HOW ACES IMPACT LOCAL CHILDREN AND FAMILIES

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ACES and Infant Mental Health

- Infant Mental Health
  - Experience, regulate and express emotions
  - Form close, secure relationships
  - Explore the environment and learn
- Contextual
  - Relationships
  - Environment
- Brain Development
  - Serve and Return
ACES and Brain Development
Brain Development and Attachment

- Secure Attachment
  - Secure Base
  - Safe Haven

**CIRCLE OF SECURITY**

**Parent Attending to the Child's Needs**

- I need you to...
- Support My Exploration
- Welcome My Coming To You
- Always: be BIGGER, STRONGER, WISER, and KIND.
  *Whenever possible:* follow my child’s need.
  *Whenever necessary:* take charge.

- Secure Base
  - Protect me
  - Comfort me
  - Delight in me
  - Organize my feelings

- Safe Haven
  - Watch over me
  - Delight in me
  - Help me
  - Enjoy with me
Ghosts in the Nursery
Multigenerational trauma
Historical trauma
Social determinants

Expanding ACES

*http://www.edc.gov/violenceprevention/acestudy/pyramid.html
Impact of ACES

Multi-Symptom
- Developmental Delays
- Reactivity
- Impulsiveness
- Aggression/Defiance
- Anxiety/Worry
- Poor Attentiveness
- Transitions

Multi-System
- Clinics
- Homes
- Pediatric Offices
- Child Care Programs
- Head Start
- Schools
- Peer Relations