

## Timeline of Transition Activities Provided by the Oklahoma Transition Council

This timeline is a recommended list of programs, services, and activities that teachers, parents, advocates, and youth can use to begin developing a plan to prepare the student for the future transition to life after high school. The items listed in each age group are considered "best time to start"; however, they are not the only time. You can always revisit something that you did not have an opportunity to do at an earlier time. To download this document, visit the OU Zarrow Center Web site at <a href="http://www.ou.edu/content/education/centers-and-partnerships/zarrow/timeline-of-transition-activities.html">http://www.ou.edu/content/education/centers-and-partnerships/zarrow/timeline-of-transition-activities.html</a>

Birth to 5 years old	Predictors of Post- School Success	This is a critical time to get connected with resources and begin accessing services for which your child might be eligible.
• Request an evaluation	• Student Support	http://ok.gov/sde/soonerstart
for related services,	Interagency	405-521-3351
such as speech therapy, through SoonerStart for	Collaboration	405-521-4880
those children from		Regional Office Phone Numbers:
birth to age 3; if your child is older than 3, contact your local		Region 1-Stillwater, 405-624-0725; Guymon, 580-338-3544 ext. 135; Woodward, 405-256-5028
school district for an evaluation		Region 2-Clinton, 580-323-2100; El Reno/Yukon, 405-264-3363; Guthrie, 405-282-3485
		Region 3-Oklahoma City, 405-271-9477;
		Region 4-Ardmore, 580-223-9705; Lawton, 580-585-6610;

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		Region 5-Norman, 405-321-4048; Shawnee, 405-273-2157;
		Region 6-Tulsa, 918-835-8691; Bartlesville, 918-341-3166; Sapulpa, 918-224-5531;
		Region 7-Tahlequah, 918-458-6577; Claremore, 918-341-3166;
		Region 8-Idabel, 580-286-6628; McAlester, 918-423-1267; Poteau, 918-647-8601 ext. 225; Durant, 580-924-4285
• Apply through the Department of Health for Women, Infants and Children (WIC) Program assistance which focuses on healthy foods and nutrition.	<ul><li>Student Support</li><li>Interagency Collaboration</li></ul>	• https://www.ok.gov/health/Community_&_Family_Health/WIC/405-271-4676 1-888-OKLAWIC (655-2942)
Connect with     Oklahoma Family     Network (OFN) for     services and supports in     your area for children     with special healthcare     needs and children with     disabilities	<ul><li>Student Support</li><li>Interagency Collaboration</li></ul>	http://www.oklahomafamilynetwork.org     (405-271-5072 or 877-871-5072)
SoonerStart—Prepare for 3 year old transition meeting with public school by working with your child's SoonerStart Resource Coordinator	<ul><li>Student Support</li><li>Interagency Collaboration</li></ul>	<ul> <li>http://www.ok.gov/health/County_Health_Departments/Carter_County_Health_Department/SoonerStart_Early_Intervention/index.html</li> <li>Regional Office Phone Numbers:</li> <li>Ardmore, 580-223-9705; Oklahoma County, 405/271-9477;</li> <li>Chickasha, 405/224-1050; Norman, 405/321-4048; Durant, 580/924-4285</li> <li>Tulsa, 918/835-8691; Tahlequah, 918/458-6577; Muskogee, 918/683-0321;</li> <li>McAlester, 918/423-1267; Clinton, 580/323-2100</li> </ul>
<ul> <li>Apply for Tax Equity</li> </ul>	Student Support	• http://www.okdhs.org/services/health/Pages/default6.aspx (405-521-3679)

and Fiscal	Interagency	• http://okhca.org/individuals.aspx?id=172&menu=42&column=true&part1=5
Responsibility Act	Collaboration	54&part2=550&part3=552
(TEFRA) benefits if		
under age 18, a resident		
of Oklahoma, and have		
been denied by SSI.		
Certain other criteria		
must be met (e.g.,		
hospital level of care, or		
nursing home level of		
care)		
• If you meet eligibility	• Student Support	• http://www.okdhs.org/ (405-521-3646)
requirements, apply	<ul> <li>Interagency</li> </ul>	<ul> <li>http://www.ouhsc.edu/Portals/1154/Assets/8_GuidetoCommunityServices.pd</li> </ul>
with the Department of	Collaboration	f
Human Services (DHS)		
for:		
o Developmental		• http://www.okdhs.org/services/dd/Pages/default.aspx 405-521-6267
Disabilities		
Services (DDS)		
In-Home		
Supports Waiver		
o Developmental		
Disabilities		
Services (DDS)		
Family Support		
Assistance		
Program  • Supplemental		http://www.fng.ugdo.gov/gnon
o Supplemental Nutrition		http://www.fns.usda.gov/snap
Assistance		
Program (SNAP)		
o Temporary		• http://www.acf.hhs.gov/ofa/programs/tanf/
Assistance for		imp.//www.act.iiiis.gov/ota/ptograms/taiii/
Assistance for		

Needy Families (TANF)  O Aid to the Aged, Blind, Disabled (AABD)  O Supplemental Security Income (SSI) Disabled Children's Program (DCP)  O If your child is receiving SoonerCare, they may also receive benefits under the Early Periodic Screening, Diagnosis, and Treatment (EPSDT) program  O Respite Voucher Program-The respite program lets caregivers take a break		<ul> <li>http://www.okdhs.org/services/health/Pages/default3.aspx (405-521-3646)</li> <li>http://www.okdhs.org/services/health/Pages/default11.aspx (405-521-3646)</li> <li>http://www.ssa.gov/pgm/ssi.htm</li> <li>http://www.okdhs.org/services/health/pages/faqepsdt.aspx</li> <li>1-800-987-7767</li> <li>http://www.okdhs.org/services/dd/pages/respite.aspx (405-521-3646)</li> <li>To apply for the Oklahoma Department of Human services Respite Program locate the Developmental Disabilities services Area Office nearest you http://www.okdhs.org/services/dd/pages/respite.aspx Call the intake department in that office and request an application.</li> </ul>
take a break away from the duties of taking care of another person.	Gr. 1 G	department in that office and request an application.
• Connect with Sooner SUCCESS	<ul><li>Student Support</li><li>Interagency</li></ul>	http://soonersuccess.ouhsc.edu/CountyCoordinators.aspx (877-441-0434)

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521-3646)
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parent training, information, and advocacy resources in your area.	Collaboration	
Apply for Sooner     Care/Medicaid	<ul><li>Student Support</li><li>Interagency</li><li>Collaboration</li></ul>	• http://www.okhca.org/individuals.aspx?id=92&menu=114 (800-987-7767)
• 2-1-1 provides access to the organizations in your area that provide free and low-cost services such as financial assistance, food, clothing, housing, counseling, health care and more.	<ul> <li>Student Support</li> <li>Interagency         Collaboration     </li> <li>Self-Care; Independent         Living Skills     </li> </ul>	• http://www.referweb.net/hlok (Telephone-Dial 211)
• The Joint Oklahoma Information Network (JOIN) provides a community resource directory and information on eligibility.	<ul> <li>Student Support</li> <li>Interagency Collaboration</li> <li>Self-Care; Independent Living Skills</li> </ul>	• http://join.ok.gov
• The Office of Disability Concerns provides accurate and timely information, referral and advocacy. Begin teaching	<ul> <li>Interagency Collaboration</li> <li>Parent Involvement</li> <li>Self-Advocacy; Self-Determination</li> </ul>	• www.odc.ok.gov (800-522-8224 or 405-521-3756)

youth self- determination and self-advocacy skills.  • Learn about individualized education programs (IEP) and the process (what to expect).	<ul><li>Parent Involvement</li><li>Program of Study</li></ul>	<ul> <li>www.wrightslaw.org</li> <li>http://nichcy.org/wp-content/uploads/docs/pa12.pdf</li> <li>http://www.parentcenterhub.org/repository/iep/</li> <li>http://www.parentcenterhub.org/repository/iep-overview/</li> <li>http://sde.ok.gov/sde/special-education</li> </ul>
• The One-Pager is a simple tool to help provide important information about your child's strengths, preferences, interests, and needs. Begin developing one for your child. Call the Center for Learning and Leadership for training in Person Centered Practices and help in creating a one page profile.	<ul> <li>Parent Involvement</li> <li>Self-Advocacy/Self-Determination</li> <li>Student Support</li> </ul>	<ul> <li>http://www.imdetermined.org/resources/detail/one_pager_implementation_g uide</li> <li>www.ouhsc.edu/thecenter (405-271-4500 or 1-800-627-6827)</li> <li>www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)</li> </ul>
Become more familiar with special education services.	<ul><li>Parent Involvement</li><li>Program of Study</li></ul>	<ul> <li>http://nichcy.org/publications/lg1</li> <li>http://sde.ok.gov/sde/special-education</li> </ul>
<ul> <li>Begin completing the OFN Care Notebook, an organizing tool used</li> </ul>	<ul><li>Parent Involvement</li><li>Self-Care;</li><li>Independent Living</li><li>Skills</li></ul>	• http://www.oklahomafamilynetwork.org (405-271-5072 or 877-871-5072)

