Welcome to

OU Health Services online

Health Connection

- Send messages anytime
- Secure communication
- Refill your prescriptions
- Get lab results without making a call

Not yet registered?

Register now on the login page: healthconnection.ou.edu

1. Register as a new user
a. Create a User Name
b. Sooner ID number*



*This is NOT your 4 x 4 number. Dependents of faculty/staff and students will need to come to our office to obtain the appropriate Sooner ID number.

2. An email will be sent to the email address we have on file to confirm your registration. Please call our office (405.325.4611, press '0' for operator) or email healthconnection@ou.edu if you do not receive the email within one hour.

Online Messages,

You may request lab or other test results. Please allow two weeks for non-urgent labs.

You may request prescription refills. Provide as much information as you know about your prescription including the prescription number, the date last filled, the drug name, your preferred pharmacy and the prescribing physician/physician assistant. Please allow 2-3 working days for refills.

You may request renewals of referrals to specialists.

If the referral is for a new condition, you must make an appointment with your provider at OUHS. Provide your specialist's name, phone number and the last date of visit. Allow two weeks for an insurance authorization to be processed.

Important Things to Remember:

- Health Connection will notify you through email when you have a message waiting. You must then login to the secure site to receive your message.
- Health Connection will not send private health information to your email account.
- You may access the accounts of your dependents who are under age 18. You may not access the accounts of your spouse or dependents who are of legal age. They must set up their own account.
- ◆ Only use Health Connection for non-urgent requests.

The University of Oklahoma is an equal opportunity institution. Accommodations on the basis of disability are available by contacting Health Services at (405) 325-4611.