The mission of International Student Services is to assist the university and its international community with immigration matters that affect this constituency, to facilitate the education and personal development of international students, and to support cultural exchange and enrichment at the University of Oklahoma and the Norman community. We welcome all international students and their families! Two thousand international students and their families representing more than 100 countries call the University of Oklahoma (OU) their home away from home. The OU Office of International Student Services (OU ISS) is here to support you.

The mission of the University of Oklahoma is to provide the best possible educational experience for our students through excellence in teaching, research and creative activity, and service to the state and society.

This publication, printed by OU Printing Services, is issued by the University of Oklahoma. 250 copies have been prepared and distributed at a cost of $183.00 to the taxpayers of the State of Oklahoma.
The purpose of the US Department of State J-1 Exchange Visitor program is to increase mutual understanding between the people of the United States and the people of other countries through educational and cultural exchanges. The J-1 Student Intern program at OU is designed for graduate or undergraduate students who are currently pursuing a degree program outside the US, and who wish to participate in an internship opportunity in the US that fulfills an educational objective of their degree program.

**Student Internships**

- Completed on campus with faculty supervision
- Work-based learning experience
- Reinforce academic program
- Between 3 weeks and 12 months duration
- Full-time (at least 32 hours per week)
- Can be paid or unpaid
- Internship Fee ($500 or $800 depending on length)

**Benefits of Participating**

- Build partnerships with OU faculty, staff, and students
- Learn about American culture
- Practice speaking English
- Learn from American methods and expertise
- Experience life at OU!

**Student interns**

- Graduate or undergraduate student outside the U.S.
- Proof of English proficiency (TOEFL, IELTS, or interview)
- Proof of funds ($1,500/month)
- Proof of health insurance

**Campus Access**

- Limited on-campus housing
- Meal plans available
- Access to libraries and research centers
- International student programs
- Cultural activities

**How to Begin**

Contact OU faculty to be your host supervisor

**Contact**

International Student Services
College of International Studies
University of Oklahoma
Phone: (405) 325-3337
Fax: (405) 325-0197

iss@ou.edu