.**, Uribe Tirado, L. M., & Tilano Vega, L. M. (2019, May). *Attitudes about Socioeconomic Hierarchies and Intergroup Interaction among Colombian Adolescents*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

33. McDermott, E. R., & **Sladek, M. R.** (Chair; 2019, March). “*What’s Measurement Got to Do with It?*” *Testing Ethnic-Racial Equivalence of Identity-Related Measures*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
32. **Sladek, M. R.**, Umaña-Taylor, A. J., Rivas-Drake, D., McDermott, E. R., & Martinez-Fuentes, S. (2019, March). *Comparing Apples to Oranges? Mixed Support for Ethnic-Racial Equivalence of Ethnic-Racial Identity and Related Measures*. Paper presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
31. **Sladek, M. R.** (Chair; 2019, March). *Latina(o) Adolescents’ Cortisol Responses to Psychosocial Stress: Experimental and Field Approaches*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
30. **Sladek, M. R.**, Doane, L. D., Gonzales, N. A., Grimm, K. J., & Luecken, L. J. (2019, March). *Latino Adolescents’ Cultural Values Moderate Cortisol Responses to Everyday Stress*. Paper presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
29. Doane, L. D., **Sladek, M. R.**, Breitenstein, R. S., Park, H., Castro, S. C., & Kennedy, J. L. (2018, September). *Cultural Neurobiology and the Family: Evidence from the Daily Lives of Latino Adolescents*. Paper presented at the annual meeting of the International Society of Psychoneuroendocrinology, Irvine, CA.
28. **Sladek, M. R.** (Chair; 2018, April). *Daily Diaries and Sleep Assessment in Adolescence and Young Adulthood: Context Matters*. Paper symposium organized for the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
27. **Sladek, M. R.**, & Doane, L. D. (2018, April). *Daily Bicultural Stress and Actigraph-Measured Sleep Among Latino Late Adolescents*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
26. **Sladek, M. R.**, & Doane, L. D. (2018, April). *Young Adults’ Daily Psychological Stress Responses and Diurnal Cortisol Patterns*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
25. **Sladek, M. R.**, Engeln, R., & Salk, R. H. (2017, June). *Using Fat Talk Measures with Ethnically Diverse Female and Male College Students: Measurement Equivalence and Contributions to Eating Disordered Attitudes and Behaviors*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

24. **Sladek, M. R.** (Chair; 2017, April). *Underrepresented: Factors that Encourage and Undermine Educational Pathways for Racial/Ethnic Minority and Low-Income Students*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Austin, TX.
23. Jenchura, E. C., **Sladek, M. R.**, Doane, L. D., & Gonzales, N. A. (2017, April). *Cultural Influences on Latino High School Students' College-Going Pathways*. Paper presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
22. **Sladek, M. R.**, Breitenstein, R. S., & Doane, L. D. (2017, April). *Individual and Day-to-Day Differences in Psychological Responses to Stress Predict Sleep in Young Adulthood*. Paper presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
21. *Buzzetta Torres, I., Gonzales, N. A., Jenchura, E. C., **Sladek, M. R.**, & Doane, L. D. (2017, April). *How Schools Can Better Support Latino High School Students to Prepare for College*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
20. *Moga, R., Breitenstein, R. S., **Sladek, M. R.**, & Doane, L. D. (2017, April). *Assessing Loneliness and Objective Sleep Parameters in Emerging Adulthood Using Electronic Daily Diary Reports and Actigraphy*. Poster presented at the biennial meeting of the Society for Research in Child Development, Austin, TX.
19. **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2016, November). *Daily Physiological Stress Processes Among Early Adolescent Girls: Relation to Day-to-Day and Individual Differences in Coping*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
18. **Sladek, M. R.**, *King, J. M., Menary, K. R., Corbin, W. R., & Doane, L. D. (2016, May). *A Multi-Method Approach to Assess Alcohol Use: Timeline Followback Interviews and Smartphone Daily Diaries*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
17. **Sladek, M. R.**, Engeln, R., & Salk, R. H. (2016, May). *Evidence for Measurement Equivalence of Fat Talk Measures across White, Latino/a, and Asian College Students*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
16. Tavernier, R., Heissel, J., **Sladek, M. R.**, Grant, K., & Adam, E. K. (2016, May). *Time Spent Using Technology and In-Person with Friends and Family Predict Objective Sleep Outcomes Among Adolescents*. Paper presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
15. **Sladek, M. R.** (Chair; 2016, April). *Naturalistic Approaches to Examine Diurnal Cortisol*

Activity and Adaptation to Stress in the Daily Lives of Adolescents. Paper symposium organized for the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.

