

KATIE RHODE ALLEN, Ph.D., LPC
Curriculum Vitae

CONTACT INFORMATION

University of Oklahoma; Department of Human Relations
601 Elm St.; PHSC 702
Norman, OK 73019
Telephone: (806) 438-0663 (Home)
(405) 325-2409 (Office)
Email: kallen@ou.edu

PROFESSIONAL LICENSE

Licensed Professional Counselor (Oklahoma LPC License #4829)
Licensed Professional Counselor Supervisor

EDUCATION

Ph.D. Counselor Education, Texas Tech University (CACREP Accredited)

Lubbock, Texas
Minor: Educational Psychology
Degree Awarded December, 2010
Dissertation: "The Effect of Career Counseling on the Self-Efficacy and Career Maturity of Residential Juvenile Offenders."
Advisor and Chair: Dr. Loretta J. Bradley

M.A. Humanities, Duke University

Durham, North Carolina
Degree Awarded September, 2006

B.A. Double Major: Philosophy and Psychology, Texas Tech University

Lubbock, Texas
Cum Laude in Honors Studies
Degree Awarded December, 2004

RESEARCH INTERESTS

At-Risk Youth, Gifted Youth, Anxiety and Intelligence, Anxiety and Academic Performance, Career Counseling Interventions and Implications, Career Development for Juvenile Offenders, Ethical Issues Related to Counselors

PROFESSIONAL EXPERIENCE

Current Professional Appointment:

- The University of Oklahoma: _____ Norman, OK
Assistant Professor, Department of Human Relations
Clinical Mental Health Counseling Online Program Director

August, 2013 – Present

Responsibilities: Responsible for teaching core and elective Human Relations graduate courses. Also responsible for teaching undergraduate courses as needed by the department. Responsible for evaluating 25 – 50 comprehensive examinations per semester and serving on departmental and student committees. Supervise students in directed readings, internships, practicums and independent studies. I also serve as the program director for the Clinical Mental Health Counseling Online Program.

Courses Taught:

Undergraduate:

HR 3013: Introduction to Human Relations
 HR 4153: Introduction to Counseling
 HR 4170: Posttraumatic Stress Disorder (Cross-Listed)
 HR 4990: Independent Study
 HR 4960: Directed Reading

Graduate:

HR 5533: Counseling Approaches
 HR 5493: Assessment and Evaluation
 HR 5093: Introduction to Graduate Studies
 HR 5100: Posttraumatic Stress Disorder
 HR 5113: Professional Orientation to Counseling
 HR 5453: Ethical Issues in HR Counseling
 HR 5563: Career Counseling
 HR 5663: Psychopathology
 HR 5970: Counseling Implications for At-Risk and Gifted Youth
 HR 5883: Introduction to the Counseling Profession
 HR 5960: Directed Reading
 HR 5200: Internship

Past Professional Appointments:

- Cedar Ridge Psychiatric Hospital & Treatment Center : Oklahoma City, OK
 - **Clinical Director** **February 2013 – August, 2013**
Responsibilities: Managing the programming and therapy department of Cedar Ridge's Acute Hospital and Residential Treatment Center. The Acute Hospital is comprised of 60 beds and serves children, adolescents, adults, and the geriatric population. The Residential program is a 56-bed child and adolescent facility. Management duties include managing the programming for acute and residential treatment, 13 LCSW, LMFT, and/or LPC therapists, case managers, and three recreational therapists. Duties also include coordinating scheduling, communicating with the CEO, CFO, corporate UHS, psychiatrists, and other leadership.
 - **Residential Clinical Manager & Therapist** **June 2012 – February 2013**
Responsibilities: Managing the programming and therapy department of Cedar Ridge's Residential Treatment Center. The Residential program is a 56-bed child and adolescent facility. Management duties include managing the programming for

residential treatment, six LCSW, LMFT, and/or LPC therapists, and four recreational therapists. Duties also include coordinating scheduling, communicating with the CEO, CFO, corporate UHS, psychiatrists, and other leadership.

○ **Therapist** **May 2011 – June 2012**

Responsibilities: Conducting individual, family, and group counseling for children with psychiatric disorders in a residential treatment setting; Meeting with administration, nurses, therapist, and psychiatrists on a weekly basis to assess treatment of each individual patient; Completing treatment plans and overseeing the care of children in residential and acute care.