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to keep track of	Self-Advocacy/Self	
important health	Determination	
care and school		
information for your		
child.		
<ul> <li>Participate in the</li> </ul>	<ul> <li>Parent Involvement</li> </ul>	<ul><li>http://okddc.ok.gov/ or</li></ul>
Oklahoma	<ul> <li>Interagency</li> </ul>	• (405) 521-4984 or (800) 836-4470
Developmental	Collaboration	
Disabilities Council	• Self-Advocacy/Self	
(ODDC) Partners In	Determination	
Policy Making		
• Attend story time at	Parent Involvement	<ul> <li>http://www.odl.state.ok.us/go/pl.asp or contact your local library</li> </ul>
local public	• Community	
libraries. This	Experiences	
website provides a	Social Skills	
directory of public	<ul><li>Parent Expectations</li></ul>	
libraries and	Farent Expectations	
systems.	G :	1,4,7,4,1,7,7,1,4,1,7,7,1,1,4,1,7,1,1,4,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,1,4,1,4,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1,1
• Seek out Summer	• Community	http://www.odl.state.ok.us/summer/index.htm
Reading Programs	Experiences	
and other skill	Parent Expectations	
development	<ul> <li>Social Skills</li> </ul>	
programs through		
universities, public		
schools, libraries,		
and other groups.		
<ul> <li>Begin teaching</li> </ul>	Parent Involvement	<ul> <li>http://www.dltk-kids.com/safety/index.htm</li> </ul>
about safety skills	• Community	<ul> <li>http://www.safekids.org/safetytips/field_audience/educators</li> </ul>
(in public places,	Experiences	<ul> <li>http://www.parentcenterhub.org/nichcy-resources/</li> </ul>
foods,	Social Skills	
transportation,	Travel Skills	
parking lots, new		
people, etc.)		

on shelf. O Place dirty clothes in hamper. O Throw trash away. O Fold washcloths. O Dust baseboards.	Independent Living Skills Parent Expectations Self-Advocacy/Self Determination  Parent Involvement Self-Advocacy/Self- Determination	<ul> <li>http://www.focusonthefamily.com/parenting/parenting-challenges/motivating-kids-to-clean-up/inspire-your-kids-to-do-chores</li> <li>www.ouhsc.edu/thecenter (405-271-4500 or 1-800-627-6827)</li> <li>www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)</li> </ul>
	redictors of Post-	This is the key developmental period for students to learn those
J	chool Success	general employability skills – finishing what I start, being on time,
		being reliable, etc. Parents and teachers play such a role on this in
		these years

Guide to the IEP	Self- Advocacy/Self-	• http://www.php.com/
Attend IEP	Determination	http://www.parentcenterhub.org/topics/iep-2/
meetings (parent	Program of Study	https://www.autismspeaks.org/docs/family_services_docs/StudentsGuide.pdf
and student)	<ul> <li>Inclusion in General</li> </ul>	http://sde.ok.gov/sde/special-education
and stadent)	Education	intp.//suc.ok.gov/suc/special education
Review the National	Parent Expectations	http://www.pta.org/parents/content.cfm?ItemNumber=2583&navItemNumbe
PTA Parents Guide	Parent Involvement	r=3363
to Student Success		
<ul> <li>Inquire about and</li> </ul>	Self- Advocacy/Self-	• http://aem.cast.org/ (781-245-2212)
advocate for	Determination	• http://www.library.state.ok.us/dir/AIM (405-521-3514 or 800-523-0288 or
accessible	<ul> <li>Program of Study</li> </ul>	405-521-4672 TTY/TTD)
instructional	Student Support	http://sde.ok.gov/sde/special-education
materials		
(Accessible		
Instructional		
Materials (AIM)		
A Technical Guide		
for Families and		
Advocates).		
<ul> <li>Begin implementing</li> </ul>	• Career Awareness	Awareness Phase (Phase 1)
phases of career	<ul> <li>Occupational Courses</li> </ul>	• What is work?
development (e.g.,	<ul> <li>Program of Study</li> </ul>	• What is a job?
career exploration,		What are some jobs you know about?
workplace		What kind of work do people do on these jobs?
awareness, job		What have you dreamed of doing?
skills, what work is,		• What kind of job do you want?
personal interests)		Where do you want to live, and with whom?
o Awareness		• Why do people work? Why do you want to work?
o Exploration		• What do you enjoy doing when you are not in school?
o Preparation		What jobs do your family members have?
o Career Placement;		• What types of things do they do on their jobs?
Continuing		nd
Education		Source: Sitlington, Neubert, Begun, Lombard, & Leconte. (2 <sup>nd</sup> edition). (2007).

		Assess for Success: A practitioner's guide for transition assessment. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)
• Self-Determination strategies-student should understand supports/needs and disability (accommodations).	<ul> <li>Self- Advocacy/Self- Determination</li> <li>Social Skills</li> </ul>	<ul> <li>http://www.imdetermined.org/youth</li> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow/self-determination-assessment-tools.html (405-325-8951)</li> </ul>
<ul> <li>Begin discussing how to set goals and work toward achieving them.</li> </ul>	<ul><li>Goal Setting</li><li>Self-Advocacy/Self Determination</li></ul>	<ul> <li>http://www.imdetermined.org/site/site- results/eyJyZXN1bHRfcGFnZSI6InNpdGVcL3NpdGUtcmVzdWx0cyIsImtl eXdvcmRzIjoiR29hbCBTZXR0aW5nIn0</li> </ul>
Take child to work to help teach about employment.	<ul> <li>Parent Involvement</li> <li>Career Awareness</li> <li>Community         Experiences     </li> <li>Paid Employment;         Work Experience     </li> </ul>	<ul> <li>http://www.daughtersandsonstowork.org/ (800-676-7780)</li> <li>http://en.wikipedia.org/wiki/Take_Our_Daughters_and_Sons_to_Work_Day</li> <li>http://www.thelearningpartnership.ca/what-we-do/student-programs/take-our-kids-to-work (800-790-9113)</li> </ul>
<ul> <li>Have child open and maintain a savings account to teach financial independence and responsibility.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Self-Advocacy/Self Determination</li> </ul>	<ul> <li>http://www.bankingkids.com/</li> <li>http://www.handsonbanking.org/en/</li> <li>http://bankingonkids.org/ (414-228-2828)</li> </ul>
Prepare and implement safety plans for traveling	<ul><li>Travel Skills</li><li>Community</li><li>Experiences</li></ul>	<ul> <li>https://www.kidpower.org/library/article/getting-lost/</li> <li>https://www.aap.org/en-us/about-the-aap/aap-press-room/news-features-and-safety-tips/Pages/Travel-Safety-Tips.aspx</li> </ul>
<ul> <li>Save for personal purchases and comparison shop for item.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Self-Advocacy/Self</li> </ul>	<ul> <li>http://kidmoney.about.com/od/savingmoney/ht/savemoney.htm</li> <li>http://www.moneycrashers.com/teaching-kids-save-money/</li> <li>http://www.minyanville.com/businessmarkets/articles/SPLS-SKS/11/21/2007/id/14860</li> </ul>

	Determination	http://www.bargaineering.com/articles/teach-children-shop-bargains.html
<ul> <li>Establish chores at home.</li> <li>Gather trash.</li> <li>Fold towels.</li> <li>Empty dishwasher.</li> <li>Match clean socks.</li> <li>Make salad</li> <li>Pull weeds</li> <li>Rake leaves</li> </ul>	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Parent Expectations</li> <li>Self-Advocacy/Self Determination</li> <li>Youth Autonomy/Decision Making</li> </ul>	<ul> <li>http://housekeeping.about.com/od/involvingfamily/a/5easycharts.htm</li> <li>http://life.familyeducation.com/parenting/jobs-and-chores/45315.html</li> <li>http://www.focusonthefamily.com/parenting/parenting-challenges/motivating-kids-to-clean-up/inspire-your-kids-to-do-chores</li> </ul>
• Teach child how to use the phone and how to call 911	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Self-Advocacy/Self Determination</li> <li>Youth Autonomy/Decision Making</li> </ul>	<ul> <li>http://torontomomnow.com/2013/teaching-kids-to-use-the-phone/</li> <li>http://kidshealth.org/en/parents/911.html#</li> <li>http://fivejs.com/teaching-phone-skills-to-children/</li> </ul>
Allow child to help cook, etc.	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> </ul>	<ul><li>http://cookingwithkids.net/</li><li>http://www.kidsacookin.org/</li></ul>
• Teach Employment First Thinking- Employment is the first priority and preferred outcome of people with disabilities.	<ul> <li>Career Awareness</li> <li>Self- Advocacy/Self- Determination</li> <li>Inclusion in General Education</li> <li>Occupational Courses</li> </ul>	<ul> <li>http://www.employmentfirst.net/</li> <li>http://www.apse.org (301-279-060)</li> <li>http://www.cast.org/udl (781-245-2212)</li> </ul>
Teach traffic and pedestrian safety	Travel Skills Community  Timeline of Transition Action	https://www.nhtsa.gov/pedestrian-safety/child-pedestrian-safety-curriculum     http://www.safekids.org/safetytips/field_risks/pedestrian-safety  October 10, 2017

