

Course Title Updates Effective Spring 2023

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What's Happening?

You may have noticed some new courses/course titles published in various content/systems. As CMHC faculty update the program to meet the newest professional standards, you will see new course names appear.

Is every course impacted?

No. To see a list of impacted courses, see the tables on [page 2](#).

Why is this Happening?

The update of course titles is occurring for two reasons:

- First, updating titles and offerings allows the program to stay as current as possible with professional standards, ensuring you are as prepared as possible upon graduation.
- Secondly, in an effort to increase engagement and tailor material specific to LPC track students, CMHC specific classes will only be available to CMHC students. To systematically accomplish this, new titles needed to be introduced. (i.e. Theoretical Foundations in Human Relations will now be Counseling Theories in Clinical Mental Health Counseling).

Will my degree requirements change?

No. Your degree requirements will be the same, though some class titles may change. To see a reconciliation of class titles, see the tables below. If you take a class with an updated title, you will receive credit for the associated original title on your program of study. This is completed through a behind the scenes process within the Department of Human Relations. For example, if you take Counseling Theories in Clinical Mental Health Counseling, you will receive credit for Theoretical Foundations of Human Relations which is listed on your Program of Study.

Which title will show on my transcript?

Your transcript will show the title as it appeared when you enrolled.

Are the new courses board approved?

Yes, all past and current course titles and offerings are approved by the State of Oklahoma Board of Behavioral Health Licensing. [Click here](#) for more information. If you are seeking licensure outside of Oklahoma, be sure to check with your state on course requirements.

Does the covered material change when the title is updated?

Generally, no. You may see some titles expand slightly (e.g. Crisis Intervention changed by adding Trauma Counseling), but the differences in material covered is not significant.

Regularly, faculty review covered material for specific classes and update the material to reflect the most recent standards, trends, and research. That process will continue.

Impacted Core Classes

(Check your Program of Study for which classes you must take)

Original Course Title		Updated Course Title	
5003	Theoretical Foundations of Human Relations	5533	Counseling Theories in Clinical Mental Health Counseling
5023	Research in Human Relations	5503	Research for Counseling

Impacted Required Classes

(Check your Program of Study for which classes you must take)

Original Course Title		Updated Course Title	
5403	Psychosocial Development	5923	Human Growth & Development
5493	Assessment & Evaluation in H R	5613	Assessment & Evaluation in Counseling
5200	Internship in H R	5903	Counseling Internship I
		5913	Counseling Internship II

Impacted Electives

Original Course Title		Updated Course Title	
5413	Chemical Dependency	5413	Addictions Counseling
5513	Marriage and Family Therapy	5513	Couples & Family Counseling
5643	Crisis Intervention	5643	Crisis Intervention & Trauma Counseling
5533	Counseling Approaches in HR	5883	Intro to the Counseling Profession