

HR AND YOU

The Official Newsletter of the Department of Human Relations



Hello Students!

You did it! Congratulations to those graduating and well done to those continuing their program next year.

As you go on to your careers or continue your academic journey, I hope you take the time to recognize your hard work and develop gratitude for all you've experienced.

-Sincerely,
Tyra Jackson, Undergraduate Academic Advisor
tyra.jackson-1@ou.edu

OVERVIEW

- To-Do
- Campus Events
- Program Requirements
- Campus Resources
- Career Exploration
- Student Spotlight (Coming Soon!)
- Feedback Survey



TO-DO



May 1 - 8

- Final Exam Preparation Period

May 6

- Final day to petition to drop a course

May 9 - 13

- Final Examinations Last day for an automatic grade of W for dropped course(s)

May 27

- Final Day to Submit Work Needed (e.g. transfer work) for Graduation to Academic Records

First Year and Sophomore students

- Identify your personal interests and needs; assess your career skills, values, and goals.
- Participate in campus organizations and activities that interest you.
- Review the Handshake Job Board and apply for on-campus interviews for internships or co-ops.
- Apply for internships or other off-campus experiences.

Junior and Senior students

- Attend career fairs, and network with faculty/staff.
- Actively develop leadership and communication skills in campus organizations.
- Update your resume and have it critiqued by Career Services.
- Start/continue jobs or graduate schools.
- Review and apply for full-time postings on the Handshake Job Board.

Students should routinely check the Academic Calendar:
<https://www.ou.edu/registrar/academic-calendars/spring-2022-academic-calendar>



May Graduation Reception!

Come celebrate your hard work!
The Department will be pinning undergraduates and
hooding graduate students promptly at 5:30pm.

Jim Thorpe Multicultural Center

624 Asp Ave, Norman, OK 73069

Saturday, May 14th

5:00PM - 6:30PM



Light refreshments will be served

Please bring your graduation regalia!



OU NORMAN CAMPUS RESOURCES

Student Financial Center
Buchanan Hall 105
(405)-325-9000
ou.edu/sfc

Study Abroad
(405) 325-1693
ea@ou.edu
[Education Abroad \(ou.edu\)](http://Education Abroad (ou.edu))

MoneyCoach
Couch Center, 2nd floor
(405)-325-4692
<https://www.ou.edu/moneycoach>

Safety
[Safe Walk](#) (Norman Campus)
[Safe Ride](#) (Norman Campus)

Career Services
Oklahoma Memorial Union, Rm 323
(405) 325-1974
<https://www.ou.edu/career>

[Parking Services](#)
Jenkins Parking Facility
1332 Jenkins Ave.
1st floor
(405)-325-3311

Goddard Health Center
620 Elm Ave.
(405)-325-4611
[Goddard Health Services \(ou.edu\)](http://Goddard Health Services (ou.edu))

Disability Resource Center
730 College Ave.
(405)-325-3852 (voice)
(405)-325-3494 (VP)
drc@ou.edu

Counseling Services
[Goddard Counseling Center](#)
8 a.m.-5 p.m. Monday-Friday
(405) 325-2911
Goddard Health Center, 201

Veteran Student Services
Buchanan Hall 216
(405)-325-4308
veterans@ou.edu

The Student Society of Human Relations
[Student Society for Human Relations \(ou.edu\)](#)

Gender & Equality Center
Oklahoma Memorial Union
(405)-325-4929
[Gender and Equality Center \(ou.edu\)](http://Gender and Equality Center (ou.edu))

Student Activities
[Campus Activities Council](#)
[Explore - ENGAGE powered by OU Division of Student Affairs \(campuslabs.com\)](#)

Consider graduate school as an avenue to your career!

Apply	Application Process (ou.edu)
Programs	Graduate Programs (ou.edu)
Grad Planner	hr-program-planner.pdf (ou.edu)
HR Website	Department of Human Relations < University of Oklahoma (courseleaf.com)
Grad College	Graduate College (ou.edu)
Questions?	Email the graduate liaison Christy Burt (Cburt@ou.edu)
Purdue Owl	The Personal Statement // Purdue Writing Lab
Timeline for Entering Grad School	Timetable for Entering Graduate School Handout.pdf

CONSIDERING GRAD SCHOOL?

