Planning for Practicum & Internship CMHC Online Cohorts

Hello Online Cohorts –

Some of you are beginning to plan for practicum this summer and fall. As we work to launch a new Canvas site which will host a plethora of program information, we thought it would be important to put this packet together for those planning their clinical experiences. It is a a lot, but we think it will all be valuable. The following is broken into two sections:

- Finding Your P/I
- Finalizing your P/I.

But first, let's review the P/I requirements:

	# of Required Total Hours	# of Required Direct Contact Hours See below for description of direct activities	Earned Credit Hours	# of Semesters
Practicum	100	40 (of the 100)	3	1
Internship	450 - 600 (dependent on your state of licensure)	100-240 (of the total hours)	6	2

Finding your P/I:

Below, you will find several documents that can help you with finding your practicum. These documents are:

- 1. **Finding your Practicum or Internship**: This is a set of screenshots from a presentation for one of our other groups that have a different degree plan than you guys. We are working on getting something like this for you all. In the meantime, the screenshots should prove somewhat helpful.
- 2. Industry Organizations: This is a list of mental health professional organizations. Many of these offer student rates if you would like to join. They also offer directories (may have to be a student member to access). These directories can help you identify the MH organizations in your area many of which may be willing to host a student learner. Some offer job boards and occasionally, you can find a posted counselor internship job.
- 3. **Overview for Agencies:** When beginning discussions with a potential site, they may have questions about hosting practicum students/interns. This overview provides a summary of the

P/I experience as well as expectations for students and the site/supervisor. It can be a helpful tool to send to them.

- 4. **Interview Questions:** Of course, we want to answer interview questions well. But identifying the right experience can be the result of the questions we ask in the interview. This is a bank of questions you can use to help determine which experience is best for you.
- 5. **New P/I Site Application:** This is the application that approves your site and would be turned in first. Once this is approved, you can complete the P/I application process which is the approval for you to begin your P/I. Those details are in the next section.
- 6. **Approved Sites List:** For those of you looking to do a practicum/internship in Oklahoma, the current approved sites list is attached. Most of our online students are outside of Oklahoma and will therefore need to complete the New P/I Site Application.
- 7. *Important Due Dates & Contacts:* Due dates for the various forms related to the application process, and where to get your questions answered.

Finalizing Your P/I:

Once you have found your practicum/internship site, you will need to submit the following three things:

A) Application & Learning Objectives Form (Attached)

- B) Memorandum of Understanding (Attached)
- C) Proof of liability insurance (you can get a student rate from <u>ACA</u> or <u>HPSO</u>).

A few things on the Memorandum of Understanding.

- 1. Make sure your name is at the top of all pages
- 2. You can list Christopher Hennington, Ph.D. as the faculty educator
- 3. There are a couple of places where initials are required. Make sure your site representative has initialed all of them. This can be confusing because the language makes it sound like one section is for your site and the other is for the university. However, it is required that representatives from both put their initials throughout as acknowledgement. (Contracts what are you going to do? ^(C))
- 4. Make sure you have a witness sign where designated.

Once you have your total application put together, you can send it to Dr. Christopher Hennington at chennington@ou.edu. Make sure to note that you are an online student. Ask him to sign where required. It is usually quicker if you ask him to forward it to Cathy Yeaman (copying you) once he has completed his portion.

Again, we hope this is all helpful. As you have more questions, please reach out.

CMHC Faculty





CONSIDERATIONS

Know What You Want

Clientele: Who do you want to work with? (children, families, specific segments, cultures, specific issues, etc.)

Locale: What type of agency are you most interested in? (Inpatient, private practice, community service, telehealth)

Service: Are you interested in a specific intervention or modality? (crisis, developmental, career, etc.)

Supervision: What is your preferred management style? (Do you prefer more structure or freedom?)

Crisis Protocols: Are you comfortable with their ability to support you when dealing with a client crisis?

INTERVIEWING

Determining the Best Fit

Let them see who you are: Be ready to discuss favorite theories, innovations, working and social style.

Get to know who they are: A list of potential questions is available on the CMHC Student Information Canvas Site - Practicum/Internship Module.

Prepare them for the internship: Ahead of the interview, send them a summary of what is expected of them, you, and OU. A sample is available on the CMHC Student Information Canvas Site -Practicum/Internship Module.

Ensure they can provide the experience to meet your direct and indirect hours requirements

Industry Organizations

American Counseling Association

www.counseling.org

National Career Development Association www.ncda.org

American Psychological Association

www.apa.org

National Alliance on Mental Illness (NAMI) www.nami.org

American Mental Health Counselors Association www.amcha.org

Chi Sigma Iota: Counseling Academic & Professional Honor Society International www.csi-net.org

National Association for Addiction Professionals www.naadac.org

International Family Therapy Association www.ifta-familiytherapy.org



CMHC Practicum/Internship Overview

As an agency considering interns or practicum students, you may have questions about the experience. The below is a high-level overview of benefits, requirements, and expectations for all involved parties (students, OU, and your agency). If you have further questions, please feel free to reach out to the student with whom you are working or to our Clinical Director at <u>CMHCintern@ou.edu</u>.

General Information

- Practicum 100 hours
 - Typically, 7-10 hours per week.
 - 40 of the 100 hours should be direct, face-to-face with clients.
 - Direct activities include direct counseling, psychoeducation, co-facilitation, intakes, assessment, consultation with family members, training clients/community members.
 - NOTE: Observation does not count as direct hours.
 - Indirect activities include treatment plans, case notes, presentations, discussion groups, consultation with peers or supervisor, staff meetings, case conferences, workshops, readings, professional development, observation.
- Internships 450-600 internship hours, spread across two semesters. (Exact number depends on state licensure requirements).
 - Typically, 15-20 hours per week.
 - Hours can be done at more than one site.
 - 100-240 of required hours should be direct, face-to-face hours with clients.
- While the activities of the two field experiences are very similar, practicum occurs under tighter supervision, whereas internship offers more autonomy. By the end of internship, students are typically managing their own case load.

