HALIBURTON WOMEN IN ENGINEERING RETREAT

OVERVIEW The mission of the Halliburton Women in Engineering Retreat is to create an intimate environment for OU women engineering students in the Gallogly and Mewbourne colleges to empower one another, take time for self-exploration and to grow professionally and personally within an enriching, meaningful experience.

FEATURES Sessions focus on development of “tools” for the “engineer’s toolbox” through personal and professional development activities within small groups. Past HWRs have focused on topics, such as resiliency, which is an important concept in engineering design. Students participate in and contribute to activities to learn how to leverage resiliency in the classroom, the workplace and in life. Other topics have included developing authenticity while cultivating connections with others in a way that creates a productively diverse workplace. Growing “soft skills” [e.g. emotional intelligence (EQ)] and building GRIT are considered “must have” skills for engineers and can be some of the greatest predictors of success in the workplace, in the classroom and in life.

IMPACT This event provides participants with an opportunity to discuss the importance of applying these “tools” in the workplace, to share experience and to build connections with other students, Halliburton engineers and OU faculty, which facilitates professional and personal growth. Participant feedback has included: “[connecting with] these women really inspired me personally to strive for the best version of me in the work force”; “I’ve learned a lot about myself and others from the [topical sessions]”; “[I was able to] get out of my comfort zone and enjoy interacting with everyone”; “loved the small groups” and “listening to other women’s stories” and “gaining fresh perspectives”.

EVENT
HALLIBURTON WOMEN IN ENGINEERING RETREAT (HWR)

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Personal and Professional Development

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