14. **Sladek, M. R.**, Doane, L. D., & Stroud, C. B. (2016, April). *Individual and Day-to-Day Differences in Coping Predict Diurnal Cortisol Patterns among Adolescent Girls*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD.
13. **Sladek, M. R.**, & Doane, L. D. (Chair; 2015, March). *Using Daily Diary Methods to Assess Coping Responses to Stress Among Children, Adolescents, and Parents in Diverse Contexts*. Paper symposium organized for the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
12. **Sladek, M. R.**, & Doane, L. D. (2015, March). *Naturalistic Assessment of Daily Emotions, Coping Responses, and Cortisol Reactivity Among Adolescents in the College Context*. Paper presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
11. *King, J., **Sladek, M. R.**, Van Lenten, S. A., Breitenstein, R. S., & Doane, L. D. (2015, March). *Investigating Emerging Adults' Perceptions of Stress and Interpersonal Connections Using Smartphone Daily Diary Reports*. Poster presented at the biennial meeting of the Society for Research in Child Development, Philadelphia, PA.
10. **Sladek, M. R.**, & Doane, L. D. (2014, September). *Daily Diary Reports of Social Connection, Objective Sleep, and Diurnal Cortisol Activity During Adolescents' First Year of College*. Poster presented at the Developmental Methodology special topics meeting of the Society for Research in Child Development, San Diego, CA.
9. **Sladek, M. R.**, & Doane, L. D. (2014, May). *Ethnicity and Parent Education Moderate Stress and Coping among College Students*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
8. *Angleman, M. R., *Rudd, K. R., **Sladek, M. R.**, & Doane, L. D. (2014, May). *Peer Support Moderates Negative Affect and Salivary Alpha-Amylase Across College Transition*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
7. *Scott, K. M., Engeln, R., Doyle, D. M., & **Sladek, M. R.** (2014, May). *The Impact of Dance Style on Objectification and Eating Disorders*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.
6. **Sladek, M. R.**, & Engeln, R. (2013, May). *Convergent, Discriminant, and Factorial Validity of the Male Body Talk Scale*. Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.

5. **Sladek, M. R.,** & Engeln, R. (2013, May). *Constructing the Male Body Talk Scale: A Psychometric Investigation*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, IL.
4. *Frost, A., Hoyt, L. T., Saeed, S., **Sladek, M. R.**, *Jones, S. F., *Black, S. L., Mirous, H., *Rosenberg, D., & Adam, E. K. (2013, April). *Daily Life with Depressive Symptoms: Gender Differences in Everyday Emotional and Interpersonal Experiences*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
3. Saeed, S., *Black, S. B., *Frost, A., Hoyt, L. T., *Jones, S. F., McQuillan, M., Mirous, H., *Rosenberg, D., Alexander, K., **Sladek, M. R.**, & Adam, E. K. (2013, April). *Behind the Screen: Exploring Predictors of Social and Work-Related Screen Use during Adolescence*. Poster presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
2. **Sladek, M. R.,** & Engeln-Maddox, R. (2012, May). *Mood Affects Frequency of Negative Body Talk in College Women*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.
1. **Sladek, M. R.,** *Waldron, H., & Engeln-Maddox, R. (2012, May). *Negative Body Talk in College Men: Frequency, Content and Correlates*. Poster presented at the annual meeting of the Midwestern Psychology Association, Chicago, IL.

Teaching and Mentoring

The University of Oklahoma (2022-present)

Courses taught in-person as Instructor of Record at the undergraduate level, unless otherwise specified.

PSY 2603 Lifespan Development
 PSY 2603 Lifespan Development (online)
 PSY 3440 Mentored Research Experience
 PSY 3980 and WGS 3980 Honors Research
 PSY 4910 Instructional Aides (mentoring teaching assistants)
 PSY 6443 Stress, Health, and Identity (grad level)
 PSY 6423 LGBTQ+ Psychology (grad level)

Mentoring Postdoctoral Research

(advising on study design, analysis, and professional development):

<i>University of Arizona</i>	<i>Stanford University</i>	<i>University of Chicago</i>	<i>Northwestern University</i>
Stefanie Martinez-Fuentes	Gladys Aguilar	Yerin Park	Sarah Collier Villaume

Graduate Student Committees:

Destiny Gayle, Doctoral. General Exams in progress.