Benefits

- Students:
 - *Experience:* Practical experience with the benefit of feedback.
 - Application: Theoretical principles, clinical skills, and ethical reasoning to real-world situations.
 - <u>Exploration</u>: Potential specialty areas, gaining the exposure needed to determine long term interest.
- Agencies:
 - *<u>Real Value</u>*: Students use strong education to contribute to your organization in multiple ways.
 - <u>Pride:</u> Our internship sites and supervisors often feel a sense of pride for investing in the next generation of counselors.
 - <u>Network</u>: As students graduate and begin their own practice, they often stay in touch with their intern locations, which expands the professional network of both.

Supervisor/Site Responsibilities

- □ **Screening:** We encourage you to screen students based on fit with your organization. If you do not feel a student is a good fit, you are not expected to bring them on as a learner.
- Supervision: Students are required to receive a minimum of 1 hour of individual clinical supervision weekly. As part of supervision activities, supervisors should consult with the student and provide expertise, feedback, and evaluation of the student's work. You will have the opportunity to provide feedback to the OU CMHC Clinical Director twice during the semester. Additional feedback is welcomed in any medium should the supervisor feel it necessary. Supervisors find it helpful to establish specific learning goals and objectives with the student prior to the start date.
- Professionalism: Accreditation standards require supervisors to be licensed for at least 2 years and in good standing. Additionally, formal training in supervision is encouraged. Accepted licensures include LPC, LPC-S, MHSP, LMFT, LMHC, LCSW, or Licensed Psychologist.
- □ **Hours:** Ensure your student learning processes provide the student with the required direct and indirect contact hours within the semester. (See above)
- □ **Contracts & Reports:** To establish the relationship, a "Memorandum of Understanding" will be signed by you, an OU representative, and the student. Throughout the semester, you will provide two written reports detailing the student's performance and sign off on the student's hours log.

Student Responsibilities

- **Preparation:** Students are expected to prepare for clinical experience by successfully completing some or all of the following courses prior to beginning. Which classes a student has completed will be dependent upon their specific degree plan/class rotation. Visit with your prospective intern to understand what class exposure they have had thus far:
 - Theoretical Foundations
 - Research in Human Relations
 - Psychosocial Development
 - Psychopathology
 - Intro to the Counseling Profession
 - Group Counseling
 - Multicultural Counseling
 - Diagnosis in HR Counseling
 - Assessment & Evaluation

- Advanced Counseling Skills
- Crisis Intervention
- Psychopharmacology
- Marriage & Family Therapy
- Counseling Children, Adolescents & Families
- o Career Counseling
- Addictions/Chemical Dependency
- Ethical Issues in Human Relations
- **Approval:** Students must obtain approval from faculty for the selected internship/practicum.
- **Professionalism:** Students are expected to display strong professionalism and ethics in a way that aligns with the goals/brand of your organization and with the goals/brand of University of Oklahoma.
- **Reports:** Students and supervisors complete reports throughout the semester and at the end of the semester. The student will facilitate required reports and the memorandum between your facility and the university by the designated times.
- **Liability Insurance:** Each student is required to provide proof of liability insurance prior to beginning work at any practicum/internship site.

Potential Interview Questions for P/I Sites

You will likely not be able to cover all questions in an interview. Choose the 7-10 questions that will hit at the items most important to your experience.

It will be helpful to send the P/I Overview for Agencies (found on the CMHC Student Information Canvas site – P/I Module) ahead of your interview so the site supervisor can be familiar with the clinicals experience and expectations through OU.

Finally, think through potential questions you may be asked. Have an idea of your favorite theories, modalities, and prepare to speak eloquently on your own expectations of yourself and the experience.

Understanding the Site Culture & Operations

- 1) How would you describe your practice?
- 2) Do you focus on a specific therapeutic area or theory?
- 3) Describe the populations served in your practice.
- 4) What have been some influences on your therapeutic style or the culture of the practice?
- 5) How do you stay abreast of developments within the mental health field?
- 6) What are the formal and informal rules of the organization as they pertain to dress, lunch hours, etc.?

Understanding the Site's Experience with Previous Learning Counselors

- 7) How often/how many internships/practicum experiences have you supervised at your office? What learning objectives do you have for students?
- 8) How does feedback work in your practice? Are there specific measures? How often and when is feedback given?
- 9) When working with students in the past, what has worked well? What has not?
- 10) If we do move forward, how can I contribute to the goals you have for your practice?

Understanding the Learning Counselor Experience at the Site

- 11) What are the agency's expectations of my skills at the beginning of the learning experience? Will I need to be able to write treatment plans or to diagnose clients? Will I be required to have knowledge of particular disorders or problems (e.g. addiction, eating disorder, etc.)?
- 12) What other expectations will you have of me?
- 13) Can you describe the intern/practicum student duties and responsibilities?
- 14) What should I expect of my experience here?
- 15) Exactly what types of work will I be able to do during the practicum or internship? Will I be restricted to a particular type or mode of delivery (such as individual counseling on a short-term basis) or will I have opportunities to experience a variety of services (such as testing, group work, etc.)
- 16) What are the plans for crisis for student counselors? Is the supervisor always onsite? If not, are they immediately reachable? Is there a documented crisis response plan?
- 17) What will be the general format of the practicum or internship? Is there a period of observation or shadowing? Will I be able to co- lead groups or do individual counseling with a co-therapist prior to seeing clients on my own?
- 18) Will there be opportunities to participate in staff development activities while doing your practicum or internship?
- 19) Is an orientation to the agency provided? If so, when, and how extensive is it?
- 20) Who will be my direct supervisor? What are the credentials of that person?
- 21) What type of supervision will I receive? How often? Will audio taping or videotaping be allowed?
- 22) What are your expectations of me in terms of service, hours, and skills? Are there expectations to work weekends or nights?

Understanding the Site's Ability to Meet OU Requirements

- 23) What questions do you have about the OU information I sent to you?
- 24) Do you have any concerns with meeting the requirements as laid out by my program?
- 25) Can the agency guarantee enough contact hours to meet the University requirements? Can the supervisor help me obtain clients?