- Texas Tech University College of Education: Lubbock, Texas
Graduate Assistant **August 2006 – August 2010**
Research Concentration: Counselor Supervision, Counseling Ethics, Career Counseling, Online Learning and Teaching, Educational Research, Gifted Children and Adolescents, At-Risk Children and Adolescents, Intelligence and Anxiety.
- Lubbock County Juvenile Justice Center, Long-Term Juvenile Offender Residential Unit: Lubbock, Texas
Substance Abuse Student Counselor **May, 2010 – August, 2010**
Responsibilities: Conducting group counseling for juvenile offenders in a residential long-term facility and in a substance abuse treatment facility (as part of data collection for doctoral dissertation).
- Lubbock County Juvenile Justice Center, Substance Abuse Program – “The Bridge”:
Lubbock, Texas
Counselor Intern **April, 2008 – August, 2009**
Responsibilities: Conducting individual, group, and family counseling for juvenile offenders in a residential juvenile treatment facility. I worked as part of a treatment team, kept clinical notes, updated client paperwork, and made recommendations to supervisors.

Departmental Service

| | |
|----------------|--|
| 2021 – Present | CMHC Online Program Director |
| 2022 – Present | CACREP Committee Member |
| 2013 – 2022 | LPC Adviser (Norman Campus and Advanced Programs): Adviser for 250 LPC-track students and candidates as well as potential students on the Norman campus and Advanced Programs |
| 2017 – 2020 | LPC Liaison between the department and the executive board of the Oklahoma State Board of Behavioral Health |
| 2016 – Present | Committee A Member |
| 2016 – Present | Policy Committee Member |
| 2013 – 2014 | Graduate Studies Committee Member, University of Oklahoma, Department of Human Relations. |

| | |
|----------------|--|
| 2013 – Present | Counseling Search Committee Member, University of Oklahoma, Department of Human Relations. |
| 2013 – Present | Comprehensive Exam Committee: |
| 2014 – Present | Continue to head department effort to maintain a 60-Hour LPC Option for our LPC students |
| 2016 | Faculty Marshall for the MHR department at Spring Convocation |

University Service

| | |
|----------------|--|
| 2018 – 2021 | Faculty Senate: Senator |
| 2017 – Present | Faculty Advisor: Okie Belles Service Organization |
| 2015 – 2018 | Committee Member: Rita Lottinville Prize for Freshmen Committee |
| 2015 – Present | Faculty Advisor: OU Mental Health student group |
| 2014 – Present | Member of the OU Speakers Service |
| 2014 – Present | Member of the Faculty Sooner Ally program |
| 2014 – 2015 | Member of the University “Adopt a Professor” program. With Alpha Kai Alpha |

Professional Membership

- Member of the American Counseling Association (2004 – Present)
- Member of the Oklahoma Counseling Association (2021 – Present) Division: Oklahoma Association of Counselor Education and Supervision)
- Leadership Oklahoma Member (Fall, 2012 – Present)

PUBLICATIONS

- Allen, K., & Bradley, L. (2015). Career counseling with juvenile offenders: Effects on self-efficacy and career maturity. *Journal of Addictions and Offender Counseling*, 37, 28 - 42.
- Bradley, L., Hendricks, R., Whiting, P., & Rhode, K. (2010). Overview of counselor supervision. In L. Bradley & N. Ladane (Eds.), *Counselor supervision: Principles, process and practice* (4th ed.). Philadelphia, PA: Taylor and Frances.
- Rhode, K. (2008). “Serving Gifted Learners beyond the Traditional Classroom: A Guide to Alternative Programs and Services,” VanTassel-Baska, J. L. (Ed.). (2007), *Roeper Review*, 30, 70 – 71.

MANUSCRIPTS IN PROGRESS

- Allen, K., Cunningham, S., & Runnels, M. (Manuscript in preparation). “Future concerns of international baccalaureate, advanced placement, and regular classroom high school students.”
- Allen, K. (Manuscript in preparation) “The effect of career counseling on the self-efficacy and career maturity of residential juvenile offenders.”
- Allen, K. (Manuscript in preparation) “Career interest trends in the juvenile offending population: Where intervention should begin.”
- Cunningham, S., Allen, K., & Runnels, M. “Future concerns of high school students: Does Ethnicity Matter?” Working Paper based on an SERA Presentation.

