
FOR MORE INFORMATION, VISIT US ONLINE

<https://www.ou.edu/cis/iss/j-1-internship-program>

ABOUT THE UNIVERSITY OF OKLAHOMA

The mission of the University of Oklahoma is to provide the best possible educational experience for our students through excellence in teaching, research and creative activity, and service to the state and society.

The University of Oklahoma is an equal opportunity institution. www.ou.edu/eoo

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The UNIVERSITY of OKLAHOMA

International Student Services

J-1 STUDENT INTERN PROGRAM





ABOUT THE J-1 EXCHANGE VISITOR PROGRAM

The purpose of the U.S. Department of State J-1 Exchange Visitor program is to increase mutual understanding between the people of the United States and the people of other countries through educational and cultural exchanges. The J-1 Student Intern program at OU is designed for graduate or undergraduate students who are currently pursuing a degree program outside the United States and who wish to participate in an internship in the U.S. that fulfills an educational objective of their degree program.

ABOUT STUDENT INTERNSHIPS

- Internships are completed on campus with faculty supervision
- An internship is a work-based learning experience that reinforces your academic program
- Duration is between 3 weeks and 12 months
- Internships are full-time (at least 32 hours per week)
- They can be paid or unpaid
- The internship fee is \$500 or \$1,000, depending on length

ELIGIBILITY REQUIREMENTS

- Must be a graduate or undergraduate student outside the U.S.
- Must provide proof of English proficiency (TOEFL, IELTS, or interview)
- Must provide proof of funds (\$2,000/month)
- Must provide proof of health insurance

BENEFITS OF PARTICIPATING

- Build partnerships with OU faculty, staff, and students
- Learn about American culture
- Practice speaking English
- Learn from American methods and expertise
- Experience life at OU!

CAMPUS ACCESS AND RESOURCES

- Limited on-campus housing is available
- Meal plans are available
- Interns have access to libraries and research centers
- Interns are invited to participate in international student programs and cultural activities

HOW TO BEGIN

- Contact an OU faculty member to be your host supervisor
- Contact the International Intern Coordinator: Mukarram Lillard
International Student Services
University of Oklahoma
Phone: (405) 325-3337
Email: iss@ou.edu