APPLICATION FOR NEW PRACTICUM/INTERNSHIP SITE APPROVAL

ИНС	Katie Allen, Ph.D., LPC-S	Christopher Hennington, Ph.D., LPC-S
al Director	Online Program Director	CMHC Program Coordinator
o:CMHCintern@ou.edu	kallen@ou.edu	<u>chennington@ou.edu</u>
NAME OF AGENCY:		
ADDRESS:		
CITY/STATE/ZIP:		
CONTACT PERSON:		
ALTERNATE PHONE	NUMBER AND E-MAIL:	
LICENSED ON-SITE PROFESS	IONAL:	
LICENSE TYPE AND NUMBE	R:	
	ND E-MAIL:	
TYPES OF SERVICES PROVID		

DUTIES OF PRACTICUM STUDENTS/INTERNS:

PLEASE LIST COUNSELING DUIES THAT WILL BE PERFORMED BY THE INTERN

ATES AVAILABLE FOR PRACTICUM/INTERNSHIP	
LEASE NOTE THE DATES PROVIDED BY OUR DEPARTMENT FOR EACH SEMESTER BELOW	
EMESTER: 🗆 FA 🗆 SP 🗆 SU YEAR(S):	
VILL YOU ALLOW FULL SEMESTER STUDENT COUNSELING? YES NO	
O YOU PREFER THE STUDENT LEARNER FOR TWO OR MORE CONSECUTIVE SEMESTERS? YES	10
UMBER OF PRACTICUM STUDENTS/INTERNS PREFERRED EACH SEMESTER:	
UMBER OF PRACTICUM STUDENTS/INTERNS PREFERRED EACH ACADEMIC YEAR:	
THER INFORMATION:	

Approved Clinical Mental Health Practicum & Internship Sites

(Note: Since the COVID-19 pandemic many sites are not accepting interns or have scaled back services. Please let us (CMHCIntern@ou.edu) know if you contact a site and they are no longer accepting interns.

Absolute Confidential Counseling 8800 S. Pennsylvania Avenue, Suite 100 Oklahoma City, Oklahoma 73159 Contact person: Todd McDowell, LPC-S Phone: 405-682-9000, Email: Todd@absolutecounseling.com Services: Counseling, Assessments, case management, psycho-social services.

Advanced Therapy Associates 9212 N. Kelly Avenue Oklahoma City, Oklahoma 73131 Contact person: Shelly McCharen, LMFT Phone: 405-888-4047, Email: smcchare@advanced-therapy.org Services: Intakes, assessments, parent/child studies, adults, children.

Alliance Mental Health 1402 N. Florence Avenue, Suite B Claremore, Oklahoma 74017 Contact: Heidi Hills, M.S., LPC Assessment Therapist & Internship Coordinator | Alliance Mental Health Phone: (918) 608-0380 Ext 725

Amayesing Skillz, LLC 6130 E. 32nd Street, Suite 121 Tulsa, Oklahoma 74135-5454 Contact Person: Ebony Skillens, LPC Phone: 918-932-8774, Email: info@amayesingskillz.com Services: Individual, family group, case management, consulting in office school and community settings.

A New Way 101 N Greenwood Avenue, Suite 131 Tulsa, Oklahoma 74120 www.anewwaycenter.com Contact: Sara Rivero LPC Phone: 918: 640-0684, Email: Sara.rivero@anewwaycenter.com

Anadarko Indian Health Center 201 E. Parker McKenzie Drive Anadarko, Oklahoma 73005 Contact person: Dr. Andrea Dudley, LPC Phone: 405-247-7909, Email: andrea.dudley@ihs.gov Services: Individual, couple, group, intakes, treatment plans, assessments and med clinic.

Anchored Behavioral Health Consulting 15 W. 6th Street, #1211 Tulsa, Oklahoma 74119

Contact: Amanda Summers LPC, NCC, MS Director of Telehealth Services, Intern Coordinator Anchored Behavioral Health Consulting Cell: 707.688.8859; Email: amanda@anchoredbhc.com Website: https://www.anchoredbhc.com/

The Ashley Renae Hamilton Foundation 300 United Founder Boulevard, Suite 139N Oklahoma City, Oklahoma 73118 Contact person: Clinton Patton Sr., LPC Phone: 405-446-5597, Email: thearhfoundation@gmail.com Services: Domestic violence counseling and prevention

Bethesda Residential Treatment Center 7106 E. 151st Street Bixby, Oklahoma 74008 Contact: Gary Roberts, LPC Phone: 918-970-2568, Email: groberts@bfsf.org Services: Individual, family, group therapy and 24-hour supervision of residents.

Brighter Dimensions 512 W. Atlanta Street Broken Arrow, Oklahoma 74012 Contact: Pattie Jackson, LPC-S Phone: 918-615-6620, Website: https://brighter-dimensions.squarespace.com

Byte and Associates LLC 117 S. 7th Street Chickasha, Oklahoma 73018 Contact: Andrew Byte, LPC Phone: 405-222-4786, Email: byteandassociates@sbcglobal.net Services: Individual Family, Rehab, and referrals for medication and testing.

The Calm Center 6126 E. 32nd Place Tulsa, Oklahoma 74135 Contact: Matthew Crum, M.S., LPC Phone: 918-392-5849, Email: mcrum@crsok.org Services: Individual, family, group counseling and assessment.

Central Oklahoma Community Mental Health Center Child and Family Services (ODMHSAS) 909 E. Alameda Norman, Oklahoma 73071 Contact: Katherine Curley LPC-S Phone: 405 573 3812, Email: Katherine.curley@odmhsas.org Services: Outpatient assessment, rehab, treatment, crisis, medication, individual, group, couple, and family therapy.