	Experiences	
<ul> <li>Ask for any necessary Assistive Technology.</li> </ul>	<ul> <li>Self- Advocacy/Self- Determination</li> <li>Student Support</li> </ul>	<ul> <li>http://www.ok.gov/abletech (888-885-5588 or 405-744-9748)</li> <li>http://sde.ok.gov/sde/special-education</li> </ul>
Public library (open an account and make use of resources).	<ul> <li>Community         Experiences         Self-Care; Independent         Living Skills     </li> </ul>	http://www.publiclibraries.com/oklahoma.htm
<ul><li>Read books about different careers</li><li>Begin teaching</li></ul>	Career Awareness     Travel Skills	<ul> <li>http://www.publiclibraries.com/oklahoma.htm or access materials from school libraries</li> <li>https://www.geolounge.com/teaching-early-map-skills/</li> </ul>
<ul> <li>basic map skills</li> <li>Participate in parent days/nights at schools. Attend IEP meetings and parent conferences.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Student Support</li> <li>Parent Expectations</li> </ul>	<ul> <li>http://nationalgeographic.org/education/map-skills-elementary-students/</li> <li>Contact your local schools for upcoming events or ask to be a part of planning them.</li> <li>http://www.wrightslaw.com</li> </ul>
• Kids need to know their medical needs, medications (what, when, why), etc.	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Self-Advocacy/Self Determination</li> </ul>	<ul> <li>http://www.oklahomafamilynetwork.org (Care Notebook) (405-271-5072 or 877-871-5072)</li> </ul>
• Learning what is important "to" and "for" someone can be done with the Center for Learning and Leadership's project Person Centered Thinking or you can contact	<ul> <li>Parent Involvement</li> <li>Self- Advocacy/Self- Determination</li> </ul>	<ul> <li>www.ouhsc.edu/thecenter (405-271-5072 or 877-871-5072)</li> <li>www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)</li> </ul>
the OK DD Council.		

<ul> <li>Online Safety         Activities for Kids.     </li> <li>Attend a         Wrightslaw         Conference.     </li> </ul>	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Social Skills</li> <li>Self-Advocacy/Self Determination</li> </ul>	<ul> <li>http://www.rtsd.org/Page/871</li> <li>http://www.safetykids.org</li> <li>http://www.safekids.org/safetytips/field_audience/educators?gclid=CNPstP2 F1bgCFUlp7AodtSYAnw</li> <li>http://www.wrightslaw.com</li> </ul>
Middle/Junior High (10-14 years of age)	Predictors of Post- School Success	One of the keys here is summer, weekend or odd jobs, volunteer experiences, and visits to jobs
<ul> <li>Meet with a         Benefits Planner to         talk about work and         impact on SSA         benefits.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Career Awareness</li> <li>Self- Advocacy/Self-Determination</li> <li>Interagency Collaboration</li> </ul>	<ul> <li>http://okrehab.org or contact your local VR counselor at DRS (800-845-8476 Toll Free Voice/TTY or 405-951-3400 Voice/TTY)</li> <li>Contact the Oklahoma Work Incentives Planning and Assistance Project (OWIPA): https://ncdet.ou.edu/en/work-incentives-planning/</li> </ul>
<ul> <li>Establish chores at home.</li> <li>Vacuum carpet</li> <li>Clean countertops.</li> <li>Mow lawn.</li> <li>Clean garage.</li> <li>Load dishwasher.</li> <li>Prepare simple meal.</li> <li>Mop floor.</li> <li>Wash windows.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Self-Advocacy/Self Determination</li> <li>Parent Expectations</li> </ul>	<ul> <li>http://housekeeping.about.com/od/involvingfamily/a/5easycharts.htm</li> <li>http://life.familyeducation.com/parenting/jobs-and-chores/45315.html</li> <li>http://www.focusonthefamily.com/parenting/parenting-challenges/motivating-kids-to-clean-up/inspire-your-kids-to-do-chores</li> </ul>
Review the National     PTA Parents Guide     to Student Success	<ul><li>Parent Expectations</li><li>Parent Involvement</li></ul>	•http://www.pta.org/parents/content.cfm?ItemNumber=2583&navItemNumber=3363
• Contact an	Self-Care; Independent	http://www.ilru.org/projects/silc-net/silc-directory-results/OK

Oklahoma Center	Living Skills	(918) 426-6220 or (800) 568-6821; (405) 321-3203 or (800) 801-3203;
for Independent Living for information to help	Student Support	(405) 951-3581
maintain independence (e.g., medical equipment, assistive		
technology, transportation and other needs).		
• Students are included in discussion regarding present levels of performance and accommodations specific to their individual needs.	<ul> <li>Self-Advocacy/Self- Determination</li> <li>Goal Setting</li> <li>Youth Autonomy / Decision Making</li> </ul>	<ul> <li>http://lifeafterieps.com/teaching-kids-to-plan-take-action-toward-their-personal-goals/</li> <li>http://zarrowcenter.ou.edu (405-325-8951)</li> </ul>
• Students learn to lead IEP meetings.	<ul> <li>Self-Advocacy/Self- Determination Social Skills</li> </ul>	<ul> <li>https://www.imdetermined.org/quick_links/modules/module_four/ http://zarrowcenter.ou.edu (405-325-8951)</li> </ul>
<ul> <li>Students participate in planning coordinated activities specific to their IEP goals.</li> </ul>	<ul> <li>Program of Study</li> <li>Self-Advocacy/Self-Determination</li> <li>Student Support</li> <li>Goal Setting</li> </ul>	<ul> <li>http://www.imdetermined.org/resources/detail/teachers_and_students_on_th e_importance_of_setting_and_reaching_goals</li> <li>http://zarrowcenter.ou.edu (405-325-8951)</li> </ul>
Understand the process of goalsetting.	Goal Setting	<ul> <li>https://www.mindtools.com/page6.html</li> <li>http://higherlogicdownload.s3.amazonaws.com/SPED/34aee1c1-7ded-4d59-af82-da4af08d5fc4/UploadedImages/DCDT_Fact_SheetStudent_involvement_I EP_Process.pdf</li> </ul>

		• http://www.ldonline.org/article/21026/
Students and teachers continue to discuss how to set goals and work toward achieving them.	<ul> <li>Self-Advocacy/ Self-Determination</li> <li>Exit Exam Requirements/ High School Diploma Status</li> <li>Goal Setting</li> </ul>	<ul> <li>http://www.imdetermined.org/site/site-results/eyJyZXN1bHRfcGFnZSI6InNpdGVcL3NpdGUtcmVzdWx0cyIsImtleXdvcmRzIjoiR29hbCBTZXR0aW5nIn0</li> <li>http://www.ldonline.org/article/21026/</li> <li>http://disability.illinois.edu/goal-setting</li> <li>http://higherlogicdownload.s3.amazonaws.com/SPED/34aee1c1-7ded-4d59-af82-da4af08d5fc4/UploadedImages/DCDT_Fact_SheetStudent_involvement_IEP_Process.pdf</li> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow/choicemaker-curriculum.html</li> </ul>
<ul> <li>Participate in or host career or transition fairs</li> </ul>	<ul> <li>Parent Involvement</li> <li>Career Awareness</li> <li>Transition Program</li> <li>Student Support</li> <li>Self-Advocacy / Self-Determination</li> </ul>	Check with your local school district and Workforce Development Board Youth Committees
<ul> <li>Parents and school staff discuss high school completion requirements / options</li> </ul>	<ul> <li>Parent Involvement</li> <li>Exit Exam         Requirements; High         school Diploma Status</li> <li>Inclusion in General         Education</li> <li>Program of Study</li> <li>Vocational Education</li> <li>Transition Program</li> </ul>	<ul> <li>Oklahoma State Department of Education (405) 521-3351</li> <li>http://sde.ok.gov/sde/special-education</li> <li>http://sde.ok.gov/sde/achieving-classroom-excellence-act-ace#Curriculum</li> </ul>
<ul> <li>Read biographies of famous people with disabilities, their careers, and goals they set to achieve their dreams.</li> </ul>	Career Awareness	<ul> <li>http://www.infoplease.com/people.html</li> <li>http://libraries.ok.gov/welcome/</li> </ul>

• Questions for	Career Awareness	Exploration Phase (Phase 2)
Career Development O Awareness O Exploration O Preparation O Career Placement/Continuing Education	Cureer rewareness	<ul> <li>What jobs are you interested in visiting?</li> <li>What exploratory courses would you like to take in school?</li> <li>What hobbies do you have?</li> <li>What activities do you do in your spare time?</li> <li>What volunteer or community service work do you do?</li> <li>Did you enjoy your summer job? What parts did you like best?</li> <li>Do you like being inside or outside better?</li> <li>Do you prefer being with other people, or do you enjoy being by yourself?</li> <li>Do you enjoy working with your hands and with tools, or do you prefer to solve problems in your head?</li> <li>Did you get along well with your classmates? If so, why did you? If not, why didn't you?</li> <li>What skills do you have that you can use in these or other courses?</li> <li>Source: Sitlington, Neubert, Begun, Lombard, &amp; Leconte. (2<sup>nd</sup> edition). (2007). Assess for Success: A practitioner's guide for transition assessment. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for</li> </ul>
• Plan for postsecondary education (e.g., college/core track, CareerTech)	<ul> <li>Parent Involvement</li> <li>Exit Exam         Requirements; High         school Diploma Status</li> <li>Inclusion in General         Education</li> <li>Program of Study</li> <li>Vocational Education</li> </ul>	<ul> <li>http://www.educationplanner.org/ (866-800-9220)</li> <li>http://www.myplan.com/timeline/high_school.php</li> <li>http://sde.ok.gov/sde/special-education Oklahoma Transition Education Handbook (405-521-3351)</li> <li>http://sde.ok.gov/sde/achieving-classroom-excellence-act-ace#Curriculum</li> </ul>

