

Doctor for a Day on the Road

Thank you for your interest in our Doctor for a Day on the Road programming! The purpose of our program is 1) to build a foundation for interest in the medical field and the many opportunities it holds in our elementary school population (Grades 1st-5th) and 2) to help make encounters with the medical field—like doctors' visits—less scary to these kids.

Our program uses hands-on activities to teach kids about how medicine is practiced. We also use our Teddy Bear Clinic to expose children to the doctor's office and common tools used for the physical exam. Other activities include mock surgery with our anatomy manikins, ultrasound exploration, food biology and cell models, and sensory boxes with organ models, skeleton anatomy, glow germ. You can find descriptions of our activities below:

Teddy Bear Clinic:

Our Teddy Bear Clinic is one of our most popular activities. Here kids have a chance to be doctors to their favorite stuffed friend. They identify where their stuffed friend is hurting and then we take them through a full physical exam of their special friend. The goal is to show them every aspect of the pediatric exam that they will experience at the pediatrician. We also explain the special tools doctors use to listen to the heart, lungs, abdomen, and other tools to look in the eyes and ears.

Mock Surgery:

Also, another popular activity. In our mock surgery activity, kids can gown and glove up to perform surgery on our anatomy manikins. While they're exploring the body, we explain the jobs of different organs to them. Our goal here is to expose them to the gowns surgeons wear in case they ever need to be in the OR.

Ultrasound:

Our portable ultrasounds make it extremely easy to explore arteries and veins with kids. Our hope is to get them acquainted with the cold gel and the feeling of the ultrasound wand in case they need ultrasound in the future.

Skeleton Anatomy:

In this activity, kids will be able to interact with our life-size skeleton to discuss bones and their purpose in our bodies. They will also have a chance to reconstruct a skeleton through different puzzles. Our purpose with this activity is to introduce major bones in the human body and how they function. We also hope that kids can identify the locations of these bones in their own bodies and recreate a puzzle of the human skeleton.

Food Biology and Cell Models:

In this activity, kids will be able to create models of DNA and cells in the human body through several types of foods. This activity is meant to introduce the diverse types of cells and materials in the body and their purposes. Plus, it's a great snack for them in the process!

Sensory Boxes with Organ Models:

In this activity, kids will use their sense of touch to describe different organs placed in a box. This activity is meant to expose them to the different organs in the body and their functions while challenging students to put their sensation of touch into words.

Glow Germ:

In this activity, kids will learn about germs in our everyday lives, how they cause us to get sick, and what we can do to prevent sickness. They will be given fluorescent gel to rub on their hands. A black light will be used to show how 'dirty' their hands are. They will then be asked to wash their hands for 2 minutes with soap and water. The blacklight will be passed over their hands again to see any remaining 'germs'. This activity teaches proper hand washing.

We would love to bring our Doctor for a Day event to your school! Please read our requirements and fill out our request form below.

1. This event is meant for Grades 1st-5th. Does your age group fit these ranges?
2. Have you received permission from your principal or other appropriate administrator to host the event?
3. Do you know how long you would like the event to last? Our events typically last 1.5-2 hours.

The request form can be found here:

https://ousurvey.qualtrics.com/jfe/form/SV_cYHsuNzImGCOih0