Carl Albert Community Mental Health Center (ODMHSAS)

1101 E. Monroe Avenue

McAlester, Oklahoma 74501

Contact: Rhonda Magnus, LPC, LADC

Phone: 918-558-6062, Email: rhonda.mcgough@odmhsas.org

Services: Inpatient and outpatient mental health and substance abuse services. Inpatient unit is for adults only. Outpatient provides services for all ages including, crisis intervention, individual and group therapy, case management, peer support, wellness, and individual and group rehab. Specialty Court programs include Drug Court and Mental Health Court.

Chisholm Train Church of Christ 3204 W. Beech Avenue Duncan, Oklahoma 73533

Contact: Dan Myers, LPC Phone: 580-255-7038; Email: dan@ctoc.org Services: SASSI testing, counseling for individuals, couples, and children.

Center for Children and Families 210 S. Cockrel Avenue

Norman, Oklahoma 73071 Contact: Jessica Hodges Phone: 405-364-1420, Email: jhodges@ccfinorman.org Services: Counseling, home visits, parent's assistance, divorce and co-parenting services, and bringing up babies and baby pantry.

Comanche Nation Prevention and Recovery – RTC 8501 N.W. Madische Road Lawton, Oklahoma 73507 Contact: Bonnie Lemon Phone: 580-492-3616, Email: bonnielmenon@comanchenation.com Services: Preventive and intervention services

Community Works (case by case approval effective May 8, 2020) 805 E. Robinson Norman, Oklahoma 73071 Contact: Mary Ellen Million, MSCP, LPC or Taylor McKinnon Phone: 405-447-4499, Email: million@cworksok.com or tmckinnon@cworksok.com

Services: School based, office based, residential group home and intensive treatment, day treatment, detention centers, anger management, parenting training.

Cornerstone Counseling and Consulting, Inc. 4001 N. Classen, Suite 225 Oklahoma City, Oklahoma 73118 Contact: Nicole Watson, LPC, LADC Phone: 405-231-3150, Email: Nicole.watson@coxinet.net Services: Outpatient mental health and substance abuse services including individual, group, family, case management and assessments.

Corner Counseling and Consulting, Inc. 5116 N. Portland Avenue Oklahoma City, Oklahoma 73112 Contact: Christy Vanderbilt-Pela, M.A., LPC Phone: 405-659-4784, Email: tochristyvp@yahoo.com

Services: Outpatient psychotherapy, individual, family, and group.

Counseling & Recovery Services of Oklahoma

7010 S. Yale Avenue, Suite 215 Tulsa, Oklahoma, 74136 Contact: Sara Mahan, MS, LPC-S, NCC Outpatient Services Program Manager Phone: 918-494-9870 or 918-236-4176, Fax: 918.495.0779 Email: slmahan@crsok.org, Website: https://crsok.org/

Creoks Behavioral Health Services 23 E. Ross Avenue Sapulpa, Oklahoma 74066

Contact: Rachel Couey, LPC Phone: 918-261-7749, Email: Rachel.couey@creoks.org Services: Individual, family, outpatient and recovery services to individuals, couples, families in various settings.

Creoks Behavioral Health Services

4103 S. Yale Avenue, Suite B Tulsa, Oklahoma 74135 Jane A. France, MA Coordinator/Consultant - CREOKS Practicum & Internship Program Phone: 918-231-8263, Email: Jane.france@creaoks.org

Crossroads Youth and Family Services

1650 W. Tecumseh Road Norman, Oklahoma 73069 Contact: Christabel Suthers, LPC Phone: 405-321-0240 Ext 2, Email: christabels@crossroadsyfs.com Services: Individual, family, and group counseling. Psycho-educational groups, community development meetings and court appearances.

Dayspring Community Services 3015 E. Skelly Drive, Suite 103 Tulsa, Oklahoma 74105 Contact: Mary Thomas, LPC Mary.thomas@dayspring.pfh.org

Discovering You, Inc. 312 N.E. 28th Street, Suite 109 Oklahoma City, Oklahoma 73105 Contact: Latoya Jenkins, LPC Phone: 405-605-339, Email: info@discoveryingyouok.org Services: Outpatient and in home services; behavioral case management

Family Recovery Counseling Center 4001 N. Classen Boulevard, Suite 105 Oklahoma City, Oklahoma 73118

Contact: Beverly Nichols Phone: 405-524-2424 Services: Intense outpatient program, groups. Substance abuse education, anger management, parenting individual and family sessions. Certified case management, behavioral health rehab, DUI services.

Family and Children's Services 605 S. Peoria Avenue Tulsa, Oklahoma 74011 Contact: Claudia Arthrell or Kari Featherngill Claudia: 918-560-1244, Email: carthrell@fcsok.org Kari: 918-991-6532, Email: kfeatherngill@fcsok.org Services: Family and children's services provides evidence based individual, group, and family/couples counseling as well as educational classes for parents.

FOCIS Counseling 2220 N. Classen Blvd #E Oklahoma City, Oklahoma 73106 Contact: Melissa Fronterhouse Phone: 405-528-1748, Website: www.focisokc.org Services: Individual, group family, PCIT, and drug and alcohol counseling, BIP classes, parenting support and education, behavioral rehab, and case management

FOCUS MHS 905 E. Wilson Shawnee, Oklahoma 74804 Contact: Misty Douthit, LPC Phone: 405-214-0116, Email: misty@focusmhs.com Services: Individual, couple, family using CBT, PCIT, Neurofeedback, hypnotherapy and other approaches.

Grand Lake Mental Health, Inc. 26243 State Hwy 51 Wagoner, Oklahoma 74467 Contact: Dustie L. Nelson, M.S., LPC Phone: 918-418-9578, Email: dnelson@glmhc.net Services: Individual, family group, assessment. Services for depression, suicidality, trauma, substance use, gambling, and other mental health disorders. Also provides health home services, case management, and psychosocial rehabilitation.

Grand Lake Mental Health, Inc. 405 E. Excelsior Vinita, Oklahoma 74301 Contact: Laura Smith Phone: 918-256-6476 Services: Individual, family and group therapy, individual and group rehab, wellness services, medication management, wraparound and behavioral health coaching.

Grand Lake Mental Health Center, Inc.