Visit College,     Technology Center     on field trips or with     parents. Go to OK-     AHEAD for list of     disability services     staff in	<ul> <li>Transition Program</li> <li>Occupational Courses</li> <li>Career Awareness</li> <li>Goal Setting</li> <li>Community         Experiences         Parent Involvement         Self-Advocacy / Self-Determination         Student Support     </li> </ul>	http://www.ok-ahead.org/directory.html
postsecondary institutions across OK.  • Students obtain Work permits for students under age 16 who want to work.	<ul> <li>Community     Experience</li> <li>Paid Employment;     Work Experience</li> <li>Work Study</li> <li>Self-Care; Independent     Living Skills</li> </ul>	<ul> <li>http://www.ok.gov/odol/documents/ChildLaborOklahomaWorkPermitInstructionGuide.pdf         (405-521-6100 or 888-269-5353)</li> <li>http://www.ok.gov/odol/documents/ChildLaborOklahomaWorkPermitFAQs.pdf</li> </ul>
<ul> <li>Students obtain part-time jobs.</li> <li>Meet with your DRS VR/VS counselor, school guidance counselor and/or IEP teacher to discuss job opportunities.</li> </ul>	<ul> <li>Paid Employment; Work Experience</li> <li>Work Study</li> <li>Self-Care; Independent Living Skills</li> <li>Social Skills</li> <li>Community Experience</li> <li>Career Awareness</li> </ul>	<ul> <li>https://ncdet.ou.edu/en/completed-projects/add-us/</li> <li>http://www.cowib.org Central Oklahoma Workforce Development Board (405-622-2026)</li> <li>School guidance counselor/IEP teacher</li> <li>http://www.okrehab.org/job-seekers/home</li> <li>http://www.okdrs.org/job-seekers/dvs</li> <li>http://www.okdrs.org/students/home</li> <li>http://www.okdrs.org/students/transition</li> <li>http://www.okrehab.org/office_locator</li> <li>http://www.okdrs.org/vs_map</li> </ul>
<ul> <li>Participate in a</li> </ul>	• Paid Employment;	Ask friends and family.

summer or after school job.	Work Experience  Work Study  Self-Care; Independent Living Skills  Community Experience  Career Awareness	<ul> <li>Check your local newspaper want ads.</li> <li>Check with your school counselor.</li> <li>https://www.ok.gov/oesc_web/Services/Workforce_Services/</li> <li>http://www.okrehab.org/job-seekers/home</li> <li>http://www.okdrs.org/job-seekers/dvs</li> <li>http://www.okdrs.org/students/home</li> <li>http://www.okrehab.org/students/transition</li> <li>http://www.okrehab.org/office_locator</li> <li>http://www.okdrs.org/vs_map</li> </ul>
Participate in     National Groundhog     Job Shadow Day.	<ul> <li>Career Awareness</li> <li>Community     Experiences</li> <li>Social Skills</li> </ul>	<ul> <li>https://campus-to-career.com/tag/national-job-shadowing-day/</li> <li>School guidance counselor/IEP teacher</li> </ul>
Students volunteer in the community.	<ul> <li>Paid Employment;         Work Experience</li> <li>Self-Care; Independent         Living Skills</li> <li>Social Skills</li> <li>Community         Experience</li> <li>Self-Advocacy / Self-Determination</li> </ul>	<ul> <li>http://ok.gov/sde/documents-forms         (405-521-3351)</li> <li>http://www.classb.com/blog/2010/11/16/teaching-kids-and-teens-about-volunteering-part-1-the-benefits/</li> <li>http://www.classb.com/blog/2010/11/30/teaching-kids-and-teens-about-volunteering-part-2-introducing-them-to-volunteer-work/</li> <li>http://www.parents.com/parenting/better-parenting/teaching-tolerance/childrens-volunteering-resource-guide/</li> <li>http://childrensmd.org/browse-by-age-group/teaching-teens-volunteer-importance-community-service/</li> <li>http://ok.gov/sde/documents-forms</li> <li>http://community-wealth.org/content/national-service-learning-clearinghouse</li> <li>National Service Learning Clearinghouse</li> </ul>
<ul> <li>Students obtain a         Picture         Identification (ID).     </li> </ul>	<ul> <li>Community         Experience     </li> <li>Self-Care; Independent         Living Skills     </li> </ul>	• http://www.dps.state.ok.us/dls/okid.htm (405-425-2424)
Apply for the OK	Interagency	<ul> <li>http://www.okhighered.org/okpromise/ or</li> </ul>

Promise (the scholarship for college) in 8 <sup>th</sup> grade, but no later than 10 <sup>th</sup> grade.	Collaboration  Parent Involvement  Program of Study  Student Support  Exit Exam Requirements; High School Diploma Status	<ul> <li>(405-225-9205)</li> <li>Students participating in the Oklahoma's Promise must complete the ACE College &amp; Career Ready Curriculum.</li> <li>http://sde.ok.gov/sde/special-education Oklahoma Transition Education Handbook (405-521-3351)</li> </ul>
Complete Career Interest Inventories/ OK Career Guide or other type of inventories.	• Career Awareness	<ul> <li>https://okcis.intocareers.org/LandingPage.aspx?Tab=2 (Jo Kahn, Coordinator of Career and Employment Info Services (OKCIS Staff) (405-743-5404)</li> <li>Fax: (405-743-6809)</li> <li>TDD: (405-743-6816)</li> <li>Email: jkahn@okcareertech.org</li> <li>https://secure.okcollegestart.org/Career_Planning/_default.aspx</li> <li>http://www.iseek.org/careers/clusterSurvey</li> <li>https://okcareerguide.kuder.com/landing-page</li> </ul>
• Investigate career results from EXPLORE online. ACT Explore is designed to help 8th and 9th graders explore a broad range of options for their future.	<ul> <li>Career Awareness</li> <li>Program of Study</li> <li>Self-Advocacy/Self-Determination</li> </ul>	• https://www.act.org/products/k-12-act-explore/
<ul> <li>Investigate         Workforce         Innovation and         Opportunity Act         (WIOA) Youth         Programs.</li> </ul>	<ul> <li>Community     Experiences</li> <li>Interagency     Collaboration</li> <li>Student Support</li> <li>Paid Employment;</li> </ul>	<ul> <li>https://www.doleta.gov/wioa/Docs/WIOA_YouthProgram_FactSheet.pdf</li> <li>http://www2.ed.gov/about/offices/list/osers/rsa/wioa-reauthorization.html</li> </ul>

	Work Experience	
<ul> <li>Attend Oklahoma         Transition Institute         (OTI) and be a part of local OTI transition team.     </li> <li>Student requests</li> </ul>	<ul> <li>Interagency         Collaboration</li> <li>Parent Involvement</li> <li>Student Support</li> <li>Transition Program</li> <li>Self-Advocacy / Self-</li> </ul>	<ul> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow.html?rd=1</li> <li>https://www.facebook.com/OklahomaTransitionCouncil</li> <li>http://www.health.ri.gov/materialbyothers/RhodeIslandYouthTransitionWor</li> </ul>
own accommodations.	<ul> <li>Determination</li> <li>Inclusion in General Education</li> <li>Youth Autonomy / Decision- Making</li> </ul>	<ul> <li>http://www.meath.ri.gov/materialoyothers/khoderstand rodul rranstron workbook.pdf</li> <li>http://www.wrightslaw.com/info/sec504.selfadvo.ld.johnson.htm</li> </ul>
<ul> <li>Prepare for 8<sup>th</sup> grade reading test.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Exit Exam; High School Diploma Status</li> <li>Inclusion in General Education</li> <li>Program of Study</li> </ul>	<ul> <li>http://www.time4learning.com/testprep/#buildskills</li> </ul>
Explore after school and summer school options.	<ul> <li>Community         Experiences         Interagency             Collaboration         Social Skills         Self-Care; Independent         Living Skills     </li> </ul>	http://www.metrofamilymagazine.com/Directories/After-School-Activities/
<ul> <li>Begin completing the Transition Care Notebook located on the Oklahoma Family Network Web site.</li> </ul>	<ul> <li>Career Awareness</li> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Youth Autonomy / Decision-Making</li> </ul>	<ul> <li>http://www.oklahomafamilynetwork.org</li> <li>http://www.fvkasa.org/index.php</li> <li>Kimberly Osmani, Transition Coordinator</li> <li>Oklahoma Department of Rehabilitation Services (405) 635-2768, kosmani@okdrs.gov</li> </ul>
Reevaluate	Self-Advocacy / Self-	<ul> <li>https://iachievelearning.com/2016/01/weaning-students-from-their-ieps/</li> </ul>

accommodations and modifications; narrow down to what is needed and beneficial and allowable by state testing; students should be able to identify what really works for them and what they use most often for success.  • Having a Person- Centered Description helps to identify those supports that are needed to be successful as well as other important information about a person. Contact the Center for Learning	<ul> <li>Determination</li> <li>Student Support</li> <li>Transition Program</li> <li>Parent Involvement</li> <li>Inclusion in General Education</li> <li>Parent Involvement</li> <li>Interagency Collaboration</li> <li>Student Support</li> </ul>	<ul> <li>http://www.pacer.org/publications/pdfs/ALL15.pdf</li> <li>www.ouhsc.edu/thecenter (405-271-5072 or 877-871-5072)</li> <li>www.okddc.ok.gov (405-521-4984 or 1-800-836-4470)</li> </ul>
1		
• Teach shopping	Parent Involvement	• http://www.friendshipcircle.org/blog/2012/08/27/15-tips-to-help-individuals-
skills with a	• Self-Care; Independent	with-special-needs-shop-for-groceries/
shopping list.	Living Skills	<ul> <li>http://www.special-learning.com/blog/article/117</li> </ul>
• Teach comparison	• Youth Autonomy /	• http://youthworkinit.com/life-skills-for-teenagers-food-shopping/
shopping.	Decision-Making	• http://educationpossible.com/teaching-kids-life-skills-food-shopping/