Will Curth, Doctoral: Passed General Exams Nov 2023.

Raechel Sanger, Master's Thesis. "The Lagged Impact of Work-Family Conflict and Family-Supportive Work Environments on Burnout in Early Career Employees." Passed Defense October 2024.

Destiny Gayle, Master's Thesis: "Reality Television Viewing and Peer-Directed Relational Aggression in Emerging Adulthood." Passed Defense April 2024.

Braden Bellar, Master's Capstone for OU Tulsa Organizational Dynamics: "LGBTQ+ Social Spaces: An Investigation of Employee Attendance Attitudes, Perceptions, and Behaviors" Passed Defense April 2024.

Mentoring Graduate Student Research

(advising on study design, analysis, and professional development):

The University of Oklahoma
Asser Salem

Harvard University

Megan Satterthwaite-Freiman

Shandra Jones

Melina Melgoza

Mamfatou Baldeh

Ariel Tan

Arizona State University

Karen Aguilar

University of Houston

Nema Kebbeh

Mentoring Undergraduate McNair Scholars (program supporting underrepresented students pursuing STEM graduate training):

Elena Price (2024): "LGBTQ+ Youth Resiliency and Identity"

Katrina Parker (2024): "Centrality of Ethnic-Racial Identity and Sexual Orientation Identity Among LGBTQ+ Young Adults"

Mentoring Undergraduate Honors Student Research:

Wesley Russell (2025): "Gender Identity Processes in Relation to Depressive Symptoms Among Gender Expansive Queer Young Adults"

Kian Abdi (2025): "The Association Between Everyday Discrimination, Anxiety, and Romantic Relationship Satisfaction Among LGBTQIA+ Young Adults"

Sawyer Paris (2024): "The Association Between Minority Stress, Sleep Health, and Mental Well-Being Among Individuals with Minoritized Sexual and Gender Identities"

Mia John: "Social Media and Ethnic-Racial Socialization" (2023) and "Unpacking the Association Between Sexual Orientation and Ethnic-Racial Identity Achievement with Psychological Wellness" (2024)

Mentoring Undergraduate Student Research:

Lydia Bodi	Anthony Nguyen	Ximena Valle Valdez	McKenna Nhem
Mariano Gonzalez	Ivan Ramirez	Mahelia Hooks	
Tanner Hoffman	Nayely Rangel	Delaney Fulp	
L'eric Houston	Olivia Sorensen	Sebastian Puerta	

Mentoring Undergraduate Instructional Aides (TAs):

Madeleine Purcell	Tanner Hoffman	Sofia Rodriguez	Gracie Swenson
Lydia Bodi			

Harvard University (2018-2022)

Courses taught in-person as Instructor of Record at the graduate level, unless otherwise specified.

"Team Teaching" = Collaborative effort with Instructor of Record.

H206 Developmental Theories of Change (Guest Lecture)

S430 Research Practicum (Team Teaching)

Foundations Course, How People Learn: Identity Unit (Curriculum Development, online)

S523Y and S524Y Research Practicum (Team Teaching)

S999 Research Independent Study (Team Teaching)

H641Y and H642Y Research Practicum (Team Teaching, online)

T0006M Adolescent Development

H650 Research-Practice Practicum (Curriculum Development, Team Teaching)

Advising Ph.D. Student Research (Harvard, unless otherwise specified):

Gladys Aguilar	Kristia Wantchekon
Ashley Ison	Stefanie Martinez-Fuentes (ASU)
Shandra Jones	Emma Lecarie (ASU)
Megan Satterthwaite-Freiman	Michaela Gusman (ASU)
Swati Puri	Jerri Sasser (ASU)
Michael Ángel Vásquez	Ethan Trinh (Georgia State University)
Yerin Park (Tufts University)	Sarah Collier Villaume (Northwestern University)

Advising Master's Student Research:

David Bates	Sonrisa Murray
Maggie Christakos	Grace Oh
Julia Desmarais	Maria Juliana Rojas
Elisa Gomez	Mary Beth Spang
Connie Hur	Michael Ángel Vásquez
Elaine Luo	Eleanor Yi

Arizona State University (2016-2018)

Courses taught in-person as Instructor of Record at the undergraduate level, unless otherwise specified.