Contact: Allie Craig, LCSW, Desk: (405) 372-2202 ext. 3112 Internship & Practicum Coordinator Human Resources Department Phone: 405-372-2202 Ext 3112 or 918- 935-8157

Green Country Behavioral Health Services, Inc 619 N. Main Street

Muskogee, Oklahoma 74401 Contact: Robert Durham, LADC/MH, LPC ,PRSS; Supervisor, MAT Program Phone: 918-682-8407, Fax: 918-682-4336 Email: Robert.durham@gcbhs.org, Website: www.gcbhs.org

HALO Project

401 E. Memorial Road, Suite 500 Oklahoma City, Oklahoma 73114 Contact: Amber Given, LPC Phone: 405-639-7876, Email: amberg@haloprojectokc.org Services: Individual, family, group counseling. Trauma recovery and education.

Hands to Guide you 1016 S.W. 44th Street, Suite 500 Oklahoma City, Oklahoma 73019 Contact: Larry Ford, D.B.H., LPC Phone: 405-605-4249, Email: drford@h2gy.com Services: Behavioral counseling, assessment and intervention with older adults, adults, adolescents and children.

Healing Hearts of SW Oklahoma 1940 N.W. Ferris Street Lawton, Oklahoma 73507 Contact: Stacia A. Powers, MSBS, LPC Phone: 580-713-5150, Email: spowers@healingheartsofswok.com Services: Assessment, individual, couple and family therapy, research and policy and procedure training.

Impact Counseling Center 115 S. Main Street Noble, Oklahoma 73068 Contact: Shalon Stokes, MA, LMFT Phone: 405-872-8461 Services: Children, adolescent, and adult office, home, and school based counseling and educational services.

Jim Taliaferro Community Mental Health Center 602 S.W. 38th Street Lawton, Oklahoma 73505 Contact: Ronda Campbell, LPC OR Crystal Garza Phone: 580-248-5780, Email: crystal.garza@odmhsas.org Services: Inpatient Crisis Services, Triage Services, Outpatient Services included: Adult Mental Health and Substance Abuse, Adult Substance Abuse/Medication Assisted Programs, Children's/Systems of Care, Program for Assertive Community Treatment (PACT)

Kickapoo Tribal Health Center 105365 S. Hwy #102, McLoud, Oklahoma 74851 Contact: Angela Ogunbase, LADC/MH Phone: 405-964-2618 Ext 318, Email: angela.ogunbase@okkthc.com Services: Substance abuse, mental health, educational, and court referral services for individuals, couples, and families. Other services are also available.

Landmark Recovery of OKC 4825 N.W. 23rd Street Oklahoma City, Oklahoma 73127 Contact: Kaylee Walker, HR Manager Phone: 405-627-6894, Email: Kaylee.walker@landmarkrecovery.com Services: Individual, family, group counseling in residential and intensive outpatient substance disorder services.

Lone Star Behavioral Health 16303 Grant Road Cypress, Texas 77429 Contact: Sharie Quinn, LCSW Phone: 281-516-6200, Email: squinn@lsbhealth.net Services: Adult psychiatric facility providing individual, family, group, case management, medication and detox services.

Lone Star Elementary School 2945 S. Hickory Street Sapulpa, Oklahoma 74066 Contact: Denise Witzansky, LPC Phone: 918-224-0201, Email: dwitzansky@lonestar.k12.ok.us Services: Educational, help with identifying student deficits and determining the best way to help. Counseling services for students struggling with issues at home or school.

Moore Youth and Family Services 624 N.W. 5th Street Moore, Oklahoma 73160 Contact: Donita Goodin, LPC-S Phone: 405-799-3379, Email: donitagoodin@mooreyouthandfamily.org Services: Mental health and substance abuse outpatient services to include school based, prevention/intervention, office based, day school and OJA Level E services.

Multi-County Youth and Family Services 600 Avant Clinton, Oklahoma 73601 Contact: Jerry Beech, LPC Phone: 580-323-3322, Email: mcys@mcysok.com Services: Youth Shelter, advocacy, prevention, and outpatient counseling services.

Multi-County Counseling, Inc.

112 W. Main Street

Purcell, Oklahoma 73080

Contact: Site directors, Main Office Number 405-527-1785 Ada – Khrystal Blakenship, LPC khrystalblankenship@gmail.com Tahlequah – Kay Stafford, LPC kstafford@cablelynx.com Lawton – Amanda Hale, LMFT ahale@multicounty.com Services: Office and in-home individual, family, group, play counseling. Rehabilitation services to children, adolescents, and adults.

New Day Recovery, Inc. 7250 N.W. Expressway, Suite 200 Oklahoma City, Oklahoma 73022

Contact: David Scott Pittman, LADC/MH Phone: 405-487-7099, Email: david.scott.1004@yahoo.com Services: Mental health and substance abuse services. Individual, family, and group counseling. Home based outpatient services for age(s) one – geriatric.

Northcare Family Treatment Center

7127 N. County Line Road Piedmont, Oklahoma 73078

Contact: Kaci Cole, LPC

Services: Residential substance abuse and mental health facility specializing in women and children. Group and individual counseling, case management, rehab and education groups.

Northwest Center for Behavioral Health (ODMHSAS)

1222 10th St, #211N Woodward, Oklahoma 73801 Contact: Sarah Sherman, LPC, LADC or Jason Zwink, LPC Phone: 580-327-1112 or 580-256-9700, Email: ssherman@odmhsas.org or Jason.Zwink@odmhsas.org Services: Individual, group and family therapy, rehabilitation, case management, recovery support, wellness, employment services, medication management and medication assisted treatment.

Oklahoma Association on Problem and Compulsive Gambling

501 E. Alameda, Suite E Norman, Oklahoma 73071 Contact: Ronald Wahkinney Phone: 405-801-3329, Email: rwahkinney@oapcg.org Services: Problem gambling counseling, casino employee training, individual counseling for addictive and cooccurring disorders. Preventive and educational camps for students age 8-18.

