

# **Linda Barnum, PhD, Assistant Professor**

University of Oklahoma-Schusterman Center

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## **PROFESSIONAL EXPERIENCE**

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### **Assistant Professor of Human Relations**

**2019 - Present**

*University of Oklahoma, Department of Human Relations, Tulsa, OK.* Responsibilities include instructor for core curriculum graduate courses and electives. Internship supervision, and faculty advisor in the Clinical Mental Health program (CMHC) Dodge Family College of Arts & Sciences Graduate College OU-Tulsa. Serving on departmental and university committees.

Current research - Artificial Intelligence survey and data collection. *In progress*

### **Adjunct Professor**

**2019**

*University of Oklahoma, Department of Human Relations, Tulsa, OK.* Responsibilities included teaching graduate courses for the Clinical Mental health counseling program.

### **Licensed Professional Counselor - Supervisor**

**2022 - Present**

Supervise Licensed Professional Counselor (LPC) Candidates for State of Oklahoma Board of Behavioral Health licensure.

### **Licensed Professional Counselor**

**2012 - Present**

Private practice. An integrative psychotherapy practice using trauma focused cognitive, neurotherapeutic and somatic (body-centered) evidence based therapies for individuals, couples and families.

### **Transgenerational Trauma Family Systems Facilitator/Educator**

**2017 - Present**

Providing 4 approved hours of CEU from the Oklahoma State Board of Behavioral Health hours Training and instruction for LPC and LMFT therapists in Family Systems and generational trauma.

### **Yoga Instructor/Mindfulness Meditation**

**1989 - 2009**

Yoga for Everybody, Full-time teaching in hospital, fitness and University settings.

Development and implementation of on-going class instruction for adult students. Specialized areas include: psychological and mindfulness instruction for stress/anxiety reduction, physically impaired, female incarcerated/probation/drug court, and adolescents at risk.

## EDUCATION

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<b>PhD, Clinical Psychology</b>	2017
<ul style="list-style-type: none"><li>• The Chicago School of Professional Psychology</li><li>• Dissertation: <i>How Do Somatic and Body Centered Therapists Identify Attachment Trauma in Adults. A Grounded Theory Investigation into the Somatic Nature of Attachment Trauma.</i></li><li>• Committee Chair: Dr Henry Ahlstrom</li></ul>	
<b>Masters of Arts, Clinical Psychology</b>	2011
<ul style="list-style-type: none"><li>• The Santa Barbara Graduate Institute</li></ul>	
<b>Masters of Arts, Human Relations</b>	2006
<ul style="list-style-type: none"><li>• The University of Oklahoma</li></ul>	
<b>Royal Diploma of Arts, Personal Assistant</b>	1986
<ul style="list-style-type: none"><li>• University of Hull, UK</li></ul>	
<b>Bachelors of Arts</b>	1983
<ul style="list-style-type: none"><li>• The University of Wales Trinity Saint David</li></ul>	

## PROFESSIONAL QUALIFICATIONS AND CERTIFICATIONS

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- National Counselor Certification (NCC). 2009
- EMDR (Level I & II)
- EEG Neurofeedback (Advanced Training Level)
- Sensorimotor Psychotherapy (Level III Certified Therapist and Instructor)
- Certified: Hellinger Family Systems Facilitator in Generational Trauma.
- Certified: Cognitive Behavioral Therapy
- Emotionally Focused Therapy (EFT)
- Certified: Cogmed Provider
- Certified: Administration of the Addiction Severity Index
- Gottman Level One Training.
- Kripalu Yoga Instructor (Advanced)
- Mindfulness Meditation Instructor (under Zen Master Thich Nhat Hanh)

## PRESENTATIONS

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- Family & Children's Services. (Tulsa, OK) 2021
  - The Brain Throughout Development: A Neurobiology Review
- Zarrow Mental Health Symposium (Tulsa, OK) 2020
  - Healing The Transmission of Generational Trauma

- Family & Children’s Services (Tulsa, OK) 2019
  - Trauma, Attachment and Generational Trauma for Therapists.
- Administration of Cogmed into - Mannford Oklahoma public high-school for students with accommodations. 2018
- Brookhaven Hospital (Tulsa, OK) 2017
  - Attachment and Trauma and Personality Disorders
- Guest Presenter University Oklahoma Tulsa Human Relations
  - PTSD and EEG Neurofeedback 2017
  - Family and Human attachments 2016
- Assistant instructor Amnesty International London UK
  - Sensorimotor Psychotherapy Institute Level III training 2016
- Family and Children’s Services (Tulsa, OK)
  - Mindfulness techniques for anxiety and depression 2016
  - Attachment and Trauma in young populations 2014
- Zarrow Mental Health Symposium (Tulsa, OK)
  - Attachment, trauma and PTSD 2015
  - Mindfulness and Mental Health 2014
  - The Neurology of Attachment 2006
- OU Tulsa Student Organization (semester)(Tulsda, OK)
  - Yoga and Mindfulness (co-instructed Dr Steve Hoppes) 2015
- Parkside Psychiatric Hospital (Tulsa ,OK)
  - Why Do Opposites Attract: Attachment / romantic relationships 2013
  - Psychotherapy and Spirituality 2012
- Hillcrest center for Women’s Health (Tulsa, OK)
  - Assistant for Sensorimotor Psychotherapy training w/ Pat Ogden 2001

## **PROFESSIONAL AFFILIATIONS**

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- International Society for Neurofeedback Research (ISNR)
- Oklahoma Mental Health Counseling Association
- American Counseling Association
- Sensorimotor Psychotherapy Institute
- American Psychological Association