EXPLORE HUMAN RESOURCES!



MASTERS OF HUMAN RESOURCES STUDIES



- Develop skills for Human Resources jobs
- Develop knowledge of Human Resources Principles
- 36 hour program
 - Human Relations coursework
 - Human Resources concentration coursework
 - Diversity, Equity, and Inclusion coursework
 - Research and Application
- Thesis and Non-Thesis options

Learning Outcomes

- Articulate in detailed and specific terms the value HR brings to organizations.
- Create a plan for personal development.
- Explain the primary concepts and principles comprising the Human Resources discipline and its functional areas.

CONNECT WITH THE DEPARTMENT:

[HTTPS://WWW.OU.EDU/CAS/HUMANRELATIONS/GRADUATE](https://www.ou.edu/cas/humanrelations/graduate)



CONSIDERING GRAD SCHOOL?

EXPLORE HUMAN RELATIONS

MASTERS OF HUMAN RELATIONS STUDIES

- Human Relations is a multi-disciplinary field that promotes democratic values, advocacy and social justice
- 100% Online degrees in:
 - M.A Human Relations- Inclusive Leadership
 - M.A Human Relations- Diversity, Equity, and Social Justice



**No GRE
Open
Enrollment**

**Online &
Weekend Courses**



**Norman and
Tulsa based
programs**

CONNECT WITH THE DEPARTMENT:

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36 hour program

Human Relations coursework

Elective coursework from similar disciplines

Internship coursework

Thesis and Non-Thesis options



DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA

CONSIDERING GRAD SCHOOL?

EXPLORE CLINICAL MENTAL HEALTH COUNSELING!



- 60-hour, non-thesis program
- Open Continuous Enrollment
- Weekend, Evening, and Online Format
- Meets Requirements for LPC in Oklahoma
- Emphasis on multicultural competence and social justice

CLICK TO LEARN MORE:

[HTTPS://WWW.OU.EDU/CAS/HUMANRELATIONS/GRADUATE](https://www.ou.edu/cas/humanrelations/graduate)



DODGE FAMILY COLLEGE OF ARTS AND SCIENCES
HUMAN RELATIONS
The UNIVERSITY of OKLAHOMA

Student Spotlight:

Meet Emily Smithson (she/they)!

A monthly recognition of hardworking and dedicated students of the program. Nominate yourself or a friend!

[Go to the Nomination Form](#)

Emily Smithson, a junior in the program, can be best described as strong, caring, and honest.

She enjoys shopping for plants, reading, and spending time with friends!

Check out their book recommendation!
If We Were Villians by M.L. Rio



Smithson has been working with children utilizing ABA therapy. Every day, they get to help children learn important life-long skills.

Among their other passions, Smithson wants to spread a message about the Missing and Murdered Indigenous Women Movement (MMIW). This is an ongoing and widely ignored issue. She urges people to do their own research on the frightening statistics Indigenous women face.

Read more here:

<https://www.futureswithoutviolence.org/userfiles/file/Violence%20Against%20AI%20AN%20Women%20Fact%20Sheet.pdf>

"It is so rewarding to watch [the children I work with] progress, such as learning how to become more independent!"

-Emily Smithson

WE WANT TO HEAR FROM YOU

Tell us how we can improve!



We welcome your open, honest and critical feedback as we continue to improve and grow as a department.

The survey below let's us continue to be student-driven and responsive to departmental needs.

Tells us how we can improve!

https://ousurvey.qualtrics.com/jfe/form/SV_85Qp4ET5FtmbkOm

*Time-sensitive inquiries or concerns should be directed to the appropriate party via email, call, or appointment.

Please remember that change can be slow and that civil discourse is a necessity to achieve our goals.

The most helpful responses are:

- Honest and Genuine
- Tactful and Thoughtful
- Specific and Thorough