Oklahoma Crisis Recovery Unit (ODMHSAS) 2625 General Pershing Boulevard Oklahoma City, Oklahoma 73107 Contact: Gilbert Doh

Phone: 405-945-6229, Email: Gilber.doh@odmhsas.org

Services: Assessments and evaluations to determine the need for emergency detention. Short-term crisis stabilization, case management groups and treatment team services.

Oklahoma Counseling and Intervention Center

3700 N. Classen Boulevard, Suite C-55 Oklahoma City, Oklahoma 73118 Contact: Gail Cato, LPC Phone: 405-888-4047 Services: Mental health and substance abuse intervention and counseling services.

Oklahoma County Crisis Intervention Center (ODMHSAS)

2625 General Pershing Boulevard

Oklahoma City, Oklahoma 73107

Contact: Gilbert Doh or Adriana Perry-Thurmond

Phone: 405-945-6229, Email: Gilber.doh@odmhsas.org; Adriana.Perry-Thurmond@odmhsas.org Services: Assessments and evaluations to determine the need for emergency detention. Short-term crisis stabilization, case management groups and treatment team services.

Oklahoma County Juvenile Bureau 5905 N. Classen Drive Oklahoma City, Oklahoma 73118 Contact: Dr. Clifton Thomas Phone: 405-623-4636, Email: clito@oklahomacounty.org. Services: Incarcerated youth services using power thru choices, literacy and tutoring program. Crisis intervention,

individual group and community based services.

Oklahoma Department of Rehabilitation Services

3535 N.W. 58th Street, Suite 500 Oklahoma City, Oklahoma 73112 Contact: Jonathon Cook, Programs Manager Phone: 918-836-5556, Email: jcook@okdrs.gov Services: Vocational rehabilitation, visual services, disability determination services, oversight of Ok School for the Deaf and Ok School for the Blind.

Oklahoma School for the Deaf 1100 E Oklahoma Street Sulphur, Oklahoma 73086 Contact: Stacy Edgar Phone: 580-622-4964, Email: sedgar@osd.k12.ok.us Services: On campus educational, counseling, assessment, peer services, suicidal assessments, and psychological testing for students K-12.

Open Arms Behavioral Health, Inc. 2215 N.W. Cache Road, Suite 107

Lawton, Oklahoma 73505 Contact Dr. Ric Jerez, LPC Phone: 580-351-9998, Email: openarmsbh@openarmsbehavioralhealth.com Services: Individual, couple, family, children, military, veteran, trauma, and chronic mental illness counseling that is office and home based. Equine therapy for veterans and traumatized individuals.

Palmer Continuum of Care, Inc. 222 W. 8th Street Tulsa, Oklahoma 74119. Contact: Jenna Akuma, MHR Director of Operations, Palmer Continuum of Care, Inc. Phone: 918.280.9972, Website: P00almer-tulsa.org

Palomar OKC's Family Justice Center 1140 N. Hudson Oklahoma City, Oklahoma 73103

Contact: Charlotte Clayton Phone: 405-552-1017, Email: charlotte.clayton@okc.gov. Services: Comprehensive legal and supportive services for survivors of domestic violence, sexual assault, stalking, human trafficking, and elder abuse.

Parkside Psychiatric Hospital & Clinic 1620 E. 12th Street Tulsa, Oklahoma 74120 Contact: Ken Moore Email: Kmoore@parksideinc.org

Pivot Inc. 201 N.E. 50th Street Oklahoma City, Oklahoma 73105 Contact: Shantel Farrow, LMFT Phone: 405-235-7535 Ext 248, Email: shantel.farrow@pivotok.org Services: Individual, family and group therapy. Assist at 24-hour intervention facility.

Port Lawrence Behavioral Health Services, LLC 1330 N. Classen Boulevard, Suite 201 Oklahoma City, Oklahoma 73106 Contact: Frank Calvin, M.S., LADC-MH Phone: 405-326-7721, Email: portlawrencebhs@gmail.com Services: Mental health and substance abuse counseling, individual, family, group, case management and behavioral rehabilitation services.

Positive Changes, Inc. 4300 S. Harvard Avenue Tulsa, Oklahoma 74135 Contact: Odetta Moore, LPC Phone: 918-728-2228 Ext. 116 Services: Rehabilitation services and individual, family, and group counseling and assessment.

Restore Behavioral Health 2212 Westpark Drive Norman, OK 73069 Contact: Gina Dixon, M.Ed., LPC-S Phone: 405-310-3262, Email: office@restore-bh.com Services: Outpatient individual, couples, family therapy. Enneagram coaching, life coaching, faith-based counseling.

Red Rock Behavioral Health Services (Planet Rock, other locations case-by-case) 4130 N. Lincoln Boulevard Oklahoma City, OK. 73105 Contact: Stacie Maze, LPC-S Phone: 405-267-3212, Email: smaze@red-rock.com Services: Screening and Assessment, Crisis Intervention, Individual, Family, and Group Counseling, Case Management, Medication Assisted Treatment, Wellness, Trauma Focused CBT, Telehealth Services.

River Bend Counseling Services, LLC 618 Bryan Drive Durant, Oklahoma 74701

Contact: Melanie Stanley, Candidate for licensed alcohol and drug counselor Phone: 580- 920-0909, Email: riverbendcounselingservices@yahoo.com Services: Individual drug and alcohol counseling for all ages, case management, and marriage and group therapy.

Rogers County Youth Services

1820 N. Sioux Ave Claremore, Oklahoma 74017

Contact: Raylene Stebbins, LPC, Phone: 918-341-7580, Ext 102, Email: raylenercys@tulsacoxmail.com or Herb McSpadden, Phone: 918-341-7580, Email: hmcspadden@rcys.org. Services: Outpatient counseling services for persons age 4-21.

SSM Health Saint Anthony Hospital 1000 N. Lee Avenue Oklahoma City, Oklahoma 73102 Contact: Larry Phillips: larry.phillips@ssmhealth.com Phone: 405-272-7133 Services: Individual, family, and group counseling. Chemical dependency treatment, psychiatric services, psychological evaluations and recreation therapy.