• Incorporate activities/tasks (home and/or school) that employ problem-solving, decision-making, and accountability (i.e., responsible for choices made and outcomes).	<ul> <li>Parent Involvement</li> <li>Student Support</li> <li>Self-Care; Independent Living Skills</li> <li>Self-Advocacy / Self- Determination</li> </ul>	<ul> <li>https://www.kidsmatter.edu.au/families/about-behaviour/making-decisions/learning-make-good-decisions-and-solve-problems</li> <li>http://lifeafterieps.com/teaching-kids-a-practical-strategy-for-everyday-problem-solving/</li> <li>https://www.cec.sped.org/Publications/LCE-Transition-Curriculum/Life-Skills-and-Transition</li> </ul>
Watch videos of students, family members and educational staff, discussing self-determination.	<ul> <li>Youth Autonomy/         Decision-Making</li> <li>Goal Setting</li> <li>Parent Involvement</li> <li>Self-Advocacy / Self-         Determination</li> <li>Parent Expectations</li> </ul>	http://www.imdetermined.org/
<ul> <li>Practice leadership skills. Develop a presentation discussing the following four topics:</li> <li>Transition</li> <li>Youth Engagement</li> <li>Support Team</li> <li>Knowing Yourself</li> </ul>	<ul> <li>Youth Autonomy         /Decision-Making</li> <li>Transition Program</li> <li>Goal Setting</li> <li>Self-Advocacy / Self-Determination</li> <li>Interagency         Collaboration</li> <li>Student Support</li> </ul>	http://www.imdetermined.org/files_resources/550/cop_webinars_v.4pdf

• Review the lessons offered in this Disability 101 booklet. These five lessons are directed at disability awareness.	Youth Autonomy /Decision-Making	http://www.ist.hawaii.edu/products/toolkits/pdf/Disability101.pdf
• Learn about disabilities.	<ul> <li>Youth Autonomy         /Decision-Making     </li> <li>Self-Advocacy / Self-Determination</li> <li>Self-Care /         Independent Living     </li> </ul>	http://www.dvusd.org/cms/lib011/AZ01901092/Centricity/Domain/1318/Disabil ity%20Awareness%20Packet%202.pdf
Develop and understand a Circle of Support.	<ul> <li>Youth Autonomy         /Decision-Making     </li> <li>Student Support</li> <li>Community         Experiences     </li> <li>Social Skills</li> <li>Interagency         Collaboration     </li> <li>Parent Involvement</li> <li>Parent Expectations</li> </ul>	<ul> <li>https://www.iidc.indiana.edu/pages/creating-a-circle-of-support</li> <li>http://www.inclusion-europe.com/topside/en/site_content/81-person-centred-planning-tools-eg-passion-audit-relationship-map/244-circles-of-support</li> <li>http://www.lifeskillshandbooks.com/2012/12/activity-10-friendship-circles-of-friendship/</li> </ul>
<ul> <li>Develop and understand a One Page Profile.</li> </ul>	<ul> <li>Youth Autonomy         /Decision-Making     </li> <li>Self-Advocacy / Self-</li> </ul>	<ul> <li>http://www.helensandersonassociates.co.uk/person-centred-practice/one-page-profiles/</li> <li>http://trainingpack.personcentredplanning.eu/index.php/en/one-page-profile</li> </ul>

• Develop a Person Centered Plan: MAPS, PATHS, etc.	Determination     Social Skills     Student Support     Youth Autonomy     /Decision-Making	<ul> <li>http://pcp.sonoranucedd.fcm.arizona.edu/sites/pcp.sonoranucedd.fcm.arizona         .edu/files/PCPToolkit_Final.pdf</li> <li>http://factoregon.org/person-centered-plan-samples/</li> <li>http://www.ncset.org/publications/viewdesc.asp?id=1431</li> </ul>
High School	<b>Predictors of Post-</b>	Students develop an online portfolio of sorts (think SOP type stuff
(14-22 years of age)	School Success	but more geared to employers)
• Students apply for SSA (Should this be SSI?) redetermination at age 18	<ul> <li>Self-Care;         Independent Living Skills         Interagency Collaboration     </li> </ul>	• http://www.ssa.gov/OP_Home/cfr20/416/416-0987.htm (800-772-1213 or TTY 800-325-0778) http://www.socialsecurity.gov/ssi/text-cdrs-ussi.htm (800-772-1213 or TTY 800-325-0778)
<ul> <li>Aid to the Aged,</li> <li>Blind, Disabled</li> <li>(AABD)</li> </ul>	<ul><li>Student Support</li><li>Interagency Collaboration</li></ul>	• http://www.okdhs.org/services/health/Pages/default3.aspx (405-521-3646)
Meet with a	Parent Involvement	http://okrehab.org or contact your local VR counselor at DRS

• Students help write their IEPs and lead their IEP meetings	<ul> <li>Self-Advocacy / Self-Determination</li> <li>Social Skills</li> <li>Transition Program</li> <li>Youth Autonomy / Decision-Making</li> <li>Goal Setting</li> <li>Student Support</li> </ul>	<ul> <li>http://www.cec.sped.org/Publications/CEC-Journals         http://www.imdetermined.org/quick_links/modules/module_four</li> <li>http://www.ncset.org/institutes/proceedings/2002_01_23.pdf</li> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow/transition-education-materials/iep-team-education-module.html</li> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow/trasition-education-materials/whos-future-is-it-anyway.html</li> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow/transition-education-materials/student-directed-transition-planning.html         (405-325-8951)</li> </ul>
• Parents and teachers talk with child about his or her post-school goals and help him or her select courses that are in line with his or her interests and what he or she plans to do after leaving high school.	<ul> <li>Parent Expectations</li> <li>Program of Study</li> <li>Parent Involvement</li> <li>Career Awareness</li> <li>Goal-Setting</li> </ul>	<ul> <li>http://www.ou.edu/education/centers-and-partnerships/zarrow.html</li> <li>http://sped.sbcsc.k12.in.us/ppm/transitionplanning/transitionassessments.htm l</li> <li>http://www.niu.edu/eteams/pdf_s/VALUE_StudentInterestInventory.pdf</li> <li>http://ncdcdt.org/wp/wordpress/wp-content/uploads/2011/05/transitionservices-Assessments-for-Transition-2014-A.pdf</li> <li>http://www.ocali.org/up_doc/Quickbook_of_Transition_Assessment.pdf</li> <li>http://sde.ok.gov/sde/special-education Oklahoma Transition Education Handbook (405-521-3351)</li> </ul>
Continue discussing how to set goals and work toward achieving them.	<ul> <li>Self-Advocacy/ Self-Determination</li> <li>Career Awareness</li> <li>Exit Exam         Requirements/ High         School Diploma         Status</li> <li>Goal-Setting</li> </ul>	<ul> <li>http://www.imdetermined.org/site/site-results/eyJyZXN1bHRfcGFnZSI6InNpdGVcL3NpdGUtcmVzdWx0cyIsImtleXdvcmRzIjoiR29hbCBTZXR0aW5nIn0</li> <li>http://www.ldonline.org/article/21026/</li> <li>http://disability.illinois.edu/goal-setting</li> <li>http://higherlogicdownload.s3.amazonaws.com/SPED/34aee1c1-7ded-4d59-af82-da4af08d5fc4/UploadedImages/DCDT_Fact_Sheet_Student_involvement_I</li> </ul>

• Identify and list the occupational courses or programs at your high school or partnering technology center that would support your post-school plan. Use this list when planning your course of study.	<ul> <li>Occupational Courses</li> <li>Program of study</li> <li>Self-Advocacy/Self-Determination</li> <li>Transition Program</li> <li>Career Awareness</li> <li>Goal-Setting</li> </ul>	EP_Process.pdf • http://www.ou.edu/content/education/centers-and-partnerships/zarrow/choicemaker-curriculum.html • High school guidance counselor • Resource teacher • High school course catalog • https://www.okcareertech.org/technology-centers • High Education Institutions
• Explore the sixteen career clusters identifying three you are interested in and where you could access the training needed.	<ul> <li>Occupational Courses</li> <li>Career Awareness</li> <li>Vocation Education</li> </ul>	http://www.okcareertech.org/educators/career-clusters
• Review Student Development information and understand the need for expectations and self-determination skills and how to promote them.	<ul> <li>Self-Advocacy/ Self-Determination</li> <li>Self-Care/ Independent Living</li> <li>Social Skills</li> <li>Parent Expectations</li> </ul>	<ul> <li>http://project10.info/DetailPage.php?MainPageID=149&amp;PageCategory=Effective%20Practices%20in%20Transition&amp;PageSubCategory=Student%20Development</li> <li>http://project10.info/DetailPage.php?MainPageID=80&amp;PageCategory=Effective%20Practices%20in%20Transition&amp;PageSubCategory=Student-Focused%20Planning</li> </ul>

