

LaTrina Washington, Ph.D., LPC-S

Lecturer, Clinical Coordinator,
Practicum & Internship Advisor,
Clinical Mental Health Counseling
Department of Human Relations
University of Oklahoma; Department of Human Relations
601 Elm St.; PHSC 701
Norman, OK 73130
Lwashington@ou.edu

Professional License

Licensed Professional Counselor (Oklahoma LPC License #7225)
Licensed Professional Counselor Supervisor

Education

Doctor of Philosophy (December 2023)
Counseling Education and Supervision
Hampton University
Dissertation: "The Effects of Parental Substance on Young Adults Reflecting on Childhood Experiences"
Chair: Dr. Nicholas Spears, Ph.D.

Master of Science (August 2014)
Human Relations
University of Oklahoma

Bachelor of Science (October 2012)
Business Management
University of Phoenix

Professional Experience

The University of Oklahoma (Norman Campus, Weekend)
Lecturer, Faculty Advisor, Clinical Coordinator, Practicum/Internship Advisor
Department of Human Relations Clinical Mental Health Counseling
March 2024- Present

Teaching Experience

Adolescents and Family- University of Oklahoma
LPC Supervision- University of Oklahoma
Assessment & Evaluation- University of Oklahoma
Group Counseling- University of Oklahoma, Hampton University (Teaching Assistant)

Additional Professional Experience

988 Initiation to the State of Oklahoma
Writing home studies for Saint Francis Adoption and Foster Families.
Infant Mental Health Training
Circle of Security
Dialectic Behavioral Health Training
EMDR
Trauma Focused Therapy

University of Oklahoma, Norman, Oklahoma
Adjunct Professor (January 2020- May 2021)

Positive Steps LLC, Midwest City, Oklahoma
President August 2012

North Care, Oklahoma City, Oklahoma
Crisis Therapist (May 2022- October 2023)
988 Initial therapist for the state of Oklahoma (July 2022)

Leidos/Blue Rose/ SRI,
Military Family Life Counselor (May 2020- April 2023)
Tinker Air Force Base, Midwest City, Oklahoma

Metro Family Therapy (2018-2023)

Red Rock Behavioral Health (2019-2020)

Oakwood Springs (2017)

Red River Youth Services (2015-2017)

St. Francis Adoption Foster Agency
Home Study/ Evaluator (August 2016- September 2017)

Deep Thoughts and Wellness, Spencer, Oklahoma
Counselor/ Lead (August 2015- March 2020)

Above All Behavioral Health, Midwest City, Oklahoma
Therapist (2014- 2017)

Above All Behavioral Health, Midwest City, Oklahoma
Rehab Specialist/ Behavioral Health Specialist (2012- 2014)

Next Step Counseling, Oklahoma City, Oklahoma
Therapist (2014- 2015)
Rehab Specialist (2012- 2014)

Honors and Awards

Golden Key National Honors Society 2022

Professional Membership

American Counseling Association, Oklahoma Counseling Association, Member of the Oklahoma Counseling Association, American Mental Health Counselors Association, Association for Counselor Education and Supervision

Professional Presentations

June 2024, Washington, Ph.D., LaTrina. *Faith & Mental Health*. Panelist at Hillwood Missionary Baptist Church, Pastor Arthur Raney Jr. Spencer, Oklahoma.

April 2024, Washington, Ph.D., LaTrina. *Iron Sharpens Iron Mental Health*. Panelist at Grinmore Store in Oklahoma City, Oklahoma.

January 2022. Washington Ph.D., LaTrina. “*Where do we go from here?*” Keynote Speaker, Women of Color, Soul Conference, University of Oklahoma, Norman, Oklahoma.

Volunteer

University of Oklahoma Black Alumni Society- (OUBAS OKC/Norman) Board Member

Millwood Enrichment Foundation – Board member

Oklahoma Counseling Association

Susan G. Komen for the Cure

Withrow Leadership Scholars Alumni Mentoring Program

Oklahoma Youth Literacy Program

True Vine Christian Academy