Sanctuary Counseling (Life Connection Counseling)

7145 S. Braden Avenue Tulsa, Oklahoma 74136 Contact: Stuart Hook Phone: 918-496-9588, Email: stuarthook@lifeconnectioncounseling.com Services: Individual, group and marriage counseling.

Southeastern Oklahoma Family Services 1201 Arlington Ada, Oklahoma 74820 Contact: Ashley Ann Simmons, LPC Phone: 580-235-0274, Email: ashleyann@treatmentservices.org Services: Individual, couple, family, group and case management services.

Transitions Inc.

6051 N. Brookline Avenue, Suite 112 Oklahoma City, Oklahoma 73112 Contact: Brandy Guidry, LPC Phone: 405-664-4690, Email: brandy.guidry@transtionsokc.com Services: Individual, family, sexual awareness group

The Tristesse Grief Center 2502 E. 71st Street Tulsa, Oklahoma 74136 Contact: Audrey McCraw, Executive Director Phone: 918.587.1200 Ext 105, Email: audrey@thegriefcenter.org Tulsa Center for Behavioral Health 2323 S. Harvard Avenue Tulsa, Oklahoma 74114 Contact: Susan Burnett Phone: 918-292-2140

Unified Dimensions, LLC 7901 N.E. 10th Street, Suite A106 Midwest City, Oklahoma 73110 Contact: Elizabeth Hooks, LADC/MH Phone: 405-731-9012, Email: unifieddimensions@gmail.com Services: Home-based and office-bases services to include assessments, treatment plans, individual and family therapy, as well as, targeted case management and behavioral health rehabilitation services.

Valliant House 114430 N.S. 3500 Road Konawa, Oklahoma 74849 Contact: Abbey Nixon, LPC Phone: 940-704-6028, Email: anixon@vallianthouse.net Services: Residential treatment for drug and alcohol usage. Provides individual and group counseling.

Your Key to Change 3000 United Founders Boulevard, #108 Oklahoma City, Oklahoma 73112 Contact: Shelly Hartwick, LPC Phone: 405-842-8396, Email: shelleyhartwickykc@yahoo.com Services: Mental health and substance abuse services.

Youthcare of Oklahoma, Inc.

9820 E. 41st Street, Suite 400 Tulsa, Oklahoma 74146 Contact: Melissa Thorman, LPC Phone: 918-771-0421, Email: melissa.thorman@ycoemail.com Services: Outpatient behavioral health, therapeutic foster care, health home services and systems of care for ages 4-21. Therapy services for children, adolescents and adults.

Due [Dates
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	For Practicum/Internship In		
	Summer	Fall	Spring
New P/I Site Approval	3/15	6/15	10/1
P/I Application (App & Learning			
Objectives Form, Memo of	4/15	7/15	11/1
Understanding, Proof of Insurance)			

	Contacts	
CMHC Program Coordinator (All campuses)	Christopher Hennington, Ph.D., LPC-S	chennington@ou.edu
Online Program Director	Katie Allen, Ph.D., LPC-S	kallen@ou.edu
Program Questions	Cathy Yeaman	cyeaman@ou.edu
Internship/Practicum	Faculty	CMHCintern@ou.edu
Faculty	Corinne Webster, Ph.D., LPC-S, CSC, RPT, NCC	cwebster@ou.edu
Faculty	Jonna Byars, Ph.D., LPC, NCC	jbyars@ou.edu
Faculty	Stella Michael-Makri, Ph.D., LPC, NCC, CPCS	Stella-MichaelMakri-1@ou.edu



PRACTICUM/INTERNSHIP (P/I) APPLICATION & LEARNING OBJECTIVES

STUDENT FULL NAME	ID#			
ADRESS:				
Street Address	City	State	Zip	
EMAIL:		SEMESTER:	🗆 FA 🗆 SP 🗆 SU YEAR:	
PRACTICUM/INTERNSHIP FAULTY EDUCATOR:				
AGENCY:				
AGENCY ADDRESS:				
Street Address	City			
SITE SUPERVISOR FULL NAME		I	LIC#	
SITE SUPERVISOR PHONE#:	CREDIT HO	URS: 🗆 3 🗆 6	CLOCK HRS/WK:	

1. Describe the CLINICAL duties and responsibilities:

2. Describe the learning objectives for the practicum/internship:

3. What criteria will be used to measure and evaluate the practicum/internship experience? (Include a discussion of how feedback will be provided, supervisor's expectations, and other pertinent information):

Student Signature and Date



STUDENT:	SEMESTER: FA SP SU YEAR:
FACULTY EDUCATOR:	CREDIT HOURS: 🗆 3 🛛 6

SELECT:
PRACTICUM (HR 5283) INTERNSHIP (HR 5200)

MEMORANDUM OF UNDERSTANDING

- A. This memorandum of understanding is made this _____of _____, 20_____, by and between The University of Oklahoma, <u>Department of Human Relations (hereinafter called the "University")</u>, and ______(hereinafter called the "Agency").
- B. WHEREAS, it is the desire of the University to utilize resources of the Agency for students, enrolled in HR 5283 Practicum or <u>HR 5200 Internship</u> of the University; and WHEREAS, the Agency has such facilities and is desirous of cooperation with the University in making them available for the educational purposes, NOW THEREFORE, THE PARTIES MUTUALLY AGREE TO THE FOLLOWING:

C. The University and the Agency jointly agree:

- 1. As of ______, 20 _____, the Agency will allow the University to use its facilities for a practicum/internship for students enrolled at the University.
- 2. This agreement shall be effective beginning, 20___, and ending_____, 20____. Either party may terminate this agreement by giving the other written notice of termination of not less than thirty (30) days. The agreement may be terminated at anytime by mutual consent
- 3. The Agency and the University cooperate in the placement of students. The Agency has no obligation to work with students who are initially considered to be, or are later found to be, unsuited to the Agency practicum/internship.
- 4. Access to student records shall be governed by the Family Educational and Privacy Rights Act, 20 U.S.C.S. 1232 G, commonly known as the "Buckley Amendment".
- 5. No party to this agreement shall, in connection with any aspect of its performance, discriminate against any person by reason of race, color, gender, age, religion, disability, veteran's status, sexual orientation, or national or ethnic origin.
- 6. It is mutually agreed that Agency acceptance of Students for practicum/ internship does not obligate the Agency to compensate the University. Further, there is no financial obligation on the part of either institution to the other. Any agreements which promise financial compensation to the Student are wholly separate and apart from this memorandum of understanding.