• Apply for Department of Rehabilitation Services (DRS) transition services to prepare for independent	<ul> <li>Interagency         Collaboration</li> <li>Parent Involvement</li> <li>Student Support</li> <li>Career Awareness</li> <li>Paid         Employment/Work</li> </ul>	• http://www.okdrs.org/app-for-service?_ga=1.256040905.371394020.1473709332 (800-487-4042)
competitive employment; school should invite DRS counselors to present annually to staff, students, and parents.	Experience  Work Study	
• Students apply to participate in Youth Leadership Forum (YLF).	<ul> <li>Self-Advocacy/Self-Determination;</li> <li>Community         Experiences         Social Skills         Goal-Setting     </li> </ul>	http://www.okddc.ok.gov/youth_leadership_forum.html     (405-521-4984 or 1-800-836-4470)
<ul> <li>Students develop and attain their IEP transition goals.</li> </ul>	<ul> <li>Transition Program</li> <li>Self-Advocacy/Self-Determination;</li> <li>Student Support</li> <li>Goal-Setting</li> <li>Program of Study</li> <li>Youth Autonomy/Decision-</li> </ul>	<ul> <li>http://www.okcareertech.org/educators/career-and-academic-connections (405-377-2000)</li> <li>http://www.ou.edu/content/education/centers-and-partnerships/zarrow/trasition-education-materials/whos-future-is-it-anyway.html (405-325-8951)</li> </ul>

	Making	
• Students identify the key steps to goal-setting.	<ul> <li>Goal-Setting</li> <li>Self-Advocacy/Self-Determination</li> <li>Youth Autonomy/Decision-Making</li> </ul>	<ul> <li>http://kwhs.wharton.upenn.edu/2015/07/setting-effective-goals/</li> <li>https://www.mindtools.com/page6.html</li> </ul>
<ul> <li>Students schedule a meeting with resource teacher and/or school counselor to review transcript as it relates to graduation requirements. Give specific attention to district and state requirements and students' future plans.</li> <li>Is student taking the correct high school courses? Does the district have additional requirements needed, perhaps CPR or Personal Financial Literacy?</li> </ul>	<ul> <li>Exit Exam         Requirements/High         School Diploma         Status</li> <li>Transition Program</li> <li>Self-Advocacy/Self-         Determination</li> <li>Goal-Setting</li> <li>Student Support</li> <li>Program of Study</li> <li>Youth Autonomy/         Decision-Making</li> </ul>	<ul> <li>Guidance Counselor at School</li> <li>Your Resource Teacher or Teacher of Record (IEP Teacher)</li> <li>http://sde.ok.gov/sde/sites/ok.gov.sde/files/documents/files/Parent%20Check list%202015-16_rev0815.pdf (note the requirements may change from year to year)</li> </ul>
• Students meet with IEP teacher and	<ul> <li>Transition Program</li> <li>Self-Advocacy/Self- Determination;</li> </ul>	<ul> <li>http://www.wrightslaw.com/info/trans.sop.htm</li> <li>http://sde.ok.gov/sde/secondary-transition</li> </ul>

parents to help write the exit Summary of Performance (SOP). The school district must provide this document to students who are leaving high school due to graduation or exceeding the age eligibility of 21 years of age.  This could be developed in a multiple of ways: poster, brochure, About Me one page profile, Powerpoint, video and the traditional SOP document. Be	<ul> <li>Student Support</li> <li>Social Skills</li> <li>Youth Autonomy/Decision- Making</li> </ul>	
creative.		
<ul> <li>Learn about the age of majority.</li> </ul>	<ul> <li>Self-Advocacy/Self-         Determination</li> <li>Parent Expectations</li> <li>Parent Involvement</li> <li>http://www.parentcenterhub.org/repository/age-of-majority</li> <li>http://www.parentcenterhub.org/repository/age-of-majority</li> </ul>	
<ul> <li>Review the National PTA Parents Guide to Student Success</li> </ul>	<ul> <li>Parent Expectations</li> <li>Parent Involvement</li> <li>http://www.pta.org/parents/content.cfm?ItemNumber=2583</li> <li>r=3363</li> </ul>	&navItemNumbe

Gather information on guardianship and alternatives prior to your son/daughter turning 18.	<ul> <li>Parent Expectations</li> <li>Parent Involvement</li> </ul>	<ul> <li>http://www.friendshipcircle.org/blog/2012/10/16/when-your-child-turns-18-a-guide-to-special-needs-guardianship/</li> <li>http://oklaw.org/ is maintained by Legal Aid of Oklahoma. There is a link for Family Law. Under that link is a list of resources for guardianship.</li> <li>Alternatives to Guardianship have been added to the website at the following location: http://www.okdhs.org/services/dd/Pages/agtoolbox.aspx</li> </ul>
Oklahoma State Department of Education definition	<ul> <li>Transition Program</li> <li>Self-Advocacy/Self-Determination</li> <li>Student Support</li> <li>Career Awareness</li> <li>Youth         Autonomy/Decision-Making     </li> </ul>	<ul> <li>http://www.ccrscenter.org/ccrs-landscape/state-profile/oklahoma</li> <li>http://www.studyisland.com/ok/high-school/college-and-career-readiness-bundle</li> <li>https://www2.ed.gov/policy/eseaflex/ok.pdf</li> </ul>
2 Emon m u	<ul><li>Career Awareness</li><li>Occupational Courses</li></ul>	<ul> <li>Meet with your Guidance Counselor, IEP Teacher and your Technology Center Liaison</li> </ul>

higher education	<ul> <li>Program of Study</li> </ul>	<ul> <li>https://www.okcareertech.org/technology-centers</li> </ul>
program that	• Vocational Education	
matches your	<ul> <li>Student Support</li> </ul>	
interests.		
Review and	Self-Advocacy/Self-	http://www.ok-ahead.org/handbook/transition.html
understand the	Determination	<ul> <li>http://www.ok-ahead.org/handbook/toc.html</li> </ul>
rights of a parent		
and an adult student		
considering higher		
education.		
Students obtain	• Community	<ul> <li>http://www.testquestionsandanswers.com/drivers-license/oklahoma.html</li> </ul>
driver's	Experience	
permit/license, if	• Self-Care; Independent	
appropriate.	Living Skills	
	• Youth	
	Autonomy/Decision- Making	
	<ul><li>Self-Advocacy/Self-</li></ul>	
	Determination	
	Travel Skills	
Teach about	Parent Involvement	<ul> <li>https://www.disability.gov/resource/disability-govs-guide-transportation/</li> </ul>
public	<ul> <li>Social Skills</li> </ul>	• http://www.nadtc.org/wp-content/uploads/NADTC-Building-Awareness-
transportation and	<ul> <li>Community</li> </ul>	in-Accessible-Transportation-for-Students.pdf
safety skills	Experience	
	• Self-Care; Independent	
	Living Skills	
	• Transition Program	
• Establish chores at	<ul><li>Travel Skills</li><li>Parent Involvement</li></ul>	http://housekeeping.about.com/od/involvingfamily/a/5easycharts.htm
home.	<ul><li>Parent involvement</li><li>Self-Care; Independent</li></ul>	<ul> <li>http://nousekeeping.about.com/od/involvingramity/a/seasycnarts.ntm</li> <li>http://life.familyeducation.com/parenting/jobs-and-chores/45315.html</li> </ul>
o Change overhead	Living Skills	- http://me.tammyeducation.com/parenting/joos and enotes/45515.html
lights.	• Youth	

<ul> <li>O Wash/vacuum car.</li> <li>O Trim hedges.</li> <li>O Shop for groceries with list.</li> <li>O Cook complete dinner.</li> <li>O Wash, Dry, Fold or Iron clothes.</li> <li>O Watch younger siblings.</li> <li>O Paint walls.</li> </ul>	Autonomy/Decision- Making  Parent Expectations  Self-Advocacy/Self- Determination	
<ul> <li>Teach shopping skills with a shopping list.</li> <li>Teach comparison shopping.</li> </ul>	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Community Experiences</li> <li>Parent Expectations</li> </ul>	<ul> <li>http://www.friendshipcircle.org/blog/2012/08/27/15-tips-to-help-individuals-with-special-needs-shop-for-groceries/</li> <li>http://www.special-learning.com/blog/article/117</li> <li>http://youthworkinit.com/life-skills-for-teenagers-food-shopping/</li> <li>http://educationpossible.com/teaching-kids-life-skills-food-shopping/</li> </ul>
Students volunteer in the community.	<ul> <li>Paid Employment; Work Experience</li> <li>Self-Care; Independent Living Skills</li> <li>Social Skills</li> <li>Community Experience</li> </ul>	<ul> <li>http://ok.gov/sde/documents-forms         (405-521-3351)</li> <li>http://www.classb.com/blog/2010/11/16/teaching-kids-and-teens-about-volunteering-part-1-the-benefits/</li> <li>http://www.classb.com/blog/2010/11/30/teaching-kids-and-teens-about-volunteering-part-2-introducing-them-to-volunteer-work/</li> <li>http://www.parents.com/parenting/better-parenting/teaching-tolerance/childrens-volunteering-resource-guide/</li> <li>http://childrensmd.org/browse-by-age-group/teaching-teens-volunteer-importance-community-service/</li> <li>http://ok.gov/sde/documents-forms</li> <li>http://community-wealth.org/content/national-service-learning-clearinghouse</li> </ul>