- Allen, K. (Manuscript in preparation) "Cognitive load theory: A review of the research."
- Allen, K. (Manuscript in preparation) "The relationship between anxiety and intelligence: What the literature says."
- Allen, K. (Manuscript in preparation) "Harmful and beneficial relationships between faculty and graduate students." Working Paper based on a presented work.

OTHER PUBLICATIONS

- Bradley, L. J., & Rhode, K. (Eds.). (2010). *Counselor Education News*, 1(18). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., & Rhode, K. (Eds.). (2010). *Counselor Education News*, 1(17). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., & Rhode, K. (Eds.). (2009). *Counselor Education News*, 1(16). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., & Rhode, K. (Eds.). (2009). *Counselor Education News*, 1(15). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., & Rhode, K. (Eds.). (2008). *Counselor Education News*, 1(14). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., & Rhode, K. (Eds.). (2008). *Counselor Education News*, 1(13). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., Clem, D., & Rhode, K. (Eds.). (2007). *Counselor Education News*, 1(12). Lubbock, Texas: Texas Tech University, College of Education.
- Bradley, L. J., Clem, D., & Rhode, K. (Eds.). (2007). *Counselor Education News*, 1(11). Lubbock, Texas: Texas Tech University, College of Education.

INVITED PRESENTATION

- Allen, K.** *Living Gifted: Mental Health Implications for Our Brightest Youth*. Invited presentation to The Loop (Gifted Support Group) in Norman, Oklahoma, Fall 2015.
- Allen, K.** *Living Gifted: Mental Health Implications for Our Brightest Youth*. Presented to the Spring, 2014 meeting of Central Oklahoma MENSA in Moore, Oklahoma.

PROFESSIONAL RESEARCH PRESENTATIONS

- Allen, K.** *Career Interest Trends of Justice-Involved Youth: Where Intervention Should Begin*. Accepted for presentation at the 2017 American Counseling Association Conference in San Francisco, CA.
- Allen, K.** *Career Expectations and Levels of Development in Adolescents Who Offend*. Accepted for presentation at the 2016 Zarrow Mental Health Symposium in Tulsa, OK.
- Allen, K., & Bradley, L.** *Career Counseling with Juvenile Offenders: Effects on Self-Efficacy and Career Maturity*. Presented at the 2015 American Counseling Association Conference in Orlando, FL.
- Allen, K.** *Career Counseling Implications for Juvenile Offenders*. Presented at the 2014 Zarrow Mental Health Symposium in Tulsa, OK.
- Rhode, K.** *Career Interests of Juvenile Offenders: Where Intervention Should Begin*. Paper accepted for presentation at the 2012 American Counseling Association Annual Conference in San Francisco, CA.