7. The University and Agency agree to prohibit students, faculty, or staff from publishing any materials as a direct result of the practicum/internship experience in the Agency, unless such publication is approved for release, in writing by the Agency and the University, such approval not to be withheld unreasonably.

D. Responsibilities of the University

- 1. The University will designate a faculty liaison to work with the Agency who may help in developing Student assignments and training activities and assisting with Student evaluation.
- 2. The University will confer with the Agency prior to the placement of any Student in order to establish or to review the purpose, provisions, and responsibilities involved in the practicum/internship experience.
- 3. The University is responsible for monitoring the learning experiences of the Student.
- 4. When circumstances beyond the control of the University or Agency indicated the Student must be withdrawn, or if the Agency is unable to meet the conditions of the agreement, the University has the responsibility to withdraw the Student from the Agency. This action would be taken only in consultation with the Agency internship supervisor and other Agency personnel involved.
- 5. The University agrees not to use the Agency name in any publications or advertising, except in University catalogues, bulletins, and student recruitment materials, without prior written Agency approval.
- 6. The following clauses may or may not be applicable to this agreement. Only those clauses initialed by both parties shall be in effect.

_____The University will provide each practicum/internship in the Agency with current policies, guidelines, and required practices.

_____The University will provide the Agency with current information on dates of practicum/internship assignments, hours of work and nature of educational assignments necessary for each student.

_____The University will provide group meetings throughout the year for administrators, agency liaison staff, and practicum/internship instructors. These programs are planned to promote understanding of the Curriculum of the University, to encourage communications and interaction, and to develop competence in practicum/internship instruction.

_____The University may offer workshops and other learning opportunities in practicum/internship. Instructors may attend without payment of tuition.

_____The University will permit its faculty to participate as resource persons at Agency activities on invitation from the Agency and with the approval of the University faculty's chair.

_____The University will provide library privileges for practicum/ internship instructors.

E. Responsibilities of the Agency:

- The Agency will be responsible for the actual supervision and control of the Student's activities within the Agency. The Agency will designate one or more staff persons with appropriate qualifications to instruct and to supervise the student.
- 2. The Agency will provide adequate work resources which enables the student to function effectively. There will be adequate provision for safe-guarding confidential materials.
- 3. The Agency will provide learning experiences, including orientation to the Agency.
- 4. The practicum/internship supervisor will be responsible for prompt submission of reports which adequately describe the Student's learning, if required by the University.
- 5. The Agency will communicate immediately with the faculty liaison any concern regarding the Student's performance or learning.
- 6. The Agency will consult with the University immediately if specific circumstances arise which requires the Agency to ask the Student be withdrawn from the practicum/internships during the school year.
- 7. The Agency will agree to arrange Student schedules which will not conflict with those schedules of the University.
- 8. The Agency agrees to permit, upon reasonable request, the inspection of clinical and related practicum/internship facilities by the University and by those agencies charged with the accreditation of the University.
- 9. The Agency agrees to provide each student in the Agency all Agencypolicies, rules, regulations, and expectations which are pertinent to the Student's role in the practicum/internship.
- 10. The following clauses may or may not be applicable to this agreement. Only those clauses initialed by both parties shall be ineffect.

_____The Agency will provide adequate time for the practicum/internship LPC supervisor to hold individual conferences with the Student for at least <u>one hour per week</u>. Time is provided for group conferences with the Student as needed during the School year and for teaching preparation in advance of the conferences.

_____The Agency will provide time for the practicum/internship instructor to attend approximately <u>one</u> _____meeting for practicum/internship during the academic year.

F. Responsibilities of the Student: SEE ATTACHMENT "A" WHICH MUST BE SIGNED AND DATED BY THE STUDENT AND ONE WITNESS.

APPROVED:

Practicum/Internship Faculty Educator University of Oklahoma Date

Agency On-Site LPC Supervisor

Date

PRACTICUM/INTERNSHIP MEMORANDUM OF UNDERSTANDING ATTACHMENT A

Student Acknowledgment and Release

- A. This memorandum of understanding is made this _______of _____, 20_____, by and between The University of Oklahoma, <u>Department of Human Relations</u>(hereinafter called the "University"), and _______(hereinafter called the "Student").
- B. WHEREAS, the student has entered into a practicum/internship, the Student acknowledges his/her responsibilities as shown below and agrees to the following:
- The Student will adhere to Agency and University policies, procedures, programs, and operating standards. Examples may include but are notlimited to the following rules for hours of Agency operation and necessary absences, providing monthly and narrative reports, and providing continuity of services and treatment during University holidays as planned in advance with the practicum/internship instructor.
- 2. The Student will be under the actual direction and supervision of the Agency during participation in practicum/internship activities.
- 3. The Student will complete all documentation required by the University and the practicum/internship instructor.
- 4. The Student will prepare for and participate in regular evaluation conferences if required by the University or Agency.
- 5. The Student has the responsibility to act professionally and ethically and to maintain confidentiality.
- 6. The Student is responsible for his/her own health and accident, automobile and professional liability insurance, since these will not be provided by the University or the Agency. If the Agency has health requirements, the Student is expected to meet the requirements of the Agency.
- 7. The Student is not an employee of the Agency or the University and is not entitled to financial remuneration during the practicum/internship unless otherwise arranged by the Agency and Student.
- 8. Travel to and from the practicum/internship placement is paid by the Student.
- C. The terms hereof shall serve as a release and assumption of risk for myself, my heirs, estate, administrator, assignees, and all members of myfamily.

APPROVED:

Student Signature and Date

Witness Signature and Date