PSY 230 Introduction to Statistics (TA, Guest Lectures)

PSY 290 Research Methods in Psychology (Guest Lecture)

PSY 341 Developmental Psychology

PSY 498 Self-Regulation and Development (Guest Lecture)

PSYN 245 Grant Writing/Professional Development (Guest Lecture, grad level)

Advising Undergraduate Student Research:

Matthew Angleman

Radu Moga

Jennifer King

Kristen Rudd

Sydney-Paige Komarnisky

Ibelis Buzzetta Torres

Service

Professional Memberships

- Society for Research in Child Development (SRCD)
 - Sexual Orientation and Gender Identity/Expression (SOGIE) Caucus
 - Latinx Caucus
- Society for Research on Adolescence (SRA)
- American Psychological Association (APA)

Consulting Editor

Journal of Research on Adolescence (2025-present)

Child Development (2023-present)

Cultural Diversity and Ethnic Minority Psychology (2021-present)

Journal of Youth and Adolescence (2020-present)

Ad Hoc Reviewer

American Psychologist

Journal of Adolescent Health

Body Image

Journal of Clinical Child & Adolescent Psychology

Clinical Psychological Science

Journal of Community & Applied Social Psychology

Developmental Psychobiology

Psychoneuroendocrinology

Developmental Psychology

Psychology of Women Quarterly

Professional Service

- SRCD SOGIE Caucus, Secretary, 2025-present
- SRCD SOGIE Caucus Mentorship Program, 2024-present
- RainbOK LGBTQ+ research collective, 2023-present
- Invited Panelist, “Demystifying Postdoc Panel,” SRCD Latinx Caucus, 2025
- SRCD Latinx Caucus Publications and Communications committee, 2022-2024
- National Science Foundation Developmental Sciences Program, grant reviewer, 2023
- Data and Safety Monitoring Board for NIMH R21MH124902-01, 2022-2023
- SRA meeting reviewer, Cultural, Inequality, and Intersectionality, 2023
- SRA Review Panel co-chair: Cultural, Inequality, and Intersectionality, 2022-2023
- SRCD SOGIE Caucus Programming Committee, 2021-2023
- SRA meeting reviewer, Biological and Neurological Mechanism panel, 2019-2021
- SRCD Small Grants Program for Early Career Scholars, reviewer, 2019-2022
- SRCD biennial meeting reviewer, Race/Ethnicity/Culture/Context panel, 2020
- APA LGBTQ+ Mentoring Program, 2019-2020

- APA Science Student Council, 2015-2018
- APS Student Caucus, grant reviewer, 2014-2015

Department and University Service

- Search Committee Member, Industrial/Organizational Psychology Tenure-Track Assistant Professor, Department of Psychology, 2024-present
- Undergraduate Studies Committee, Department of Psychology, OU, 2023-present
- PSY 3114 Research Methods faculty judge for student poster presentations, OU, 2022-present
- Web/Social Media Committee, Department of Psychology, OU, 2022-present
- Faculty Representative for Applied Social and Developmental Psychology PhD Program, Department of Psychology Virtual Open House, 2024
- Invited Panelist, “Navigating the Academic Job Market Panel” for OU PhD students, 2024
- Search Committee Member, Faculty Professional Development Specialist, OU Center for Faculty Excellence, 2024
- LGBTQ Research & Engagement Collective, faculty participant for Networking 101 event, OU, 2024
- LGBTQ+ Mentoring Program, OU Gender + Equality Center, 2022-2024
- Alumni Admission Council, Northwestern, 2014-2019
- Mentor Circle Coordinator, Northwestern Alumni Association, 2019
- National Collegiate Research Conference, poster session judge, Harvard, 2019
- Graduate Fellowships for STEM Info Session, panelist, ASU, 2018
- Graduate and Professional Student Association, grant/award reviewer, ASU, 2014-2017
- “Writing a Successful Pre-Doctoral NSF Grant” panel, ASU, 2014-2017
- Diversity and Inclusion Science Initiative Graduate Research Conference reviewer, ASU, 2017
- Early Start Psychology Orientation for Undergraduate Students, lab tours, ASU, 2017
- Teaching Assistant/Associate Development Orientation, presenter, ASU, 2017 spring and fall
- Graduate and Professional Student Association Travel Grant Info Session, panelist, ASU, 2016
- Psi Chi “Road to Graduate School” panelist, ASU, 2014-2016
- Shades Multicultural Peer Mentoring Program, peer mentor, ASU, 2014-2016
- Developmental Psychology area student admissions liaison, ASU, 2015
- Graduate Studies Committee, Developmental area student representative, ASU, 2014-2015
- Graduate Education National Graduate Fellowship Info Session, panelist, ASU, 2014
- Undergraduate Psychology Association Vice President, Northwestern, 2012-2013