		National Service Learning Clearinghouse
• Teach how to order a prescription	<ul> <li>Parent Involvement</li> <li>Self-Care; Independent Living Skills</li> <li>Youth Autonomy/Decision- Making</li> </ul>	https://www.nlm.nih.gov/medlineplus/ency/article/001956.htm
<ul> <li>Prepare a transportation plan for after high school</li> </ul>	<ul> <li>Parent Involvement</li> <li>Transition Program</li> <li>Student Support</li> <li>Self-Care; Independent Living Skills</li> <li>Travel Skills</li> </ul>	<ul> <li>Work with your youth and the school to discuss all transportations options in your community and decide on the most appropriate mode for the youth (e.g., driving self, carpooling, walking, riding a bicycle, taking the public bus, calling a taxi, using a call a ride service).</li> </ul>
<ul> <li>Consider questions for Career</li> <li>Development</li> <li>Awareness</li> <li>Exploration</li> <li>Preparation</li> <li>Career</li> <li>Placement;</li> <li>Continuing</li> <li>Education</li> </ul>	<ul> <li>Career Awareness</li> <li>Occupational Courses</li> <li>Paid Employment;         Work Experience</li> <li>Vocational Education</li> <li>Transition Program</li> <li>Program of Study</li> <li>Self-Care; Independent Living Skills</li> <li>Goal Setting</li> </ul>	<ul> <li>Preparation Phase (Phase 3)</li> <li>What courses do you need to achieve your career goals?</li> <li>What skills will you need to gain entry into those courses?</li> <li>How will you prepare to live on your own?</li> <li>Will you need to take courses during high school and after?</li> <li>Will these courses lead to college courses? Does the school have a tech prep program?</li> <li>Do you and your family plan for you to attend college?</li> <li>Will you gain the skills needed to succeed in college?</li> </ul>

• Explore vocational options at your local Career Tech.	<ul> <li>Vocational Education</li> <li>Program of Study</li> <li>Transition Program</li> <li>Youth Autonomy/Decision- Making</li> <li>Occupational Courses</li> </ul>	<ul> <li>Will you be able to get a job based on your high school and/or college coursework?</li> <li>Does the educational program provide job placement and support?</li> <li>Can you gain entry into an approved apprenticeship program? Source: Sitlington, Neubert, Begun, Lombard, &amp; Leconte. (2<sup>nd</sup> edition). (2007). Assess for Success: A practitioner's guide for transition assessment. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only) </li> <li>http://www.okcareertech.org/technology-centers (405-377-2000)</li> </ul>
• If the decision is made to attend Career Tech after high school, go to OK-AHEAD for list of disability services staff in postsecondary institutions across OK.	<ul> <li>Vocational Education</li> <li>Program of Study</li> <li>Transition Program</li> <li>Self-Advocacy/Self-Determination</li> </ul>	http://www.ok-ahead.org/directory.html
Obtain a paid summer job.	<ul> <li>Community     Experience</li> <li>Paid Employment;     Work Experience</li> <li>Work Study</li> <li>Self-Care;</li> </ul>	<ul> <li>www.okrehab.org (800-845-8476 Toll Free Voice/TTY or 405-951-3400 Voice/TTY)</li> <li>http://www.ok.gov/okworks or contact local businesses in your community to obtain your own job.</li> <li>http://www.apse.org (301-279-0060)</li> </ul>

<ul> <li>Prepare for postsecondary</li> <li>Education (e.g., college,</li> <li>CareerTech, apprenticeships)</li> </ul>	Independent Living Skills Social Skills Self-Advocacy/Self- Determination Transition Program Student Support	<ul> <li>http://www.aiu3.net/Level3.aspx?id=6474 (412-394-5700)</li> <li>http://www2.ed.gov/about/offices/list/ocr/transitionguide.html</li> </ul>
• During the student's sophomore year of high school, parents should request, as part of transition planning, that a new psychological evaluation be conducted by the school; ensure it is adult normed and completed within the last three years of high school.	<ul> <li>Parent Involvement</li> <li>Self-Advocacy/Self- Determination</li> <li>Student Support</li> <li>Transition Program</li> </ul>	Schools are not required to conduct an evaluation for the purposes of attending postsecondary institutions; however, parents can request of the school that an updated evaluation be conducted in high school as part of transition planning or if other disabilities may be suspected.
<ul> <li>Complete the Free Application for Federal Student Aid (FAFSA).</li> </ul>	<ul><li>Parent Involvement</li><li>Transition Program</li></ul>	• http://www.fafsa.ed.gov (800-433-3243 or TTY 800-730-8913)
• Learn more about a college experience for individuals with Intellectual Disabilities.	<ul> <li>Parent Involvement</li> <li>Parent Expectation</li> <li>Youth         <ul> <li>Autonomy/Decision-Making</li> <li>Social Skills</li> </ul> </li> </ul>	http://thinkcollege.net

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<ul> <li>Contact the disabilities services</li> </ul>	Self-Advocacy/Self- Determination	Go to OKAHEAD for list of disability services staff in post-secondary institutions across OK http://www.ok-ahead.org/directory.html
office at your	Determination	mistrations across Oix http://www.ok anead.org/anectory.html
postsecondary		
institution.		
Gather information	Parent Involvement	a little //www. decomingtityte one
		• http://www.dreaminstitute.org
about The Dream	• Transition Program	(918-660-3408)
Institute. It is		
dedicated to the		
higher education of		
students with		
disabilities through:		
Academic and		
Professional		
Mentorship,		
Academic		
Assistance,		
Scholastic Awards.		
Youth may be		
eligible for		
scholarships.		
Take the ACT or	Inclusion in General	http://www.actstudent.org/sampletest
SAT to prepare for	Education	(319-337-1270)
college admission.	• Youth	(317-337-1270)
conege admission.	Autonomy/Decision	
	Making	
	Self-Advocacy/Self-	
	Determination	
C. I	Program of Study  G. 16 A.1. (G. 16)	1,, // 1 1 1 1 1 1 1 1
• Gather	Self-Advocacy/Self-	http://www.ok-ahead.org/handbook/toc.html
documentation	Determination	
necessary for		
accommodations in		

college or further		
training.		
<ul> <li>Visit the Oklahoma</li> </ul>	• Inclusion in General	http://ok-ahead.org/resource.html
Association for	Education	
Higher Education	• Self-Advocacy/Self-	
And Disability	Determination	
(OK-AHEAD) Web	• Youth	
site to find the	Autonomy/Decision-	
disabilities services	Making	
offices at each		
Oklahoma college		
as well as a		
scholarship		
application		
Explore college	<ul> <li>Community</li> </ul>	<ul> <li>http://www.communityinclusion.org/ (617-287-4300 or TTY 617-287-</li> </ul>
videos and online	experiences	4350)
activities to help	<ul> <li>Self-Advocacy/Self-</li> </ul>	
prepare for college	Determination	
using resources		
from the Institute		
for Community		
Inclusion		
Tour college	Community	http://campustours.com
campuses in person	experiences	(207-753-0136 ext. 1)
or online through	Parental Involvement	
virtual reality	<ul> <li>Parent Expectations</li> </ul>	
<ul> <li>Learn about</li> </ul>	<ul> <li>Self-Advocacy/Self-</li> </ul>	<ul> <li>http://www.ok-ahead.org/handbook/legal.html</li> </ul>
changes moving	Determination	
from entitlement	• Parent Involvement	
under the		
Individuals with		
Disabilities		
Education Act		

(IDEA) to eligibility under the Americans with Disabilities Act (ADA); visit the OK-AHEAD Web site  • Access services through the Advantage Waiver	<ul> <li>Interagency         Collaboration</li> <li>Self-Care/         Independent living</li> </ul>	<ul> <li>http://www.ok.gov/abletech/documents/Medicaid- ADvantage%20Waiver%20Prog.pdf</li> <li>http://www.okdhs.org/library/rpts/ar/2010/docs/008_s10027fy2010arindep endence.htm</li> </ul>
Begin exploring asset development.	skills  • Self-Care/ Independent living skills • Self-Advocacy/Self- Determination • Parent Involvement	<ul> <li>(405-521-3646)</li> <li>http://www.dol.gov/odep/research/FinancialEducationYouthDisabilitiesIss uePaper.pdf</li> <li>http://idaresources.acf.hhs.gov/page?pageid=a047000000AsH85 (312-223-9600 or TTY 866-584-8750)</li> </ul>
• Students at age 18 register to vote.	<ul><li>Community experiences</li><li>Self-Advocacy/Self- Determination</li></ul>	<ul> <li>http://www.ok.gov/elections/Voter_Info/Voter_Registration_Form.html</li> <li>https://www.ok.gov/elections/ (405-521-2391)</li> </ul>
• Students obtain paid work experiences.	<ul><li>Paid</li></ul>	• http://www.okrehab.org/students/home (405-635-2768 or 800-845-8476)
<ul> <li>Learn about types of public transportation in your area.</li> </ul>	• Travel Skills	http://www.okladot.state.ok.us/transit/pubtrans.htm
<ul> <li>Participate in career development (e.g.,</li> </ul>	Career Awareness	http://www.khake.com/page94.html