- Rhode, K.** *The Effect of Career Counseling on the Self-Efficacy and Career Maturity of Residential Juvenile Offenders.* Presented at the 2011 American Counseling Association Annual Conference in New Orleans, LA.
- Rhode, K.,** Hennington, C., Berg, R., & Berry, J. (2010). *Boundary Issues in Counselor Education.* Presented at the 2010 annual Texas Tech University Student Research Competition.
- Berg, R., **Rhode, K.,** Hennington, C., Johnston, G., & Merriman, J. (2010). *Interventions Addressing Self Harm for Children and Adolescents in State Custody.* Presented at the 2010 American Counseling Association Annual Conference in Pittsburg, PA.
- Berry, J., & **Rhode, K.** (2010). *Designing Interventions for Geriatric Group Work.* Accepted for presentation at the 2010 American Counseling Association Annual Conference in Pittsburg, PA.
- Rhode, K.,** Hennington, C., Berg, R., & Berry, J. (2009). *Boundary Issues in Counselor Education: The Faculty-Student Relationship.* Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Bradley, L., Hendricks, B., Parr, G., & **Rhode, K.** (2009). *Ethics and Emails.* Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Berg, R. G., Bradley, L. J., **Rhode, K.,** Marbley, A. F., & Wimberly, C. Clients and Suicide: Treatment considerations and recommendations. Presented at the 2009 Texas Counseling Association conference in Dallas, TX.
- Hennington, C., **Rhode, K.,** & Berry, J. (2009). *Diagnosis and Treatment of Religious Addiction.* Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Berry, J., Hennington, C., & **Rhode, K. M.** (2009). *Existential Themes in Geriatric Counseling Groups.* Presented at the 2009 Texas Counseling Association Annual Conference in Dallas, TX.
- Berg, R. G., **Rhode, K. M.,** Crews, C., & Berry, J. J. (2009). *Modern Interventions for Cyberbullies Across Developmental Levels.* Presented at the 2009 American Counseling Association Annual Conference in Charlotte, NC.
- Hendricks, B., Berg, R. G., Bradley, L. J., **Rhode, K.,** & Parr, G. (2009) *Ethics in Family Counseling: Wellness and the Family Counselor.* Presented at the 2009 American Counseling Association Annual Conference in Charlotte, NC.
- Berg, R., **Rhode, K.,** & Berry, J. (2009). *Modern Interventions for cyberbullies across developmental levels.* Poster presented at the annual Texas Tech University Graduate Student Research Competition, Lubbock, TX, April 10, 2009.
- Rhode, K.,** Cunningham, S., & Tallent-Runnels, M. K. (2008). *Psychological Well-Being of IB and AP Students.* Session accepted to the annual meeting of the Southwest Educational Research Association, San Antonio, TX, February 4, 2008.
- Tallent-Runnels, M. K., Cunningham, S., & **Rhode, K.** (2008). *Global World View of IB, AP, and Regular Classroom High School Students.* Session presented at the annual meeting of the Texas Association for the Gifted & Talented, Dallas, TX, November 14, 2008.
- Cunningham, S., **Rhode, K.,** & Tallent-Runnels, M. K. (2008). *Future concerns of International Baccalaureate, Advanced Placement, and regular classroom high school students.* Roundtable Presentation at the annual meeting of the American Educational Research Association, New York, NY, March 26, 2008.

- Rhode, K.,** Cunningham, S., & Tallent-Runnels, M. K. (2008). *Future concerns of high school students*. Presented at the annual Texas Tech University Graduate Student Research Competition, Lubbock, TX, March 27, 2008.
- Rhode, K.,** Cunningham, S., & Tallent-Runnels, M. K. (2008). *Future concerns of high school students*. Presented at the annual meeting of the Texas Tech University College of Education Research Conference, Lubbock, TX, April 11th, 2008.
- Rhode, K.,** Cunningham, S., & Tallent-Runnels, M. K. (2008). *Future concerns of high school students: Does ethnicity matter?* Presented at the annual meeting of the Southwest Educational Research Association, New Orleans, LA, February 7, 2008.
- Cunningham, S., **Rhode, K.,** & Tallent-Runnels, M. K. (2007). *Future concerns of International Baccalaureate and Advanced Placement high school students*. Presented at the annual meeting of the Texas Tech University College of Education Research Conference, Lubbock, TX, April 20th, 2007.

OTHER PROFESSIONAL CONTRIBUTIONS

- Reviewer for the American Counseling Association 2011 meeting
- Reviewer for the American Counseling Association 2010 meeting
- Reviewer for the National Association for Multicultural Education 2009 meeting –
Division VI
- Reviewer for Southwest Educational Research Association 2009 meeting –
Division IV
- Reviewer for Southwest Educational Research Association 2008 meeting –
Division IV
- Student Representative on the College of Education Ad Hoc Graduate Assistantship
Committee, 2008-2009

FELLOWSHIPS, GRANTS, AND AWARDS

- Texas Tech University Summer Dissertation Research Award – Summer, 2010
- Kappa Alpha Theta Foundation: Lambert Scholarship - 2010
- AT&T Chancellor's Fellowship for Graduate Study – 2006 – 2009
- Health and Social Services Fellowship – 2010
- Health and Social Services Fellowship – 2009 – 2010
- Kappa Alpha Theta Foundation: Betty B. and James B. Lambert Scholarship – 2009 – 2010
- College of Education Counselor Education Graduate Student of the Year – 2009
- College of Education Doctoral Counseling Student of the Year – 2009
- College of Education W.B. Rushing Scholarship – 2008-2009
- Kappa Alpha Theta Foundation: Isabel McKinney Gates Scholarship for Graduate Study
– 2008
- Kappa Alpha Theta Foundation: Lucille Moore Garrett Scholarship Recipient for
Graduate Study – 2007
- College of Education Graduate Scholarship – 2006 – 2007