Community Engagement and Presentations

“Resilience and Identity Study Participant Newsletter.” (March 2025). Elena Price, Wesley Russell, L’eric Houston, Kian Abdi, McKenna Nhem, Katrina Parker, Mona Salem, Sebastian Puerta, Mia John, and **Michael Sladek**. Report summarizing study updates and research findings to longitudinal participant sample.

“The University of Oklahoma, Dodge Family College of Arts and Sciences, Department of Psychology Newsletter.” (2023-2025). Catherine Bain, **Michael Sladek**, and Eric Day. Biannual research and awards updates to alumni featuring faculty, staff, graduate students, and undergraduate students. Spring 2023, Fall 2023, Spring 2024, Fall 2024, Spring 2025.

“Equipping Educators for Equity Through Ethnic-Racial Identity.” Co-Facilitators: Adriana Umaña-Taylor and **Michael Sladek**. 32-Hour professional development program supporting in-service high school teachers. Implementations: June 2020; Sept-Nov 2020; May-June 2021; May-June 2022 (online); July-Aug 2022.

“My Life, My Identity: A Project of the Adolescent Ethnic-Racial Identity Development Lab” (June 15, 2022). M. Dalal Safa, Julia Desmarais, **Michael Sladek**, and Adriana Umaña-Taylor. Report presented to educators and school leadership, Cambridge, MA: Harvard University.

“School-Based Intervention Research.” (December 13, 2021). **Michael Sladek** (Moderator). Panel discussion organized for the Society for Research in Child Development Sexual Orientation and Gender Identity and Expression (SOGIE) Caucus Community Meeting. Panelists: Paul Poteat and Sarah Rosenbach.

“La Identidad y el Desarrollo Positivo de Jóvenes” [Identity and Positive Youth Development]. (October 28 – November 9, 2018). Adriana Umaña-Taylor, **Michael Sladek**, Luz Magnolia Tilano, and Liliana Uribe. Reports presented to 6 school administrators, Medellín, Colombia.

“Latino College Going Pathways: Sources of Influences.” (September 9, 2016). Nancy Gonzales, Leah Doane, **Michael Sladek**, Emily Jenchura, and Jennifer Kennedy. Presented to the Helios Education Foundation Board of Directors. Scottsdale, AZ.

Staff meetings with offices of Congresswoman Kyrsten Sinema (D-AZ-9) and Senator John McCain (R-AZ). (April 21, 2016). American Psychological Association’s *Stand for Science* campaign to advocate for sustainable federal funding for social science research.

Media Coverage

“SRCED Celebrates Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ+) Pride Month 2023” (July 5, 2023). *Society for Research in Child Development*. <https://www.srcd.org/news/srcd-celebrates-lesbian-gay-bisexual-transgender-queer-lgbtq-pride-month-2023>

“Member Spotlight: Michael Sladek, Ph.D.” (June 7, 2023). *Society for Research in Child Development*. <https://www.srcd.org/news/member-spotlight-michael-sladek-phd>

“ASU psychology graduate student wins American Psychological Association dissertation award” by Kimberlee D’Ardenne (May 30, 2018). *ASU Now*. <https://asunow.asu.edu/20180530-asu-psychology-graduate-student-wins-american-psychological-association-dissertation-award>

“Masculinity: Men’s makeover” by Kelly Rae Chi. (October 7, 2015). *Nature.com*. http://www.nature.com/nature/journal/v526/n7572_suppl/full/526S12a.html

“From the Look of It: How Women Speak About Weight and Looks” (May 29, 2013). *The Today Show*. <http://www.today.com/health/my-butt-so-huge-fat-talk-common-harmful-6C10109738>

“Fat Talk Compels but Carries a Cost” by Jan Hoffman. (May, 2013). *The New York Times*. <http://well.blogs.nytimes.com/2013/05/27/fat-talk-compels-but-carries-a-cost/>