

First-Year Housing Application Preparation Worksheet

Outlined below are the items and selections on the Academic Year 2024-2025 application. We encourage you to review the information below to be better prepared to complete your housing application.

Log-In and Verification Credentials

To complete your housing application, you will log in at link.ou.edu/myhousingandfood using your OUNetID or OU email address and password. You will be required to sign several acknowledgments using your 9-digit Sooner ID.

OUNetID (4+4) or OU Email

Password

9-digit Sooner ID

- 1. Profile Information:** Answer lifestyle questions and select t-shirt size; optional: designate pronouns.
- 2. Living Preferences:** Preferences collected on this page will only be used if you do not participate in room selection. Students must rank all 5 locations in order of preference. Options include:
 - Couch and Walker Centers
 - Cross Village
 - David L. Boren Hall
 - Headington Hall
 - Residential Colleges

Learn more about [locations](#), [rates](#), and more at ou.edu/housingandfood.

- 3. Accommodations:** Information about the accommodation process for students with a medical or psychological need.
- 4. Meal Plan:** Select your meal plan for the fall and spring semesters. All first-year students are required to have a meal plan.

Regular Meal Plans

- 6 meals/750 points
- 8 meals/550 points
- 10 meals/400 points
- 12 meals/250 points

Enhanced Meal Plans

Available at an increased rate

- 10 meals/700 points
- 14 meals/400 points

Learn more about [meal plans](#).

- 5. Information Releases, Proxy Agreement (for students under the age of 18), Meningitis Waiver, Terms and Conditions**
- 6. Review Application Summary and Submit Application**