INTERNATIONAL STUDENT RESOURCES

ACADEMIC AND PROFESSIONAL SUPPORT

<u>Accessibility and Disability Resource Center</u> — The Accessibility and Disability Resource Center (ADRC) provides services to students with disabilities to ensure that they have equal access to education, housing, events, and activities on all three University of Oklahoma campuses. The ADRC also oversees digital and structural accessibility.

<u>Schusterman Library</u> — Receive one-on-one help from librarians on projects, citations, presentations, and more. They offer space reservations, a recording studio, as well as a private lactation and meditation room.

<u>Career Services</u> — Career Services within OU-Tulsa Student Affairs is dedicated to assisting OU-Tulsa students in career exploration, preparation, and attainment. We are committed to helping students make a seamless transition from academic life to the professional workforce. We offer career workshops as well as individualized resume reviews and mock interviews.

<u>Information Technology (IT)</u> — IT can assist you with all your WEPA printing, ONE, and Canvas needs. They are located in the Schusterman Academic Center Room 1C65 or via phone at (918) 660-3550.

<u>Writing Center (Norman)</u> | <u>Writing Center (OUHSC)</u> — The OU Writing Center is a university-wide program that enriches learning, teaching, and research through engagement with writing. We assist students and faculty across the campus with all types of writing projects at any stage in the writing process. While OU-Tulsa does not have a Writing Center, you have access to each writing center via Zoom or email.

HEALTH, SAFETY, AND EMERGENCY SUPPORT

<u>Title IX/Sexual Misconduct Office</u> — For assistance on the OU-Tulsa campus, contact Josh Davis, Executive Director for OU-Tulsa Student Affairs and Associate Title IX Coordinator. His office is located in the Schusterman Academic Center Room 1C76 or via email at <u>Joshua-Davis@ouhsc.edu</u>.

<u>OU-Tulsa Police Department</u> — The OU-Tulsa Police Department is committed to providing the best possible police and security services for students, employees, patients, and property. In a non-emergency situation, call (918) 660-33900. In an emergency situation, call (918) 660-3333 or 911.

OU Advocates — OU Advocates is a helpline and support service for anyone in our OU-Tulsa community who experience sexual violence, relationship violence, stalking and/or sexual harassment. We are a free and confidential resource on campus. Any student, staff, or faculty member in the OU-Tulsa community may utilize Advocate services. Our helpline is (918) 660-3163.

<u>Domestic Violence Intervention Services (DVIS)</u> — DVIS provides comprehensive intervention and prevention services to women, men, and children affected by domestic and sexual violence. To access their 24-hour crisis and information line, call (918) 743-5763.

<u>OU-Tulsa Student Relief Fund</u> — The OU-Tulsa Student Relief Fund aims to provide assistance to current OU-Tulsa students facing extenuating financial circumstances beyond their control. We provide assistance to students impacted by pandemics, natural disasters, theft of personal property, car repair costs, unforeseen medical expenses, and any other circumstance that's financial impact may limit a student's ability to pursue a bachelors, masters, or doctoral degree at OU-Tulsa. Please note that this award cannot be used to cover tuition costs.

<u>OU-Tulsa Scholarship</u> — The OU-Tulsa scholarship is available to all actively enrolled students. The scholarship opens up at the beginning of each semester.

<u>Weather and Emergency Preparedness</u> — Weather in Oklahoma can be unpredictable and extreme. Please visit ecs. ou.edu to ensure your contact information is up to date so that you receive messages regarding school closures and emergencies.

COMMUNITY SUPPORT

<u>OU-Tulsa Student Affairs</u> — OU-Tulsa Student Affairs serves to enrich students' academic experience by building an inclusive community for all students; supporting emotional, intellectual and personal growth; facilitating professional development; and providing guidance toward a professional career. Our office is also home to the OU-Tulsa Student Health Clinic and Student Counseling Services. Please feel free to drop-in at any time to visit us. We are always happy to see your faces! We are located at the back of the Founders Student Center in Room 1C76.

<u>International Student Organization (ISO)</u> — Join our student-led group that provides social events, cultural programs, and a supportive community. All students are welcome to join. In addition to ISO, we have many academic and community-based student organizations that we encourage you to join!

<u>Applying for your Social Security Number (SSN)</u> — Social Security Administration advises that F-1 students wait until they have been in the U.S. for at least 10 days and have reported to school before applying for a SSN. Visit 14002 East 21st Street, Suite 900, Tulsa, OK 74134 for an in-person appointment.

<u>Driving in the United States</u> — Even if you have a license from your home country or another state, you may also need to pass both a driving and a written test to drive in Oklahoma. If you have trouble applying for a driver's license, speak with an OIS advisor and contact the SEVP Response Center with your case-specific questions.

<u>Bus Rapid Transit (BRT)</u>, Uber, and Lyft — If you do not have a car, many Tulsans utilize the BRT to get around. Uber and Lyft are available and widely used in Tulsa.

Banking — While we cannot officially endorse any financial institutions in Tulsa, we do have some suggestions for what to bring when opening an account. You should have: a valid passport, Form I-20, a copy of your most recent I-94, proof of US residential address (a signed lease agreement, utility bills, etc.) and proof of enrollment. You do not need a social security number to open a bank account.

Groceries — Tulsa has a variety of domestic and international grocery stores available to you. Reasor's, Walmart, Target, and Aldi are all popular options. Walmart Delivery, UberEats, and DoorDash are all commonly used options for food delivery. For international food items, we recommend Albarka Food International, Foody International Market and Halal Kebab Grill, Laxmi Spices of India, Supermercados Las Americas International, Nam-Hai Food Market, and Jerusalem Market International Grocery.

What to do in Tulsa — Tulsa is home to many parks and trails, art galleries, music venues, great restaurants, and more! We encourage you to explore the community and take advantage of all Tulsa has to offer.

QUICK CONTACTS

OU-Tulsa Student Affairs (918) 660 - 3100 | Room 1C76 | TulsaSA@ou.edu

OU-Tulsa Student Health Clinic (918) 660 - 3102 | Room 1C76

OU-Tulsa Student Counseling Services

(918) 660 - 3109 | Room 1C76 | <u>TulsaCounseling@ou.edu</u>

OU-Tulsa Student Enrollment Center

(918) 660 - 3474 | Room 1C114 | Tulsa.SEC@ou.edu

OU-Tulsa Financial Aid Services

(918) 660 - 3387 | Room 1C114 | brady.leach@ou.edu