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interviews, W-4,		
applications)		
<ul> <li>Discuss transfer of rights with parents and students and what that really means.</li> </ul>	<ul> <li>Self-Advocacy/Self- Determination</li> <li>Parent Involvement</li> </ul>	<ul> <li>http://nichcy.org/schoolage/iep/iepcontents/age-of-majority</li> <li>http://www.ncset.org/publications/viewdesc.asp?id=318         (612-624-2097)     </li> </ul>
<ul> <li>Teachers implement Me! Curriculum to teach self-awareness and advocacy</li> </ul>	• Self-Advocacy/Self- Determination	http://www.ou.edu/content/education/centers-and-partnerships/zarrow/transition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html (405-325-8951)
Enroll in Tech-Now class, if offered at your school	<ul><li>Occupational Courses</li><li>Career Awareness</li></ul>	<ul> <li>https://www.facebook.com/technow.oklahoma</li> <li>http://okddc.ok.gov/projects</li> <li>Rick DeRennaux, CEO, Tech-Now</li> <li>nauxone@swbell.net</li> </ul>
<ul> <li>Males at age 18         register for selective         service</li> </ul>	Community     Experiences	• http://www.sss.gov/default.htm (847-688-6888 or 888-655-1825)
• Explore independent living	Self-Care Independent living	<ul> <li>http://www.nrcys.ou.edu/oklahoma-programs/okil (800-397-2945 or 405-325-9257)</li> </ul>
options	Parental Involvement	• http://www.ilru.org/html/publications/directory/oklahoma Email: ilru@ilru.org (713) 520-0232 (Voice/TTY)
Utilize reality check resources, such as OK Career Planner and Texas Reality Check	Self-Care/     Independent living skills	<ul> <li>http://okcareerplanner.org</li> <li>http://www.texasrealitycheck.com/</li> </ul>
<ul> <li>Students open and maintain a checking account</li> </ul>	Self-Care/ Independent living skills	http://www.moneyinstructor.com/checks.asp
• Learn about	• Community	<ul> <li>http://usgovinfo.about.com/cs/mirandarights/a/miranda_2.htm</li> </ul>

Miranda rights	Experiences • Self-Advocacy/Self- Determination	http://www.usconstitution.net/miranda.html
• Access technical assistance from Independent Living Centers	<ul> <li>Self-Advocacy/Self- Determination</li> <li>Self-Care/ Independent living skills</li> </ul>	<ul> <li>http://www.ilru.org/projects/cil-net/cil-center-and-association-directory McAlester (918-426-6220 or 800-568-6821) Norman (405-321-3203 or 800-801-3203) Oklahoma City (405-951-3581)</li> </ul>
<ul> <li>Complete independent living assessments to identify skills needed</li> </ul>	Self-Care/ Independent living skills	<ul> <li>http://caseylifeskills.org/</li> <li>http://www.youthincare.illinois.gov/Lifeskills/Ansell-Casey.htm</li> </ul>
• Explore Medicaid changes	Interagency     Collaboration	<ul> <li>http://www.medicaid.gov/</li> <li>http://www.okdhs.org/services/health/pages/elig.aspx (405-521-3646)</li> </ul>
<ul> <li>Explore         guardianship         options through         Department of         Human Services         (DHS)</li> </ul>	<ul> <li>Parental Involvement</li> <li>Self-Advocacy/Self- Determination</li> </ul>	<ul> <li>http://oklaw.org/issues/family/guardianship</li> <li>http://www.okdhs.org/services/dd/Pages/GA.aspx</li> <li>http://digitalprairie.ok.gov/cdm/singleitem/collection/stgovpub/id/6461/rec/12</li> </ul>
• Incorporate activities/tasks (home and/or school) that employ problem- solving, decision- making, and accountability (i.e., responsible	<ul> <li>Self-Care/ Independent living skills</li> <li>Parental Involvement</li> </ul>	<ul> <li>http://www.ehow.com/how_2150256_teach-child-problem-solving-skills.html</li> <li>http://www.education.com/reference/article/teach-young-children-problem-solving/</li> <li>http://www.empoweringparents.com/How-to-Create-a-Culture-of-Accountability-in-Your-Home.php</li> <li>http://www.accountablekids.com/(907-523-0697)</li> </ul>

for choices made and outcomes)  • Take appropriate steps for Assistive Technology (AT) to transition with student to post-secondary or work setting	<ul> <li>Student Support</li> <li>Interagency Collaboration</li> </ul>	<ul> <li>http://www.ok.gov/abletech (888-885-5588 or 405-744-9748)</li> <li>(800-700-6282, OKC 405-271-3625, Tulsa 918-660-3281)</li> </ul>
<ul> <li>Questions for Career Development</li> <li>Awareness</li> <li>Exploration</li> <li>Preparation</li> <li>Career Placement/ Continuing Education</li> </ul>	<ul> <li>Career Awareness</li> <li>Goal Setting</li> <li>Interagency         Collaboration</li> <li>Self-Advocacy/Self         Determination</li> <li>Self-Care/Independent         Living</li> <li>Youth         Autonomy/Decision         Making</li> </ul>	<ul> <li>Career Placement/Continuing Education Phase (Phase 4)</li> <li>What additional courses do you need to achieve your career goals?</li> <li>Can these skills be accomplished at a Career and Technology Education Center, two-year College, four-year University?</li> <li>Which agencies have you connected with or do you need to connect with to pursue your goals?</li> <li>What resources do you need to continue to live on your own?</li> <li>Will you be able to get a job?</li> <li>What supports will you need on the job?</li> <li>Source: Sitlington, Neubert, Begun, Lombard, &amp; Leconte. (2<sup>nd</sup> edition). (2007). Assess for Success: A practitioner's guide for transition assessment. CA: Sage Publications (Permission received from Dr. Leconte to reproduce for educational purposes only)</li> </ul>
<ul> <li>Learn how to access resources for further education/ training</li> </ul>	<ul> <li>Transition Program</li> <li>Career Awareness</li> <li>Parent Involvement</li> <li>Self-Advocacy/Self-Determination</li> </ul>	<ul> <li>http://www.aiu3.net/Level3.aspx?id=6474 (412-394-5966)</li> <li>http://www.ok-ahead.org/</li> <li>http://www.okhighered.org/</li> </ul>

• Employment (learn how to develop employment related documents, interview, search for jobs; gain work experience; make plans for transitioning toward independence	<ul> <li>Career Awareness</li> <li>Community         Experiences     </li> <li>Paid Employment/         Work Experience</li> <li>Work Study</li> </ul>	<ul> <li>http://www.earlychildhood.org/cdrg/prep_employ.cfm</li> <li>http://www.pacer.org/transition/</li> <li>(952-838-9000 or 888-248-0822 or TTY 952-838-0190)</li> </ul>
• Work Toward Obtaining Career Ready Certificate through WorkKeys	<ul> <li>Exit Exam         Requirements/ High         School Diploma Status</li> <li>Occupational Courses</li> </ul>	<ul> <li>http://www.okcareertech.org/about/initiatives/career-readiness-certificate-crc-project/career-readiness-certificate-crc-project (405-717-4923)</li> <li>http://www.okcareerplanner.com/index.php?id=21</li> <li>https://www.ok.gov/oesc_web/Services/Workforce_Services/Helpful_Jobsee ker_Links.html</li> <li>https://secure.okcollegestart.org/Career_Planning/_default.aspx</li> </ul>
• Take steps toward Independent Living	• Self-Care/Independent Living Skills	<ul> <li>http://www.okdhs.org/services/il/Pages/default.aspx (405-521-3646)</li> <li>http://www.okil.ou.edu/ (800-397-2945 or 405-325-9257)</li> <li>http://www.ilru.org/projects/silc-net/silc-directory-results/OK</li> <li>http://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/OK Oklahoma Independent Living Centers</li> <li>McAlester (918-426-6220 or 800-568-6821)</li> <li>Norman (405-321-3203 or 800-801-3203)</li> <li>Oklahoma City (405-951-3581)</li> </ul>

Additional Information		
• If you are a grandparent age 55 or over raising grandchildren, you may be eligible for services through the Aging Services Division.	<ul><li>Interagency Collaboration</li><li>Parental Involvement</li></ul>	<ul> <li>http://www.okgrandfamily.com/Pages/default.aspx</li> <li>http://www.gu.org/?gclid=CMj_mYT4kcMCFe47Mgod4lwA_Q</li> <li>http://www.usa.gov/Topics/Grandparents.shtml</li> <li>http://www.aarp.org/content/dam/aarp/relationships/friends-family/grandfacts/grandfacts-oklahoma.pdf</li> </ul>
• When the individual with a disability turns 65 years of age, he or she may be eligible for the Advantage Waiver. Eligibility for Medicare may also exist.	<ul> <li>Interagency Collaboration</li> <li>Self-Care/Independent Living Skills</li> </ul>	<ul> <li>http://www.medicare.gov/MedicareEligibility/home.asp?dest=NAV%7CHome%7CGeneralEnrollment&amp;version=default&amp;browser=IE%7C8%7CWindows+7&amp;language=English</li> <li>http://www.okdhs.org/services/aging/Pages/ADvantageservices.aspx (918) 933-4900 (800) 435-4711</li> </ul>

## **Additional Notes**

Ensure your children are connected to resources and service providers before completing high school. It is essential that planning take place to prepare for supported employment, college, employment, and other plans for after high school. Finalize all post-school plans as a team and ensure necessary partners are at the table.

## **Acronym Guide**

For a description of acronyms, please visit http://www.parentcenterhub.org/repository/acronyms/